



# CAMP ECHO LAKE TRAIL SUMMER 2012

As of May 15, there are 38 days until Summer 2012 begins at Camp Echo Lake!!!



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## CEL PRIDE... WORLDWIDE!!!

In our latest edition of **CEL Pride... Worldwide** we have four terrific examples of campers and staff showing their camp spirit. From Australia, to Long Island, to Montreal, to New York it is clear that love of the Lake has gone global! If you have any of your own submissions for this super section of the trail please email them to [matt@campechlake.com](mailto:matt@campechlake.com).



While on a family holiday to the Great Barrier Reef in Cairns Australia, SV Program Coordinator **Matt Hosking** takes time to show his CEL Pride. Awesome Matt!



Check out those awesome green and gold jester hats! Froshies **Noah Weber** and **Sadie Brett-Chin** ran into each other on the dance floor at a recent Bat Mitzvah!



**Sarah Green** and **Melanie Victor** got together with **Maya Milrod** at Insomnia Cookies in NYC to talk about camp! The girls look pretty snazzy in their CEL jackets!



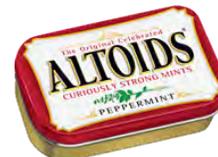
Cool shades! **Kate Ladenheim** is ready for summer in her Echo Lake sunglasses. She can be seen rocking this great example of CEL Pride in Montreal.

## Help us Make Fine Arts Fantastic!

One very terrific component of our Fine Arts Department is the use of recycled materials by our campers to make fantastic art projects. Our resident Fine Arts mastermind, **Sara Gold**, has her thinking cap on already for ways to make more of these projects in 2012. Below is a list of materials we are looking to collect for this summer.



Altoid Tins  
Men's Dress Shirts  
Men's Neck Ties



## From the Clipboard of Tony Stein...

As I write this from Warrensburg, I can't help think that this is really my most exciting time of year. Watching camp take final shape as we get ready for the summer ... seeing certain staff arrive in early June for their various orientations - and then followed by the balance of the staff in mid-June .... meeting our new campers at the New Camper Picnic. All of these just feed the anticipation!

Specifically, here are some things that will be new for this summer that I think will be great additions to camp.

The New Gymnastics Pavilion - situated in Girls Main Village - is GI-normous and filled with new and terrific gymnastic equipment. We are also adding a third staff member to this program and expect our gymnastics program to boom this summer. More instruction, better facility, and more challenges await those campers who love gymnastics - or who want to do more of it.

Another new program addition will be a "Swim Team" offering for electives. As you may or may not know, Echo Lake hosts all the Adirondack camp swim meets, due to our twin 25-meter six-lane pools being perfectly suited for these events. As we have heard more and more campers are participating in competitive swimming at home, we will be adding an elective program, which will focus on developing (for the novice swimmer) and enhancing (for the advanced swimmer) competitive swim skills.

We have one or two surprises in store for campers when they arrive, so I don't want to give away all of our secrets!

Needless to say, we are very excited about these additions! We know none of the good stuff happens without fantastic staff - caring and fun role models who make this whole place go!

Signing off from Warrensburg, where the sun is out but the place is too darn quiet!

See you soon ... Tony, Emily, Evan and Violet



Hey All You Echo Lakers,

T'is the merry month of May and I am about to make my trek northward. After a short stop in New York I will work my way in the direction of the most blessed place on the planet. Bet you can all guess where and what that is - CAMPECHO LAKE!

T'is a glorious site where the best and the brightest come to spend every summer - where the love and camaraderie and opportunities for growth ooze out of every nook and cranny. It's where a loving and marvelous and exuberant group of counselors dedicate themselves to the life skills you all need in order for you to go out and RULE THE WORLD! I mean Rule the World in healthy and meaningful ways. Ways that help your home, class, community, team, hobbies be better places because of your personal power and totally sublime ATTITUDE!

Yup, ATTITUDE is the name of the game and great ATTITUDE = WHAT ELSE??????? A GLORIOUS SUMMER AT MY VERY FAVORITE CAMP!!!!!!!!!!!! THAT'S CAMP ECHO LAKE! I SAID CAMP ECHO LAKE! I MEAN CAMP ECHO LAKE!

Can't wait to see you, my friends.

Much Love, Amy



# From the Desks of...

Laurie



Main Village Director

“Good parents give their children roots and wings. Roots to know where home is, wings to fly away and exercise what’s been taught them.” ~Jonas Salk. With less than 40 days until the buses roll onto camp, it’s hard not to think about both the excitement and anxiety for campers, parents, and staff. At home, parents ground their children in good values, strong beliefs, and a firm sense of love and acceptance. This gives children roots. Roots are the foundation on which children begin to learn who they are and what to do in the world. It is these same roots that are at the heart of parents selecting a camp for their children. Parents look for the ethos of a camp: who will love, protect, and nurture their children and how their children will grow from this experience. These parenting actions solidify the roots of a child’s life.

A good parent knows that in order for a child to gain independence and a sense of self, they have to give them the gift of wings. Wings allow children to take the foundation of their roots and go off into the world. Children may not trust their wings just yet, they are new and the world is big. As I have said before, part of the roots that parents must provide children in order to help them use their wings is confidence. Parents saying to their children, “Yes, I’m going to miss you and I’m thrilled that you are going to have this amazing experience at camp,” allows children to know that their parents believe that they can succeed at camp. Children do not have full confidence in themselves yet so they must borrow their parent’s confidence in order to spread their wings.

When children first test their wings, they may not always soar. If while in the air they dip down or ride the wind or take a running start to get off the ground, they are doing so knowing that their parents gave them roots to ground them, the confidence that they can accomplish the task, and the seed of the idea that they can believe in their ability to fly. This is also how children learn resilience; the number one skill children need in order to have positive self-esteem. Resilience is defined as, “the ability to return to the original form after being stretched; elasticity; ability to recover from adversity; buoyancy.” Wings give children the confidence to explore the world and to build resilience when they have to adjust their wings to learn how to soar. There is no greater gift that a parent can give children than roots and wings.

