



CAMP ECHO LAKE TRAIL SUMMER 2010

As of May 15, there are 41 days until Summer 2010 begins at Camp Echo Lake!!!



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www.campecholake.com



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There is an old saying that when one door closes another one opens...

Jeff Rondeau, who has spent the last nine summers with us in a variety of leadership positions – last summer as our Senior Village Boys Head Counselor – will unfortunately be unable to return to camp this summer. Jeff, who teaches and coaches football in Calgary during the year, just received a fantastic Head Football Coaching position, which requires him to be in Calgary for the summer. Jeff has been a stellar leader at camp these last nine summers and his energy and positive role modeling will be missed.



Sometimes bad luck can be accompanied by good luck, and in this case it has. Cade Nethercott, our former Program Director and LIT Director, is moving back east this spring to teach and will be taking over the role of Senior Village Boys Head Counselor. Cade will be a superb leader in the Senior Village. He was the key driver behind the big changes made to the LIT Program over the last few years. He is a great role model and has a terrific rapport with kids and staff alike.

We are thrilled to welcome Cade back after two summers away!

In this Issue... May 2010

- * Special Head Staff Announcement
- * New Kids On The Block
- * Directors Letters: Tony's Clipboard and Amy's Letter from Florida
- * From the Desk Of...
Village Directors: Laurie & Brenda
Operations Director: JP
Program Director: Jacko
- * Page Six Alumni & Staff Happenings
- * 65th Fall Foliage Reunion Invite
- * Project Morry CEL Alumni Network
- * Project Morry News
- * New Camper Picnic 2010 Highlights
- * CEL @ Girl Meets World Workshop
- * 411 of 12885...
- * Staff Bulletin Board: Shout Outs
- * 2010 Staff Sneak Peak
- * Campers Corner: Exciting News
- * Meet the 2010 Group Leaders!
- * CEL Theatre Season 2010
- * The Laker Library... Call for Books!
- * Fantasy Camp & Sibling Day Info
- * Happy Birthday Wishes
- * Important Dates to Remember...

New Kids On The Block

Since the last Trail Newsletter, we have a few more campers join the Echo Lake ranks for 2010! How exciting is it to have all of these new and exciting faces at camp with us! Now introducing...

Jesse Haymes
Andrew Schenck
Samuel Smith
Rafael Urrelo

From the Clipboard of Tony Stein...

My dad Morry was a star athlete. A standout baseball and football player in high school and college, one thing always struck me when I asked him about his days playing ball. Not once did he refer to his own personal accomplishments. He spoke only of team, the guys he played ball with and their particular strengths. He was a Little All-American Running Back at Brandeis University, but when I would ask him about his running skills, the yards he gained and the touchdowns he scored, he would also say "hey T, the ball isn't heavy." What he meant was that without the guys blocking for him up front, he never would have gained a yard. He felt that what he did wasn't any more special than anyone else on the team.

On a seemingly unrelated topic, we recently sent a letter to all of our parents about a website called Formspring.me, where the object of the site is to comment anonymously about one's peers. Apparently, it is being used by kids to criticize their "friends" - though not to their faces - and often-times in mean and nasty ways. Apparently, on this site it is easier and more fun to make others feel badly seemingly in order to make one's self feel better.

So what could these two things - my dad's attitude and Formspring.me - have to do with camp? Well, I think my dad's attitude was all about building people up, and I think that Formspring is all about tearing people down. And Camp Echo Lake is all about building people up.

What makes camp so unique and so special is we - campers and staff alike - have the opportunity to make the community the very special place we want it to be. So build people up. Our staff are going to help build up our campers. But our campers can help build each other up. By building up others, you build up yourself. (And the opposite is true - that when you tear down others, you tear yourself down as well.)

What can you do to build up others? Cheer for your fellow campers, whether they are your best friend or someone you don't know as well. Offer to help a bunkmate find their missing baseball glove or favorite hat. Share your stuff. Don't say anything to someone else you wouldn't want them to say to you. Encourage someone who is trying something they don't think they can do. Someone looks more thirsty than you? Let them cut ahead of you at the water fountain. These are all little things, but they all make a difference in building a community.

This is why I love camp so much. It's the most special place because all of us - campers and staff alike - can leave on the last day knowing we made a community of people better and happier! So get ready to build!

Emily, Evan and I cannot wait to see all of you soon!

Tony



Hi all you wonderful people,

Travelling through California recently we ran into Echo Lakers past and present. It certainly made our trip sweeter, I'll tell you that. We saw Eric Stein, Justin Salomon, Doug Oringer, Joe Appelbaum, Noah Cooper, Gavin Jablonski, Marshal, Margot, Zach and Matt Salomon, Brittany and Brandon Finney, Talia, Jamie, Jordan and Jackson Resin, Jon Resin, Sara, Zach and Danny Gold. Oh, gosh, I hope I didn't forget anyone.



It was certainly a great warm up to the opening of our 65th season on June 26. Actually the new camper picnic just this last week brought that home big-time. We have a terrific group of new campers - happy, enthusiastic, excited, maybe a little nervous and maybe totally confident. It all works, ladies and gentlemen! Can't wait to see you.

Much love,
Amy



From the Desks of...

Laurie



Main Village Director

I heard someone say that the job of those of us who love and work with children is to find ways to “turn on the light within each child that is already there.” This is what we do at CEL. All children have the tools and emotional strength to handle the ups and downs of life and as parents, camp directors/counselors, or role models, it is our job to help them recognize that fact and feel good about it. It’s exactly what Glinda the Good Witch said to Dorothy at the end of the “Wizard of Oz,” you had it in you all along... *Dorothy*: Oh, will you help me? Can you help me? *Glinda*: You don't need to be helped any longer. You've always had the power to go back to Kansas. *Dorothy*: I have? *Scarecrow*: Then why didn't you tell her before? *Glinda*: Because she wouldn't have believed me. She had to learn it for herself.

As we know, Dorothy and her friends did not have it so easy. Armed only with the love of her family (and her little dog too!) Dorothy travels to Munchkin Land by way of tornado and is confronted by a wicked witch with a vendetta. Dorothy then sets off on an adventure where she experiences a number of obstacles, develops new friendships, and accomplishes tasks she never thought she could. In the end, Dorothy builds resilience along her journey, not because she had it easy but because she didn't and got through it anyway. Well, that and because of the confidence and empowerment that Dorothy gets from her family, her new friends, and a Good Witch named Glinda when they help to turn on the light that was within her all along.

In terms of a child going to camp, the first light that shines on their inner strengths and resilience comes from their parents. We have said it many times, in order for a child to go off to camp and feel good about going they must feel that their parents believe that they should go and will have a wonderful, successful experience. Children borrow their parents' confidence in order to begin to find their own confidence. All children are nervous about going to camp but they all can find the inner resilience to go, if their parents confidently believe in them and camp. (Children even travel to camp by coach bus, which is much better than traveling by tornado!)

Once the children are at camp, it is our job to shine a light on a child's inner strengths and resilience in terms of the relationships they develop, the activities they enjoy, their ability to try new things, and the important task of figuring out who they are at camp. Children borrow their counselors' confidence to feel good about who they are and build their own confidence in their positive self image. When counselors believe in, encourage, and inspire children to develop relationships, try hard at activities, and be proud of who they are, children find their inner resilience to believe in themselves. (While camp may not be filled with scarecrows, tin men, lions, and good witches, we have plenty of amazing staff with brains, heart, courage, and magic that inspires children along the yellow and green brick road of camp!)

Just like Dorothy, children have the “the power” in them all along to be resilient and be their best selves, but just like Dorothy, children need to borrow the support and confidence of their parents and counselors, in order to believe that they have that power to be their best selves. It is the very powerful gift of resilience that helps children develop the self confidence to be their best selves. To me, it is no coincidence that Dorothy's brick road is yellow and that the city of Oz is green. Dorothy travels somewhere over the rainbow to find the power within herself to become resilient and self confident. Our campers travel somewhere over the Adirondack Mountains to find the power within themselves to become resilient and self confident. All they need to make the journey is the encouragement of their parents, camp directors, and counselors to realize that they have had the power within themselves all along. Love & xoxo always, Laurie

JP



Operations Director

Hey Guys!

As I type this I bet all of you are getting so excited for June 26th! I've been up at camp for a bit now and I have to say things are coming together nicely. The familiar sights and sounds are filling up camp and it's starting to look like the place we all know and love. The nets on the hoops are up, the trees are starting to bloom, and pollen is everywhere! Soon the docks will be in the water, the bleachers will be out, and the green equipment boxes will appear overnight like wild mushrooms. It never gets old watching camp wake up from a long winter.

We have a bunch of staff here already and they are helping Darren and the fellas get camp ready to go. It's nothing short of a miracle all the work they do to get camp looking great for you guys. I can't wait to see you all in a few short weeks!

Stay Gold, JP

From the Desks of...