At camp, your child’s nurturing, supportive staff will also mimic this process. Staff, through creating group identity, talking about how we treat each other, and accepting each child for who they are, create a sense of roots for children at camp. Staff also help children borrow their confidence when they want to climb in our ropes course, stand up on waterskis, or perform on stage. These gifts from staff inspires children to stretch themselves, to try new things, and to explore who they are by testing their wings. And, when children falter, as all children do, staff will be right there to help them recover after adversity, find their buoyancy, and ultimately build resilience.

With camp around the corner, it is exciting to know that parents and staff are providing the gifts of strong roots and stable wings to many lucky children. That’s what children need most, roots to give them a sense of who they are and where they come from and wings so they can learn to fly. That is the greatest gift children can receive. Love and xoxo always, Laurie

JP



Operations Director

Hey Everybody!

So here we are just weeks away from another terrific summer at the Lake. I'm actually traveling today and it got me thinking about all the great first year staff we have coming from all over the world to help make this summer the best yet. We speak to all our staff extensively before they come to camp. We tell them about their job, expectations, and what's it like to live at Echo Lake for 8 weeks. Despite all the information we give them I can imagine they're not quite sure of what's to come. I have vivid memories of my first summer of camp feeling nervous and excited as I passed through the front gates!

To all the new staff I say congratulations for already taking a bold step and deciding that a boring summer job at home simply won't do! You are in for a once in a lifetime adventure that will challenge, inspire, and reward you in so many ways!

Stay Gold, JP

**Adirondack Fun Fact:** Did you know that Warrensburg is named after Dr. Joseph Warren who played a major role in the American Patriot organizations in Boston during the early days of the American Revolution? Warren was the one who enlisted Paul Revere to leave Boston on April 18, 1775 to warn the surrounding towns of British attack!

# From the Desks of...

Brenda



Senior Village Director

How often do we talk about smiling? There's debate over whether it takes more muscles to smile than frown and there is also the old adage that we can "fake it 'til we make it." In other words, we can make ourselves happier just by smiling. Do you ever think about the power that a simple smile holds?

A smile is a beautiful thing. It's a universal symbol of happiness. Have you observed what happens within you when you smile, or better yet, forced yourself to smile when you're feeling down?

Give it a try. No matter how you're feeling or what's going on in your life, stop for a moment & smile. Observe the feeling and the shift in your energy as you do it.

I believe that a smile is one of the most powerful & underrated gifts that we possess. So many of us go through our days waiting for something to happen to cheer us up. We forget that all the while, we have this incredible tool at our disposal to raise our spirits. When we smile, something lights up inside us, and we're actually able to alter our mood. What's even more amazing is that we can share this gift with others. The only thing more powerful than one person smiling is two people smiling at each other!

**Consider the benefits:** Smiling makes you more approachable...Smiling draws people towards you... Smiling reduces stress... Smiling will make you feel amazing because it releases natural endorphins, which creates the same effect as exercising (or chocolate!)...The last and most important point is that it takes you away from negative feelings & replaces them with positivity!

**Believe it or not,** research has been done that shows it doesn't actually matter if the smile is fake or real, it will still create the same positive effects. Often you'll find that after a bit of fake smiling, your smiles will turn real anyway. If you can get yourself to smile when you're angry or sad (I know it's hard), you'll actually find yourself getting out of your negative mood quicker!

My challenge to you today: smile & smile often. Smile at yourself, at a loved one & at a stranger.

Remember... "A smile costs nothing but gives much. It enriches those who receive without making poorer those who give. It takes but a moment, but the memory of it sometimes lasts forever. None is so rich or mighty that he cannot get along without it and none is so poor that he cannot be made rich by it. Yet a smile cannot be bought, begged, borrowed, or stolen, for it is something that is of no value to anyone until it is given away. Some people are too tired to give you a smile. Give them one of yours, as none needs a smile so much as he who has no more to give." -Author Unknown

As we countdown to the summer, I send you lots of love, hugs & smiles! xo Brenda

Jacko



Program Director

What an exciting time of the year with camp just around the corner. There are so many great trips at camp that allow our campers to enjoy great activities at camp. It is tough to narrow the choices to just two! For this debate we have Intercamps and Tournaments vs Trek Trips! Soooo... Our guest debater will be none other than J.O.B, our Senior Village Boys Head Counselor and enthusiastic participant in many a CEL trip!

I remember being so excited for an upcoming Intercamp or Tournament as a camper that I would sleep in my Echo Lake shirt the night before. Maybe it was the chance to be a part of a team, visit other camps or just have an opportunity to get out there and compete. I have a feeling it was a mixture of all three! The great aspects I loved about going on those trips remain today for our campers. The chance to compete in a variety of sports against some top-notch camps in the Adirondacks makes these intercamps and tournaments the best trip opportunity we have!

Although I love to play sports you really can't beat an adventure in the great outdoors, especially one in the beautiful Adirondacks! Trek truly is unlike any other activity area at camp; they offer so many incredible and unique trips throughout the summer. Caving, Rock Climbing, Mountain Biking, Hikes, white water Kayaking, Canoeing, overnight's 'The Great Claddle' and 'The Pike' and of course the 'Daddy' of all trek hikes Mount Marcy, my personal highlight of last summer with the Beglys! Summer after summer the Trek team bring their amazing energy, endless enthusiasm and quirky personalities that all add up to the best out of camp trips camp has to offer!



So which side of the Great Echo Lake Debate do you choose? Is it Trek Trips... Is it Intercamps and Tournaments!!!... Whichever it is the most important thing is that you let your voice be heard... because if there is one thing that isn't debatable it's that we all love Echo Lake! -Jacko

## Alumni Happenings



### SPANNING THE WORLD

**Amy Jackowitz and Amanda Brown**, two former Echo Lakers put their Apache relay skills to work by participating in the St. Anthony's Triathlon with Team in Training this past April in Florida. The race included a 1 Mile Swim, 25 mile bike, and a 6 mile run. These are better known in Apache talk as a Lake Swim, the Bike from Trek, and the No-Glory Run!



Great CEL Reunions can happen anywhere in the world, including London! 2007 LIT's **Sarah Berk, Cara Gelbard and Rachel Leopold** recently met up in the United Kingdom in the midst of their various travels.

**Luke Dawson's** band, Pheasants and their Enemies, made it through the last round at Sheffield City Hall and are now in preparation for the penultimate round of Live and Unsigned on the 20th May 2012. This now puts them just one 3 minute 30 second performance away from securing a position at the famous O2 arena! While this round is sure to be a challenge with some really talented bands in the mix, the band is excited to try their best and see what the day brings. Luke is pictured here with bandmate **Stuart Aisthorpe**.



### CAMPERS 20??

**Rebecca and Lee Brodsky** were thrilled to welcome their son **Gavin Alexander** into the world on April 24, 2012, at 8 lbs 13 oz. Their nieces and nephew, CEL campers **Drew Brodsky, Dylan Miller, Avery Miller and Ryann Brodsky**, couldn't be prouder of their new cousin!



### CELEBRATIONS

**Becca Harvis** was married May 5 in Palm Beach to **Jeff Kohn**. Becca teaches 1st grade at the Chapin School.



Like "Project Morry"  
on Facebook!



Contact Us  
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Website: [www.projectmorry.org](http://www.projectmorry.org).

Each month we meet with our Project Morry kids. Each meeting carries with it a theme (Setting Goals, Overcoming our Daily Obstacles, Actions to Make our Community Stronger, Evaluating and Pushing Forward Towards my Goals, Review and Continuing our Adventure). A glossary of words is provided that expand on information that is talked about during the meeting (i.e. short term goals, long term goals). At the end of the meeting the kids reflect, comprehend and then describe what was discussed. You can imagine the pride we feel when the summer information forms come back to our office USING the glossary words, talking about goals, overcoming obstacles and looking for new challenges. The presence of the program with the kids and the intentionality of YOU CAN MAKE A DIFFERENCE in your own life is obvious. The kids are benefiting from their hard work by being leaders in their schools, moving into their next grades and making difficult but great choices. THE ECHO LAKE COMMUNITY has made that happen. How lucky are we, how lucky are our kids, to have you as a part of OUR network of support.

### Party with a Purpose 2011 at Life

On Sunday, April 29, 2012, Project Morry held its 2nd Annual "Party With a Purpose" event at LIFE – The Place To Be, in Ardsley, NY. Nearly 200 moms, dads and kids enjoyed an afternoon of games, rock climbing, laser tag, bowling and a silent auction, all to benefit Project Morry. "Sunday's event was truly a "party" with a fantastic "purpose." Each family at the event had a ton of fun together, connected with other families, and generously supported the incredible Project Morry cause! I feel very grateful to have been part of a wonderful event with attendees that ranged from children, to teens, to adults! " **Laurie Rinke**, event co-chair. The family friendly event raised over \$20,000 and was in Celebration of the Camps who have contributed so significantly through their participation in Project Morry's "Camps that Give."



Please join us in thanking Event Chairs **Laurie Rinke and Hilary & Billy Cooper** and their Event Committee: **Joy Brownstein Chalfin, Michelle and Tom Coleman, Justin Dockswell, Carolyn Dorfman, Jill Grayson, Sharon Jacob, Karen Nadel, Paula Rothman and Jamie Sirkin**. A very special thank you to our incredible Junior Committee (filled with Echo Lake folks we might add!): **Evan Aaron, Matthew Bloomgarden, Ali Chalfin, Talia Clarick, Hannah Coleman, Lizzie Coleman, Annie Cooper, Maddy Cooper, Emily Dugoff, George Frankle, George Goldstein, Ryan Goldstein, Cooper Grayson, Eliza Kagan, Matt Mendelsohn, Sarah Newfield, Olivia Rosenberg, Emily Rothman, Brandon Russo, Max Samberg, Zach Samberg, Jonah Shainberg, Jenna Shapiro and Jacob Spitzer**. Thank you to our corporate sponsor, Mack-Cali and to LIFE- The Place To Be – for their cooperation and generosity.

### Kids That Give – Spreading the Warm Inner Glow

Whether over the summer or during the rest of the year, our amazing Echo Lake campers keep finding ways to give their time, energy, money, and stuff to Project Morry!!

Many fuzzies and a big round of applause to the following campers who have completed projects that have helped Project Morry: **Sydney Bibicoff, Lauren Berlinger, Matthew Bloomgarden, Jack Davidson, Marlee Deutsch, Jack DiLorenzo, Jack Doremus, Lindsay Eller, George Goldstein, Cooper Grayson, Lauren Hurwitz, Sam Kessler, Matthew Mendelsohn, Ali Rothenberg, Emily Rothman, and Perri Thaler**.

### Dare to Dream Event 2012

On May 3rd Project Morry held its 1st Annual "Dare To Dream" event at Crimson in New York City. Over 200 people came together to mix and mingle and support Project Morry! The evening was a great success raising nearly \$20,000.



Guests enjoyed an open bar, great food, and some amazing raffle prizes. **Matt Jackowitz**, the event co-chair had this to say, "The energy in the room was fantastic from start to finish with a great mix of familiar and new faces. It was a true testament to the fact that everyone has the ability to help change a child's life." **Rachel Max**, the other co-chair followed with "What a spectacular event! To look around and see so many supporters of Project Morry was incredible. I can't wait until next year!"

A very special "thank you" to everyone who helped make the event possible, including event co-chairs **Matt Jackowitz and Rachel Max**, their steering committee; **Saul Arvelo, Dana Jackowitz, Ruth Kleinman, Erica Lazarow, Scott Mayerowitz, Lauren Mirsky, Danielle Parkes, Shara Perlman and Tori Reitz**, and the "Committee of 100."