Brenda



Senior Village Director

Hey Senior Village,

So even though it actually snowed last Sunday here in Montreal, I am in the midst of packing up Abi, Jacob, Isaac (and myself!) for the summer. I didn't want to forget anything essential so I checked out the official CEL packing list. As the kids were helping me to choose which shorts, t-shirts and tribal gear they wanted to pack, we started talking about all of the things not on the packing list. Check out the list:

- 14 t-shirts
- 2 tanks
- 7 pairs of shorts
- 5 swimsuits
- 15 pair of underwear
- 18 pairs of socks
- 2 sets of warm sleep wear
- 2 sets of lightweight sleep wear
- 1 lightweight jacket

- 1 heavyweight jacket
- 1 rain jacket
- 1 set of linens and blanket
- 1 pillow
- 1 bathrobe
- 7 beach towels
- 1 shower bucket
- 1 pair of shower sandals
- 1 laundry bag

- sleeping bag
- flashlight and batteries
- bug spray
- crazy creek
- tennis racket
- cleats
- shin guards
- baseball glove

My first question to you villagers, do you really only pack 2 tank tops ;) I know it's easy to overpack the items listed above, but I challenge you that the more important list to follow when packing for this summer- whether it's your first or your 10th time at camp- is the one below. If you forget a tennis racket you can still have an incredible summer, but if you forget any of these things...you'll miss out on the chance to have the most memorable, awesome, incredible, unforgettable summer yet! So, look at this list and make sure to 'pack' everything on it!

- *open mind
- *positive attitude
- *willingness to take a chance - on yourself and on others
- *wisdom from your experiences

- *perspective
- *flexibility
- *respect for others
- *patience
- *determination

- *enthusiasm
- *confidence and belief in yourself and camp
- *a smile
- *a hug, handshake, high five and a fist pump
- *the spirit of the green and gold

Best of luck with the rest of your school year and can't wait to see you in a few short weeks! Until then, happy packing!
Love & Hugs, Brenda

Jacko



Program Director

What an exciting time of the year with camp just around the corner. One of the ways we show our excitement at camp is by reciting some of our favorite camp cheers! Soooo... In this edition we are going to be debating which of camp's two most popular camp cheers reigns supreme. Our guest debater will be none other than Toby B-K, Activities Director and long time camp spirit ambassador.

WE GOT SPIRIT YES WE DO... WE GOT SPIRIT HOW BOUT YOU! Back and forth it goes and until both

Surely there can be only 1 winner! Nothing sounds better or feels more exciting than singing "1-2-3-4, WE WANT TRIBAL WAR!" You know camp has started when you hear it boom out across the fields from the dining hall or amphitheatre. But it's more than just a song...it stands for excitement, expectation and hope! LITs desperate to know when/how Tribal will break...Senior Villagers getting their first taste of SACHEM...new campers hearing about great Tribal events...yep, it's more than just a song! We only hear it for a few days, but no other song rings out with such passion!



groups drown each other out after one team yells out WE GOT IT ALL! It results in the kind of organized chaos that throws both groups into a true frenzy. Memories of my LJB group challenging the LJB's as we sat waiting for the 92 Benefit Show in the Rec Hall are still vivid in my mind. For my money no chant gets me more excited.

So which side of the Great Echo Lake Debate do you choose? Is it We Got Spirit Yes We Do... Is it 1, 2, 3, 4 We Want Tribal War!!! ... Is it a different cheer altogether? Whichever it is the most important thing is that you let your voice be heard... because if there is one thing that isn't debatable it's that we all love Echo Lake! -Jacko

Alumni & Staff Happenings



SPANNING THE WORLD

Jim Pitofsky recently tried out to the popular television show “Glee.” Here is a link to the audition entry he posted: <http://www.myspace.com/gleeauditions?link=531552988>. Good luck Jim!

Jeff Schouela is now living in Montreal and has become quite the stand up comic! He has been asked to do shows in Ottawa, Calgary, Toronto, Montreal and other Canadian cities.

In early February **Matt Cotty** arrived in Australia to study. **Adam Haynes, Kari Chambers** and I all met Matt to welcome him to our wonderful country. After a very late breakfast, we spent hours catching up and remembering the amazing times at Echo Lake. We hope that everyone has an amazing summer and for all the campers whom we have been counsellors for, we will be thinking of you while you are at camp and we are in Australia. - **Nick Wolf**



I want to give a MASSIVE shout out to all UIGs 2010! I hope you have an amazing last summer on main camp, make sure you enjoy every single second. I wish I could be there to share it with you. I also want to give a MASSIVE shout out to Sharifa, Kelly, Molly and Julie - miss you guys, have an awesome summer! Loads of love and warm fuzzies!
- **Victoria Chaundy** x

Laurence Glickman recently had a few of his Camp Echo Lake buddies over for a BBQ.



George “Geo” Slade Jr contacted us to let us know that his new catering / restaurant is coming soon. The website is Mogal.us.com. The site shares his history in the culinary industry which all started at The Lake!



CELEBRATIONS

The Brodsky Family is proud to announce that long time Echo Laker **Lee Brodsky** was engaged to **Rebecca Lada** on May 7th. The future Mr and Mrs Brodsky look forward to visiting their niece **Drew** at camp this summer!!!



CAMPERS 20??

Gabe Rotter and his wife **Bree** are having a baby! They recently found out it's a girl and she is due November 1st. Look for her, baby **Owen Wegweiser**, and baby **Abby Soloff** at Echo Lake together in about 8 years!

Rhoda Reisman Alexander (1968-1971) and Tribal Chieftan wrote in to tell us that her son and CEL alum **Jamie Schouela** has become a proud father and now has 2 children. **Claire** is two years old while little **Lucy** is 4 months!

Passings

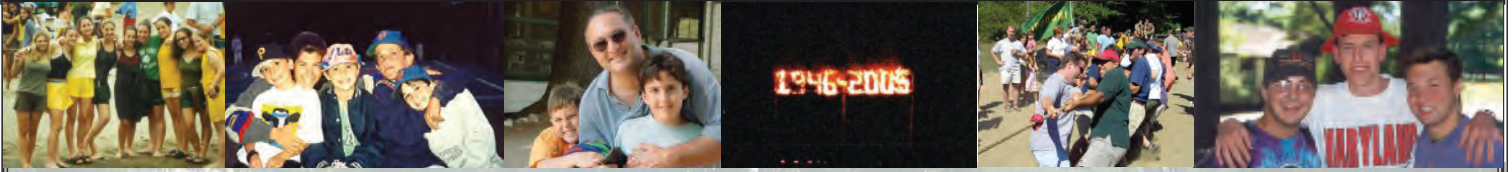


It is with a great deal of sadness that we mention the loss of **Mark Broxmeyer**. Mark passed away on May 11th after a year long battle with pancreatic cancer. Mark is survived by his family including former camper **Daniel**. We send out deepest condolences to the entire Broxmeyer family.





ATTENTION ALUMNI!!!



65th Alumni Reunion – A Fall Foliage Spectacular

**September 24th to 26th 2010
Echo Lake Alums and Fall Foliage
In the Adirondacks!**

Join us Friday night through Sunday afternoon for a walk down memory lane ...

- Visit with old camp buddies
- Sing your favorite camp songs (“The Inter C’s, we’re cool, na-na na-na na-na na-na, we’re rough, and tough ...”)
- Check out your old bunk plaques
- Wear Green! Wear Gold!
- Play some ball
- Bring your entire family – everyone is welcome!!!

FOR MORE INFORMATION & TO RSVP VISIT WWW.CAMPECHOLAKE.COM

The Project Morry CEL Alumni Network needs YOU! SO, what is the Project Morry CEL Alumni Network you ask?

The Project Morry CEL Alumni Network is a newly formed group dedicated to increasing alumni and others knowledge of and involvement in Project Morry. We use the passion of those who knew and loved Morry (and who know and love camp) to help grow the network of people who list PM as one of their causes. Recognizing that we are all pulled in multiple directions for our time and money, this group's goal is to have impact by simply harnessing the inherent power of our amazing CEL Network (and beyond) to help Project Morry get what it needs to make its program and kids successful. The more of US in this Network, the more we can do for Project Morry. Please read below and let us know if you are interested in joining us.

To begin to help Project Morry we are focusing on the the following (as the goal of this group is NOT to raise money):

1. **Increase awareness of Project Morry**
2. **Become a strong Network for Project Morry to tap into for in-kind donations(e.g. silverware, batteries, career fair speakers, etc)**
3. **Grow the list of people that Project Morry can count on for an extra hand (educating others about PM, corporate internships, events, etc)**

To add your name to the list of those who want to help us (or if you have any questions) email **Debbie (Dorman) Grishman** or **Dana Eigner**: deb.grishman@gmail.com or dana.eigner@gmail.com

We are looking forward to hearing from you as we launch this exciting and wonderful effort!

Best - Debbie and Dana



Spring Blast 2010 at X2O

The 2010 version of “Spring Blast” held at X2O on Wednesday, April 22nd, 2010 from 7-10 pm in Yonkers, NY was a rousing success. X2O – “Xaviars on the Hudson” is Peter X Kelly’s latest addition to the Caviars Restaurant Group. It sits in the water on the only turn of the century Victorian pier still in use on the Hudson River. X2O’s Main Dining Salon’s 25 foot vaulted ceiling and 3 walls of glass frame offers views of the George Washington and Tappan Zee Bridges, as well as sunsets over the Palisades.” The event was sponsored by Kaplow of New York City and Marvin Cooper, LLC of White Plains.