A special thank you to our corporate Sponsor, Mack-Cali, our event liquor sponsor, Stolichnaya Premium Vodka and H & H Purchasing Services for supplying the chipwiches.

### Coaches

When a Project Morry child enters their junior year of high school they are assigned a full time mentor known as a Coach. Project Morry Coaches are adults who understand the Project Morry mission, meet the Coach criteria (which includes making a personal commitment of two years, participating in a training session and orientation prior to being assigned to a Project Morry Post Grad and making contact with Project Morry Post Grad at least once a month) and are interested in assisting young adults successfully navigate through the demanding task of finishing High School while preparing them for post graduation experiences.

Our kids who participate in the Coach program are from the Project Morry communities of the Bronx, Manhattan, Long Island, Westchester County and Fairfield County in Connecticut. Interested? Contact Lori at [lori@projectmorry.org](mailto:lori@projectmorry.org).

# Important Changes to Note for 2012

## Electronics Policy Update

We want to take time to highlight an important change to our electronics policy. In order to read our electronics policy in full, please refer to page 5 of the Parent Handbook. The Parent Handbook can be found on the home page of the Parent Dashboard as well as on our website.

**In the instance of a camper being found in possession of an electronic device that is not allowed at camp, that camper will have to go home for three nights. Parents will have to make arrangements to pick up and return the camper to camp. Should the camper be away from camp on a trip (4n4 or any other trip) parents will need to pick up their child from the trip location.**

As you will note, the consequences for bringing disallowed electronics items to camp has changed. Our previous consequence of campers missing out on a camp trip or special event has, unfortunately, proven to be an ineffective deterrent. We hope that that the idea of missing three entire days of camp will be more effective.

We know one critical component of the camp experience is the opportunity for kids can “unplug.” We believe it is central to being at camp, and will count on campers and parents to support our stance on this without exception.

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## New Bus and CEL Baggage Locations for 2012

We have had to make some changes to a few of our Bus and CEL Baggage locations this year and wanted to notify you of them. Below we have listed the bus and baggage locations that have been impacted along with the new location for 2012. Please feel free to contact us in the office if you have any questions.

**Bergen CEL Baggage - NIA at 66 Route 17 in Paramus, NJ**

**White Plains CEL Baggage - Bloomingdale's at 175 Bloomingdale Rd. in White Plains, NY**

**New Jersey Bus - Westfield Garden State Plaza Mall at 1 Garden State Plaza in Paramus, NJ**

**Westchester Bus - Bloomingdale's at 175 Bloomingdale Rd. in White Plains, NY**

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## Medication Policy

Except for refrigerated medications, rescue inhalers and epi-pens that must accompany campers and any medications that a camper has started just prior to the start of camp (antibiotics for example), no medications can be sent to camp on the camp bus. All medications not listed above must be received at camp by Saturday, June 16th. There will be a \$150 charge – per medication – for any medication that accompanies a camper on the bus to camp.

Parents sending refrigerated medications, rescue inhalers and epi-pens on the bus – or any medication that a camper has just started on prior to the opening day – must inform the Health Center that these allowable medications are accompanying their child on the bus.



## Peter Shifrin Tri-State Award Winner



Our very own Peter Shifrin, Echo Lake's IT Director, was honored by the American Camp Association at this year's Tri-State Conference (the largest camping conference in the world) with its annual Tri-State Award.

Peter defines the term "unsung hero." He is indefatigable and supercreative, overseeing all things "tech" for Echo Lake. That includes hiring and training our summer media staff, shaping and directing the development of our database system that allows our parents to do so many things on-line (filling out forms, scheduling phone calls, etc), overseeing the creation of our new website.

For the ACA, Peter has, in the last two years, quietly yet superbly created and implemented the Tri-State's registration electronic registration process and for years before that has volunteered his time to oversee all of conference registration.

Peter grew up at Echo Lake and we are proud and fortunate to have him still involved with us.

Congratulations to Peter!

## EXCITING NEWS FROM THE OFFICE

We are very pleased to welcome Sue Duncan to Echo Lake this summer as our new Office Manager.

Sue comes highly recommended to us by Junior Boys Head Counselor Patrick McNeece, who teaches with Sue in the Palm Beach Public School System. Sue has spent a lifetime in camping, having been a Camp Director herself with the Girls Scouts for many years. She is really excited to join the team at Echo Lake this summer, and her biggest challenge will probably be figuring out what to dive into on camp when she is not in the office.



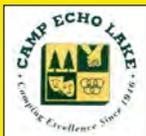
Welcome, Sue!

**WIN \$1,000 TOWARDS CEL TUITION at the....**

**Project Morry Post-Visiting Day Friendraiser**

**July 14th from 4-5:30 pm**

**King Neptune's Pub, 1 Kurosaka Lane, Lake George.**



More information to follow

To RSVP or for more information contact Alan Nadel at: [celforprojectmorry@gmail.com](mailto:celforprojectmorry@gmail.com)

# Staff Bulletin Board

Shout Outs from Our Outstanding Staff!!

**Clare Brown** is excited to join us at CEL this summer as a member of our Trek Staff! Below Clare (left) is pictured with two teammates at the annual sprint triathlon, HamTrek, at Hamilton College.



For Spring Break LJB, **Ethan Stoulig** and his dad, Inter Program Coordinator, **Stew** and his mom, **Tara** took a massive train trip around the country. They started in New Orleans and went to Chicago where they visited the Willis Tower and ate deep dish pizza. From Chicago they journeyed across six states, including a pass through Glacier

Mtn. National Park, until they reached Seattle. From Seattle's Space Needle they journeyed to Los Angeles for a glimpse of the Hollywood sign. After LA, they traveled across the desert Southwest until they reached home again. The whole trip was done in sleeper cars and was a once in a lifetime experience for all of them. They got to see a huge amount of the country. Here is a photo of the Stouligs in Los Angeles.