Nearly 200 guests joined us for an evening that featured, a silent auction, incredible food and drink, great music and the chance to mingle with both old and new friends at this spectacular venue. With world-class Chef Peter X Kelly, attendees enjoyed a short program and the showing of a very powerful video piece. Project Morry also honored the camps who supported through their Camps that Give efforts this past summer.



This, our fourteenth annual spring fund-raiser, was hosted by Co-Chairs Hilary and Billy Cooper and their dedicated committee: Debbie Abrams, Rebecca Berman, Marci and Rick Caplan, Michelle and Tom Coleman, Dr. Jeffrey and Karen Cousin, Susan Flaxman, Becky Genauer, Veronica Guerrero, Beatriz Goldstein, Emily Haseltine, Renee Azima-Heller, Jon and Sara Hess, Haryn Intner, Liz Kaplow and Evan Jacobs, Pam Kerlan, Michelle and David Kroin, David and Karen Miller, Denise and Finbar Regan, Laurie Rinke, Danit Schreiber, Lucy Udell, Ellen Schwartz Wylie and Gordon Wylie.

We thank all who made it such a wonderful success.

Kids That Give – Spreading the Warm Inner Glow

Whether over the summer or during the rest of the year, our amazing Echo Lake campers keep finding ways to give their time, energy, money, and stuff to Project Morry!!

Many fuzzies and a big round of applause to the following campers who are either in the process or have completed projects that have helped Project Morry: **Evan Aaron, Jason Bergman, Cole Butchen, Elana Heisner, Elana Stettin, Phoebe and Jordan Weinstock and Lauren Whitman.**

Outstanding work everyone. Your gifts of generosity will certainly continue to give more then you know.

For more information please contact the Project Morry office by phone: (914) 592-3055, email: dream@projectmorry.org, or go online: www.projectmorry.org.

Young Professional Event 2010 at Sara Meltzer Gallery

Nearly 200 Young Professionals joined us for on May 6, 2010 at our annual Project Morry Young Professional event. Held at Sara Meltzer Gallery, in the meat packing district, it was an evening of celebration, seeing old friends, meeting new ones and all to benefit Project Morry.



The evening was hosted by chair Stefan Miller and his committee that includes Dani Ackerman, Saul Arvelo, Heather Babby, Britton and Drew Bitterman, Dominique Etienne, Lauren Feiner, Matt Jackowitz, Erica Lazarow, Rachel Max, Michelle Nacht, Perri Newman, Michelle Rinke, Rachel Rosenberg, Ashley Schmitz, Scott Schwartz and Josh Stein.

If you are interested in more information about how you can be involved with this event in the future, email dream@projectmorry.org or give the Project Morry office a call at 914-592-3055. And thanks to those of you who helped us make this amazing night possible.

Other Opportunities to Get Involved...

Gifts In-Kind - Project Morry welcomes gifts of “STUFF”. Bat and bar mitzvah gift idea are created by folks looking at wish lists of equipment and items that are used both during the school year and the summer. If you are interested in knowing more about gifts in kind simply email dream@projectmorry.org or call 914-592-3055 and Project Morry will supply you with current lists.

Coaches - When a Project Morry child enters their junior year of high school they are assigned a full time mentor known as a Coach. Project Morry Coaches are adults who understand the Project Morry mission, meet the Coach criteria Coach criteria (which includes making a personal commitment of two years, participating in a training session and orientation prior to being assigned to a Project Morry Post Grad and making contact with Project Morry Post Grad at least once a month) and are interested in assisting young adults successfully navigate through the demanding task of finishing High School while preparing them for their post graduation experiences.

Our kids who participate in the Coach program are from the Project Morry communities of the Bronx, Manhattan, Long Island, Westchester County and Fairfield County in Connecticut. Interested? Contact Dawn at dawn@projectmorry.org. or call 914-592-3055. This program, that boasts a LONG list of former Echo Lake alums and parents as participant coaches, continues to insure that our kids achieve their goals. Doesn’t get any better than that!



Project Morry is now on Facebook! Simply search “Project Morry” to join our Fan Page. This is yet another great way to get updates on all that is going on in the world of PM!

2010 New Camper Picnic Highlights

On Thursday May 6th nearly 50 new campers and their moms, dads and siblings came out to join us for the New Camper Picnic. With the benefit of some truly terrific weather we had an awesome time!

We had relay races, human bingo, name games, and the mostest. We also had lots of laughs, fuzzies, a few May birthdays to celebrate and we even learned the tooth losing song! There was a tremendous spirit in the air! Helping **Tony, Emily, Amy, Laurie** and **Jacko** provide a fun time for all our rookies were a stellar band of staff and 2010 LIT's. A big shout out to **Chelsea Golub, Bari Hirschberg, Dean Hirschberg, Shelby Jackowitz, Ruth Kleinman, Patrick McNeece, Zach Scheinfeld** and **Ryan Weir** for reaching out to our new campers and helping them feel warm and fuzzy! Great job, guys!



We can't wait to officially welcome all of our new campers to Echo Lake on June 26th!



During a beautiful spring weekend in April **Laurie Rinke** and **Brenda Levine** participated in a two day professional development training with Rachel Simmons. The workshop was titled, **Girl Meets World: Conflict Resolution, Communication, and Leadership Skills for Girls**.

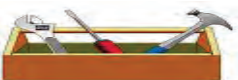
Rachel Simmons is the author of bestsellers *Odd Girl Out: The Hidden Culture of Aggression in Girls*, and *The Curse of the Good Girl: Raising Authentic Girls with Courage and Confidence*. Rachel works internationally to develop strategies to address bullying and empower girls. The founder of the Girls Leadership Institute, Rachel currently serves as a consultant to many schools and organizations. Rachel has appeared on Oprah, Today, and other major programs.

Rachel and the *Girl Meets World* curriculum teach that, authentic, trusting relationships increase girls' resilience and embolden them to feel confident, motivated and inspired. When girls have the tools to choose the right relationships and manage conflict, we reduce the incidence of bullying and aggression. Relationships are where girls learn the skills to express their needs, accommodate others, and take healthy risks.

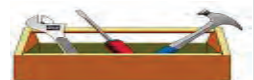
In the *Girl Meets World* workshop Laurie and Brenda learned tools to help girls build skills for authentic self-expression, emotional self-awareness, and healthy relationships through unique games, role-plays and activities that build an environment where girls can be themselves. They also had the opportunity to practice leading activities and share strategies with colleagues who were camp directors, social workers, guidance counselors, and teachers.



It was an incredibly powerful and inspirational weekend. Laurie and Brenda cannot wait to apply all that they learned in the workshop to all they do with girls (and boys too) at camp!



The 411 of 12885... What's Happening in Warrensburg?



Notwithstanding the snowfall we had at camp on April 27th, it is actually springtime in Warrensburg! So with a big yawn and a stretch of all its muscles, camp is coming to life and getting ready to welcome all of us this summer – in just a few short weeks!

So that means Darren and his boys continue their feverish work to make camp look as beautiful as ever. What are they up to, you ask? Besides the cleaning, raking and picking up from all the winter storms, they have a few springtime projects they are working on.

When you arrive at camp, you'll notice the Dining Room has had a bit of a facelift. New siding, new porches, new lighting – and maybe even a cool surprise or two. You'll see brand new dugouts on all our ballfields as well. Besides those, they are finishing some Senior Village cabin renovations and a bunch of camp beautification work. Camp taking shape and color in May and June is a fun thing to watch!

Staff Bulletin Board

Shout Outs from Our Outstanding Staff!!

Hi everyone! My name is **Robyn Goudriaan** and this is going to be my first summer at camp. I'm really excited to meet everyone. I am a swimming teacher and absolutely love the outdoors!! I am mad about travelling and was in Turkey 2 weeks ago. Here is a picture of me on one of the beaches in Turkey (Olu Deniz).



Cade Nethercott got engaged to his partner Jeff this April. They are preparing to move from Denver, CO to Boston, MA, just before Cade arrives back at camp this summer for the first time since 2007.

Hey everyone!! My name is Allie and I'm new to the camp staff! Right now I'm just finishing up my first year of nursing school and my lacrosse season at the University of Arizona! I'm really excited to get to camp and meet everyone!!! -**Allie Zeeb**

Tara and Nick Stoulig are psyched to announce that Tara is pregnant with their second child. **Ethan** can't wait for the arrival of his new sibling. Congrats to the Stoulig family!

Our tremendously talented Fine Arts Head Specialist **Sara Gold** has started her very own business. Charmings makes customized fused glass charm bracelets, necklaces, or key chain. Their website, www.charmingscharms.com is coming soon. For more information you can email Sara at sb.gold@CharmingsCharms.com. Way to go Sara!



Not only is **Eli Kolt** going to be a great addition to the CEL Kitchen this summer, he's also quite the fisherman!