## The Magic of Camp begins with AMAZING Staff!! Here's a Sneak Peak at the 2012 Echo Lake Staff...

After going through extensive applications, interviews, references and background checks, the stats are in on this amazing bunch of staff for 2012.

### 2012 Echo Lake Staff Stats

- \*Our staff hail from 12 countries, 25 states across the USA, and 4 Canadian provinces.
- \*Our staff come from these home countries: USA, Canada, England, Scotland, Ireland, Australia, New Zealand, Czech Republic, Poland, Hungary, South Africa, and Slovakia.
- \*60% of our staff are RETURNING to CEL for their 2nd, 3rd, 4th, etc... summer on staff!
- \*40% of our staff are brand new to CEL to offer their fresh perspectives to camp.
- \*The average age of our entire camp staff this summer is 25.5 years old. The average age of our staff that lives with the campers is 21 years old.

The staff begin arriving at camp in early June and go through staff training that lasts a minimum of 7 days.. Get ready, campers, because the lineup of amazing role models, outstanding coaches, compassionate listeners, super fun comedians, insightful leaders, and all around spectacular staff we have for you this summer is going to give you a BIGGER Warm Inner Glow than you could possibly imagine!

# Campers Corner

Exciting News from CEL's Best and Brightest!!!

Both **Will & Morry Stein** are playing on the same undefeated lacrosse team. Morry is playing Attack and receiving many assists from his brother, Will, who is playing Mitty. Their team will be traveling to Park City, UT to play in a regional tournament in June. The boys are also involved in their school play. Their performance will be in May and ticket sales go towards a non-for-profit organization here in Denver.



The **Rothfelds, Levers and Pearls** on their recent trip to Israel.



**Carly Kessler, Sarah Abbe, and Allison Stafford** participated in the Scarsdale 5th Grade Basketball Tournament. They are so excited to return to camp!



**Gabby Rachman and Alyssa Locke** recently hung out at Citi Field to see the Mets win against the SF Giants.



April 21st was "Record Store Day" and the Goldberg men celebrated by buying some vinyl down at Bleecker Bob's on West 3rd Street. Here is current camper **David** with his younger brother **Haz** and father **Drew**.



The Horns and Marxes took a recent trip to Benihana. Included in this picture are **Ella Marx, Ella Horn** and new camper **Hannah Marx**.



**Sophie Brett-Chin** talking about camp with new Echo Laker **Naomi Steinberg**.

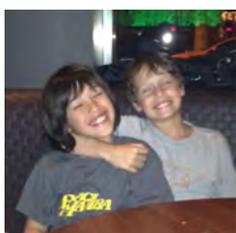
Check out **Margot Present** and **Ali Saperstone** catching up in Florida over spring break.



**Will, Morry, and George Stein** recently visited California. On their trip they stopped by the Gold house. Pictured are with Will and Morry are **Stu, Sara and Zach Gold**.