Hey Echo Lake!

I have just completed my junior year at George Washington University. I am originally from Ojai, a small town in southern California. I love to read, play tennis and chess. I am an outdoors enthusiast and will enjoy soaking up the sun at camp. Can't wait to meet everyone this summer!

-**Emily Collins**

The Magic of Camp begins with AMAZING Staff!! Here's a Sneak Peak at the 2010 Echo Lake Staff..

What are the MAGIC ingredients that make camp so special...incredible campers, amazing programs, beautiful location, and of course fantastic, out of this world, energetic, compassionate, **AMAZING STAFF**. After going through extensive applications, interviews, references and background checks, the stats are in on the amazing bunch of staff.

The 2010 Echo Lake staff hails from **12 countries** around the world, **30 states across the USA**, and **5 Canadian provinces**. Staff come from the following home countries: USA, Canada, England, Scotland, Ireland, Australia, New Zealand, France, Poland, Brazil, Hungary, and Slovakia.

This summer, 44% of our staff is new to Camp Echo Lake and a whopping **56% of our staff are RETURNING** to Camp Echo Lake for their 2nd, 3rd, 4th, etc... summer on staff!!! They just can't get enough of CEL and we love it!! **The average age of our entire camp staff this summer is 25 years old and the average age of our staff that lives with the campers is 23 years old!** That's a lot of maturity and experience...not to mention love of camp!

The staff begin arriving at camp in early June and go through staff training that lasts a minimum of 7 days, if not longer. Get ready campers because the lineup of amazing role models, outstanding coaches, compassionate listeners, super fun comedians, insightful leaders, and all around spectacular staff we have for you this summer are going to give you a BIGGER Warm Inner Glow than you could possibly imagine!! We hope you are psyched, because we sure are!!! **Bring on Summer 2010!!**



Campers Corner

Exciting News from CEL's Best and Brightest!!!



Here is **David Goldberg** and brother Haz sitting on the "Red steps" in Times Square after spending the morning at the King Tut exhibit.

What a busy time it is for the Migden family. **Andie Migden** won back to back CYO Girls A Division All-Long Island basketball championships playing for St. Hycinth's in Glen Head. Andie, **Callie Migden** and **Bari Zuckerman** also won a championship in the extremely competitive Island Garden Basketball League. It was the team's first championship in 5 years. Callie and Andie are currently playing lacrosse together in middle school. Andie scored her first goal in her first game of her short career, and her sister Callie is playing great defense!!! The Migdens are also looking forward to Callie's Bnai Mitzvah with her twin Brother Brett May 15th!

Addison Migden had her Bat Mitzvah on May 1st and new camper **Blake Migden** is tearing up the Syosett Soccer League as the league's leading goal scorer.

New camper LJB **Max Ladenheim** and returning **Steinbergs** UJB **Jonathan** and LVB **Matt** share some laughs in the locker room following the Atom 'B' father-son hockey game! These Montrealers can't wait to hit the Thunderdome this summer!



I just made the school softball team for the second year in a row! This year has been awesome because I get to see my camp friends almost once a month every month at camp friend bat/bar mitzvahs!! The past summer was amazing especially when I could tell the weather and food! I cannot wait for another summer at CEL <3

-**Margo Spector**

I can't wait for the summer! I want to make a shoutout to all my friends in UIGE 09'. I can't wait to be in the Village!
- **Sarah Weill**



Margot Present ziplining in Costa Rica!!!



Ryan W. and **Matty Templeton** having an awesome time at Johnny Rockets in NYC.



Check out **Max Paull**, **Matt Bernstein**, **Justin Meyer** and **Graham Kessel** going out to play hockey in NYC!



Some camper from LJGW 09 had a blast at a "reunion" at **Sydney Weber's** house. There was lots of make-up, manicures and music videos! All the girls are looking forward to a great summer 2010 at CEL!

Meet Your Summer 2010 Group Leaders...