**Ethan Volk and Jason Goldstein** played each other in Great Neck South vs. Roslyn baseball recently.



**Sammy Brett-Chin and Ryan W.** met up for sushi in Port Washington.

# Meet Your Summer 2012 Group Leaders...

Group Leader	Group Leader	Group Leader	Group Leader	Group Leader
 <p><b>Name:</b> Richard Beaudoin <b>Hometown:</b> Niagara, Canada <b>Age:</b> 30 <b>Years at Camp:</b> 7 <b>Currently:</b> Volunteered at a HS; was involved with a literacy team, &amp; has been taking a qualification course in teaching to supplement my degree. <b>Leadership:</b> A great leader knows how to bring out the best in everyone around them, I hope to bring out the best qualities in every camper &amp; staff member that I work with.</p>	 <p><b>Name:</b> Erin Connelly <b>Hometown:</b> Portland, OR <b>Age:</b> 21 <b>Years at Camp:</b> 1 <b>Currently:</b> Graduated from U of Wash. Seattle. I'm going to Tanzania to teach English &amp; AIDS prevention to secondary school kids. <b>Leadership:</b> A great leader never stops learning. I can't wait to learn from each camper &amp; staff this summer. Not to mention spend all day outside! Super stoked.</p>	 <p><b>Name:</b> Michael Estalilla <b>Hometown:</b> Toronto, Canada <b>Age:</b> 22 <b>Years at Camp:</b> 3 <b>Currently:</b> Graduated university this past June and in the fall will start a graduate degree in Sports Management. <b>Leadership:</b> "Pound the rock". Pound by working hard and encouraging others because eventually the rock will crack. And that is my idea of a great leader.</p>	 <p><b>Name:</b> Jake Glickman <b>Hometown:</b> New York, NY <b>Age:</b> 21 <b>Years at Camp:</b> 8 <b>Currently:</b> I'm a senior finance major at the University of Delaware. <b>Leadership:</b> A good leader is someone who can think on their feet &amp; make quick, smart decisions under pressure. That person is also one who can listen to the others in their group &amp; be open to different ideas on the same situation.</p>	 <p><b>Name:</b> Mathew Haskell <b>Hometown:</b> Saginaw, MI <b>Age:</b> 22 <b>Years at Camp:</b> 3 <b>Currently:</b> Working on Bachelor's in secondary edu. When not studying, I play collegiate rugby &amp; Nintendo 64. <b>Leadership:</b> A leader gives people confidence, &amp; enables them to achieve their full potential. Leadership is less about delegating &amp; more about guiding people to make positive steps.</p>
 <p><b>Name:</b> Selena Hickson <b>Hometown:</b> Alberta, Canada <b>Age:</b> 21 <b>Years at Camp:</b> 12 <b>Currently:</b> Doing my undergraduate degree in Kinesiology at the University of Alberta. <b>Leadership:</b> "Courage does not always roar. Sometimes courage is the quiet voice at the end of the day saying, 'I will try again tomorrow'." I hope to challenge each of my staff and campers to try something they never thought they could do.</p>	 <p><b>Name:</b> Logan Jaffe <b>Hometown:</b> Vero Beach, FL <b>Age:</b> 20 <b>Years at Camp:</b> 6 <b>Currently:</b> Finished my soph. year at Northeastern U.: dual major in psychology and edu. I volunteer with 4 &amp; 5 year olds at a preschool. <b>Leadership:</b> A great leader knows how to have fun &amp; joke but also knows when to take responsibility. I look forward to connecting with and growing this summer!</p>	 <p><b>Name:</b> Kaitlyn Jorgensen <b>Hometown:</b> Ridgefield, CT <b>Age:</b> 22 <b>Years at Camp:</b> 3 <b>Currently:</b> I attend Cabrini College and will be graduating in May. I am an Elementary and Special Education major. <b>Leadership:</b> Someone who is engaged with all of the campers &amp; upholds an energetic role within the group. My hope is that camp is our summer home &amp; we can make memories &amp; friends to last a lifetime.</p>	 <p><b>Name:</b> Michelle Kessler <b>Hometown:</b> Tucson, AZ <b>Age:</b> 22 <b>Years at Camp:</b> 1 <b>Currently:</b> I go to the University of Arizona majoring in Elementary Education, however I am graduating this month! Woop Woop! <b>Leadership:</b> I think that a great leader is one that can work hard to get a job done, but still be able to have fun and make that job an enjoyable experience for everyone!</p>	 <p><b>Name:</b> Kersti Kienitz <b>Hometown:</b> Saginaw, MI <b>Age:</b> 20 <b>Years at Camp:</b> 3 <b>Currently:</b> Studying Economics &amp; Management, at Saginaw State U. I foster dogs for an animal rescue &amp; volunteer for the Mid Michigan Children's Museum. <b>Leadership:</b> A leader is someone that inspires others through personal examples &amp; morals, to achieve a common goal.</p>
 <p><b>Name:</b> Matt LeMoine <b>Hometown:</b> Nova Scotia, Canada <b>Age:</b> 21 <b>Years at Camp:</b> 3 <b>Currently:</b> A rising senior at Saint Francis Xavier U. doing my honors degree in Political Sci. &amp; Development Studies. <b>Leadership:</b> Someone who can recognize the weaknesses &amp; use the strengths of those around them to make the best result. I hope my co-staff &amp; campers will challenge themselves &amp; make new friends!</p>	 <p><b>Name:</b> James Mahone <b>Hometown:</b> Chesterfield, MI <b>Age:</b> 23 <b>Years at Camp:</b> 2 <b>Currently:</b> Central Michigan U. majoring in Economics' with Minor in Finance. I am a community assistant for Central Mich. students. <b>Leadership:</b> A leader has the ability to inspire others to glow with positive confidence. A leader is willing to be a kid &amp; have fun yet still hold their leadership at the end of the day!</p>	 <p><b>Name:</b> Victoria (Vicki) Neal <b>Hometown:</b> Plano, TX <b>Age:</b> 22 <b>Years at Camp:</b> 3 <b>Currently:</b> Go to Texas A&amp;M, majoring in Kinesiology, as well as getting my teacher's cert! I worked for the football team and at Jamba Juice. <b>Leadership:</b> I'm going to wake up &amp; go to bed with a smile on my face. I want camp to be a better place because I'm there, &amp; I hope to inspire my campers to have the same attitude!</p>	 <p><b>Name:</b> Georgia O'Brien <b>Hometown:</b> Manchester, UK <b>Age:</b> 21 <b>Years at Camp:</b> 2 <b>Currently:</b> I am in my second year at Manchester Metropolitan U. studying Fashion Marketing. <b>Leadership:</b> As well as organization &amp; inspiration I believe that fun, friendship, trust &amp; honesty are all values of being a great leader. I hope to bring all of these qualities to my role this year helping to make this the best summer yet for the campers, staff and myself!</p>	 <p><b>Name:</b> Kayla Rector <b>Hometown:</b> Parrsboro, Canada <b>Age:</b> 22 <b>Years at Camp:</b> 1 <b>Currently:</b> I just graduated from Acadia University with a major in Kinesiology and Psychology. <b>Leadership:</b> There is a lot that goes into being a great leader: Openness to new ideas and experiences, being fun loving and being a great role model.</p>

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 <p><b>Name:</b> Jeffrey Redish  <b>Hometown:</b> Bloomington, IN  <b>Age:</b> 22  <b>Years at Camp:</b> 2  <b>Currently:</b> I'm a Senior studying Sports Communication at Indiana University.  <b>Leadership:</b> A leader leads by example. In my experience, doing rather than saying can be more effective for a group. People learn easier when they're shown how to do things the right way.</p>	 <p><b>Name:</b> Caroline Rhodes  <b>Hometown:</b> Liverpool, UK  <b>Age:</b> 24  <b>Years at Camp:</b> 1  <b>Currently:</b> Working as a nanny in the French Alps. We built snowmen, went sledding &amp; got in snowball fights!  <b>Leadership:</b> At camp I was amazed how there was such a sense of happiness &amp; belonging. I want the campers to feel like they really belong &amp; gain confidence while having a wonderful summer!</p>	 <p><b>Name:</b> Alicia Roberts  <b>Hometown:</b> York, UK  <b>Age:</b> 26  <b>Years at Camp:</b> 4  <b>Currently:</b> I have been teaching musical theatre ages 3-16. In September I am moving to Liverpool to do my PGCE to become a qualified high school drama teacher.  <b>Leadership:</b> I hope all campers &amp; staff have another amazing summer, learn from each other &amp; find new ways to have fun even when it's raining.</p>	 <p><b>Name:</b> Mark Roberts  <b>Hometown:</b> Aberystwith, UK  <b>Age:</b> 24  <b>Years at Camp:</b> 2  <b>Currently:</b> Studying at Cardiff. Knows English, Welsh, Mandarin Chinese.  <b>Leadership:</b> "If your actions inspire others to dream more, learn more, do more and become more, you are a leader."  John Quincy Adams</p>	 <p><b>Name:</b> Chelsey Scheidemann  <b>Hometown:</b> Olympia, WA  <b>Age:</b> 24  <b>Years at Camp:</b> 3  <b>Currently:</b> At NYU pursuing a Master's in Childhood &amp; Special Edu. Student teaching in NYC. After dark I turn into an avid Blues &amp; Swing dancer.  <b>Leadership:</b> Exceptional leaders are fair. However, fairness is not treating each person the same. Fairness is giving each person what they need to achieve success.</p>
 <p><b>Name:</b> Todd Seideman  <b>Hometown:</b> Short Hills, NJ  <b>Age:</b> 21  <b>Years at camp:</b> 10  <b>Currently:</b> Graduating Ithaca College as a Health Education Major. Will be student teaching this upcoming fall!  <b>Leadership:</b> One needs to lead their troops through the battles. Life will have its ups &amp; downs but a leader can always bring the positive atmosphere to a group in order to strive and reach for the stars!</p>	 <p><b>Name:</b> Alex Visoky  <b>Hometown:</b> Rye Brook, NY  <b>Age:</b> 19  <b>Years at Camp:</b> 8  <b>Currently:</b> Rising Junior studying Informatics at The U of Michigan - Ann Arbor.  <b>Leadership:</b> A great leader gains respect and trust from his/her peers by first and foremost respecting and trusting them. A great leader is confident in his/her decision making ability while maintaining an level head and open mind.</p>	 <p><b>Name:</b> Adam Weinberg  <b>Hometown:</b> Mamaroneck, NY  <b>Age:</b> 20  <b>Years at Camp:</b> 11  <b>Currently:</b> I am currently a student at the University of Michigan majoring in Communications and History.  <b>Leadership:</b> What makes a person a great leader is the ability to bring out the best in those around them.</p>	 <p><b>Name:</b> Becca Zukowsky  <b>Hometown:</b> Armonk, NY  <b>Age:</b> 20  <b>Years at Camp:</b> 8  <b>Currently:</b> Finishing my sophomore year at the U of Maryland. I am majoring in sociology &amp; a minor in leadership studies. I am also the president of my sorority, Alpha Epsilon Phi.  <b>Leadership:</b> I think great leaders at camp have the perfect balance of knowing when to be silly and act like a kid and when to be more serious.</p>	<p><b>*Leadership Stats for 2012...</b></p> <p>The 2012 Group Leaders, 4n4 Trip Leaders, and LIT Directors hail from 11 states across the US, Canada, the United Kingdom, and New Zealand. The leaders listed on these pages are an average age of 22.7 years old, have a collective 147 years of CEL experience and have been at CEL an average of 5.4 summers! One thing they all have in common is that they are chomping at the bit to get to camp and start leading their groups of campers and staff in the summer experience of a lifetime!</p>
 <p><b>Name:</b> Robin Smith  <b>Hometown:</b> Auckland, NZ  <b>Age:</b> 26  <b>Years at Camp:</b> 4  <b>Currently:</b> Work for a outdoors co. called Bigfoot Adventures. I instruct children &amp; teens in outdoor activities &amp; work as the Ast Programs Mgr.  <b>Leadership:</b> I hope the 4n4 campers will learn to have independence &amp; responsibility, appreciate the scenery &amp; appreciate the opportunity that they have been given.</p>	 <p><b>Name:</b> Derrick Forget  <b>Hometown:</b> Hermosa Beach, CA  <b>Age:</b> 36  <b>Years at Camp:</b> 5  <b>Currently:</b> I teach Recording Arts and Music Theory at a High School that specializes in teaching children with learning disabilities.  <b>Leadership:</b> Honesty, Responsibility, Confidence, Enthusiasm, Reliability, Patience, Determination, Loyalty, Courage, &amp; Flexibility. Add those up, subtract Ego.</p>	 <p><b>Name:</b> Mark Kronenberger  <b>Hometown:</b> Ardsley, NY  <b>Age:</b> 22  <b>Years at Camp:</b> 13  <b>Currently:</b> Graduating from IU as a P.E &amp; Health teacher.  <b>Leadership:</b> "I've never really spent a lot of time thinking about my individual accomplishments actually."-Mark Messier. Leaders put the team &amp; camp community, before ourselves as individuals, for the greater good of the entire camp, or all of society.</p>	 <p><b>Name:</b> Tracey Feldman  <b>Hometown:</b> Brookeville, NY  <b>Age:</b> 21  <b>Years at Camp:</b> 12  <b>Currently:</b> Graduating from Vanderbilt &amp; I will begin graduate school at Columbia  <b>Leadership:</b> I think that everyone can be a great leader, especially at camp. There are so many different ways to be an effective leader as a camper or staff member and I hope the LIT's can be shining examples of this to everyone at CEL!</p>	
4n4 Trip Leader	4n4 Trip Leader	LIT Co-Director	LIT Co-Director	

## The Echo Lake Players Present...



Hey Friends! As we gear up for another summer at the Lake, I am sure you are all dying to find out this summer's selection of shows! I am beyond excited to have the honor of sharing this exciting news!

**Junior Camp** will help us follow the woodland adventures of our two favorite amphibious friends, a worrywart Toad and a perky Frog, with their assorted colorful hopping, crawling and flying companions, over the course of **A Year with Frog and Toad**. Waking from hibernation in the spring, they proceed to plant gardens, swim, rake leaves and go sledding, learning life lessons along the way, including a most important one about friendship and rejoicing in the attributes that make each of us different and special.

Based on the true story of Newsboys Strike of 1899 in New York City, the **Lower Inters** are going to perform **Newsies**, the classic story of the thousands of homeless and orphaned children that were selling newspapers to make money to buy food. Based on the 1992 movie and the recent Broadway smash including such famous songs as "Carrying the Banner," "Santa Fe," "Seize the Day," "The World Will Know," and "King of New York."

Get ready for a rebellion against the town of Bomont, where dancing and rock music have been banned. in **Footloose**. With awesome music and big dance numbers, the **Upper Inters** are going to cut loose and dazzle us all with such songs as "Holding Out For a Hero", "Let's Hear It For the Boy" and of course, "Footloose".

**The Villagers and LITs** will learn How To Succeed with the young, ambitious J. Pierrepont Finch who, with the help of the book **How to Succeed in Business Without Really Trying**, rises from window washer to chairman of the board of the World Wide Wicket Company. They will tackle such familiar dangers as the aggressively compliant "company man," the boss' whiny, nepotistic nephew, the office party, backstabbing co-workers, caffeine addiction and, of course, true love.

It is going to be an incredible summer filled with fun and excitement! Get crackin' on familiarizing yourself with the stories and music of these four incredible musicals. We cannot wait to see you all at camp when the theatre magic begins!

**Brian Tucker, Rachel D'Arcy and Helen Maria Keenan -- Theatre Staff 2012**



We are looking for books to fill our Laker Library for the Summer 2012! All books should be in good to great condition and be appropriate for readers in 1st to 10th grades. Through the years the Laker Library, masterfully ran by our LIT's, has given campers a tremendous selection of books for them to read during rest hour and flashlight time.

Please feel free to pack your donated books in your camp trunks or carry-on. You can also mail them to camp at the address below prior to arrival day.

**Camp Echo Lake - Laker Library**  
177 Hudson Street  
Warrensburg, NY 12885



# New Camper Picnic 2012

On Thursday, May 10th many new campers and their moms, dads and siblings came out to join us for the New Camper Picnic. With the benefit of some truly terrific weather we had an awesome time!

We had relay races, human bingo, name games, and the mostest. We also had lots of laughs, fuzzies, a few May birthdays to celebrate and we even learned the tooth losing song! There was a tremendous spirit in the air! Helping **Tony, Amy, Laurie** and **Jacko** provide a fun time for all our new campers were a stellar band of staff and 2012 LIT's. A big shout out to **Alana Deutsch, Isabelle Greenberg, Julia Haber, Daniel Jacobs, Charles Lutvak, Chelsey Scheidemann, Zach Scheinfeld, Sam Statfeld** and **Julie Zucker** for reaching out to our new campers and helping them feel warm and fuzzy! Great job, guys!



We can't wait to officially welcome all of our new campers to Echo Lake on June 23rd!



## Kings and Queens and Bishops too...Wanna Wish the Best to...

### Campers...

Melanie Victor	May 15
Carly Kessler	May 16
Zachary Schwartz	May 16
Henry Statfeld	May 16
Sophie Brett-Chin	May 17
Avery Rothstein	May 20
Sydney Krata	May 21
Scott Panasci	May 21
Isabelle Getto	May 22
Jack Doremus	May 23
Daniel Shirvan	May 23
Jordan Weinstock	May 23
Jonas Intner	May 24
Sammy Brett-Chin	May 27
Paige Dubicki	May 27
Rachel Roberts	May 28
Ali Zarr	May 29
Maddie Erman	May 30
Alejandro Gutierrez	May 31

### Campers...

Jared Geller	June 1
Ethan Goldstein	June 1
Robyn Epstein	June 4
Lily Shapiro	June 5
Elizabeth Wagman	June 6
Alexa Kass	June 8
Olivia Kass	June 8
Emma Goldstein	June 9
Alec Diamond	June 10
Iila Mazie	June 11
Emma Satin	June 15
Molly Langer	June 16
Zoe Pigott	June 17
Lila Bortniker	June 19
Justin Caspar	June 21
Lauren Grauer	June 21
Adam Margolis	June 21
Jordan Rosenberg	June 22
Zachary Schweitzer	June 22

### Staff...

Emma Bruggenwirth	May 15
James Delaney	May 15
James Lewis	May 16
Ryan Weir	May 19
Todd Seideman	May 21
Jillian Kearns	May 23
Cindy Mahler	May 25
Frank Martin	May 26
Erin Connelly	May 29
Nicola Barter	May 31
Benita Swart Visage	June 1
Kirstie Shipley	June 3

### Staff...

Stuart Wilcox	June 6
Derrek Boisvert	June 7
Dale Kaufman	June 7
Christie Rider	June 7
Adam Swistek	June 8
Chelsea Golub	June 9
Lewis Redfern	June 9
Lydia Greve	June 11
Will Wolf	June 11
Daniel McLeish	June 14
Michael Webb	June 14
James Smith	June 19
Catherine Seeley	June 22



Happy Birthday to you, Happy Birthday to you, Happy Birthday dear \_\_\_\_, Happy Birthday to you!

Kings, and queens, and bishops too. Wanna wish the best to you.

So wish day, wash day, what do ya say? Birthday! Happy Birthday to you!

There's laughter in the air, people smiling everywhere. Happy Birthday. Uh! Happy Birthday. Uh! Happy Birthday to you! Uh! Uh!

H and an A and a P, Y B and an I and a R, T, H! D and an A and a final Y Haaaaappy Birthday.

This is your birthday song, it isn't very long, My name Alex Schiff, hey!



CAMP ECHO LAKE  
3 WEST MAIN STREET  
ELMSFORD, NY 10523



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on Facebook!**



**@CampEchoLake**

\*\*\* DON'T FORGET CAMPER FORMS WERE DUE MAY 1 AND STAFF FORMS ARE DUE JUNE 1!! \*\*\*

## CAMP ECHO LAKE 2012 SUMMER DATES

CAMP ECHO LAKE 2012 SEASON BEGINS

SATURDAY JUNE 23, 2012

PARENT VISITATION

SATURDAY JULY 14, 2012

CAMP ECHO LAKE 2012 SEASON ENDS

SUNDAY AUGUST 12, 2012

ECHO LAKE IDEA

TUESDAY AUGUST 14–SUNDAY AUGUST 19, 2012