Group Leader	Group Leader	Group Leader	Group Leader	Group Leader
 <p>Name: Lindsay Aaron Hometown: Livingston, NJ Age: 20 Years at Camp: 11 Currently: Rising Junior, Fine Arts Major at Syracuse Leadership: Someone who looks out for the best interest of others. When I was a camper I had the most memorable summers of my life. I hope to give my campers & staff one of their best summers as well filled with fun, excitement, laughs and new experiences.</p>	 <p>Name: Ally Begly Hometown: Geneva, NY Age: 22 Years at Camp: 15 Currently: I just graduated from Dartmouth with a degree in Ancient History, and next fall I'll be back at school, getting my certification to become a teacher. Leadership: A great leader listens to the other people around him or her, and always considers the feelings of other people in the group.</p>	 <p>Name: Andrew Brides Hometown: Manchester, UK Age: 26 Years at Camp: 3 Currently: Teacher of Design Technology at High School Leadership: A good Leader can unite a group of people, this summer I want to part of group that shows great teamwork, a group that is strong and encapsulates the echo lake spirit. In short, I want to have fun!</p>	 <p>Name: Catie Carmody Hometown: San Diego, CA Age: 21 Years at Camp: 2 Currently: I'm a student at Cal Poly San Luis Obispo. I'm a math major with plans to teach HS math. I also tutor and work at Jamba Juice! Leadership: Provide an amazing support system for my staff & campers. Have as much fun as possible this summer. I hope my staff and campers make some amazing friendships & have fun!</p>	 <p>Name: Paul Chapman Hometown: Leicester, UK Age: 24 Years at camp: 3 Currently: After graduating last summer I have spent the winter working as a ski guide in the French Alps. Leadership: I hope the campers and staff have as much fun as they can fit in, make some new friends and maybe learning something new along the way.</p>
Group Leader	Group Leader	Group Leader	Group Leader	Group Leader
 <p>Name: Sarah Crum Hometown: Poughkeepsie, NY Age: 20 Years at Camp: 2 Currently: I go to SUNY Plattsburgh and my major is Hotel, Restaurant, Tourism Management with a minor in Business and Environmental Science. Leadership: I hope this summer my campers learn that you can have tons of fun while learning and making great friends.</p>	 <p>Name: Tracey Feldman Hometown: Jericho, NY Age: 19 Years at Camp: 10 Currently: Rising Junior at Vanderbilt majoring in Child Studies & Cognitive Studies Leadership: Someone who has the ability to influence & motivate others. I hope to influence & motivate both campers & staff to make new friends, keep the old ones, & continue loving CEL for the special place that it is.</p>	 <p>Name: Julie Flegm Hometown: Armada, MI Age: 22 Years at Camp: 3 Currently: I graduated from Michigan State U. with my degree in Elementary Education! I was accepted into the Peace Corps for the fall. Leadership: Camp is a unique place filled with priceless experiences. I hope to help campers & staff realize all that they can benefit by giving their all to a having a great summer!</p>	 <p>Name: Sarah Giacomini Hometown: Albany, NY Age: 23 Years at Camp: 2 Currently: Grad. student at SUNY Albany's School of Public Health. Working on an MPH in Health Policy & Mgmt. Leadership: A leader encourages their group to expect great things from themselves because they deserve it. A leader understands their own weaknesses & is a role model for those around them. Cannot wait to for camp!</p>	 <p>Name: Adam Heidebrink Hometown: Rushmore, MN Age: 23 Years at Camp: 4 Currently: I am a senior English Literature student. Leadership: A leader must, in the words of Faulkner, "create out of the materials of the human spirit something which did not exist before." Human potential is infinite, a leader can awaken that spirit. I believe that camp will provide this to campers and staff.</p>
Group Leader	Group Leader	Group Leader	Group Leader	Group Leader
 <p>Name: Bari Hirschberg Hometown: Tenafly, NJ Age: 20 Years at Camp: 12 Currently: Rising Senior at The George Washington University majoring in International Development Leadership: A liter is a unit of volume in the metric system measure in cubic meters. The greater the liter, the greater the capacity.</p>	 <p>Name: Mark Kenny Home: Newfoundland, CA Age: 28 Years at Camp: 6 Currently: I travel the world & have lots of experience working with kids. Most recently I have been teaching in Taiwan, kids ages 3-15. Leadership: Helping each child feel special, reach their potential, & find their smile. I'm really excited about helping campers and staff have the summer of their lives.</p>	 <p>Name: Mark Kronenberger Hometown: Ardsley, NY Age: 20 Years at Camp: 11 Currently: Going into my Sr year at Indiana in the Physical Ed Teacher Ed program. Leadership: "Leaders aren't born they are made...just like anything else, through hard work. That's the price we'll have to pay to achieve any goal."-Lombardi. I hope we will all learn how to laugh at ourselves & enjoy every day.</p>	 <p>Name: Danielle Labrovic Hometown: Highland Mills, NY Age: 21 Years at Camp: 2 Currently: Student at the University of Vermont. Leadership: "If your actions inspire others to dream more, learn more, do more and become more, you are a leader." -John Quincy Adams</p>	 <p>Name: Jon Levine Hometown: Wellesley, MA Age: 22 Years at Camp: 4 Currently: Student at Hofstra University. Leadership: "A good leader inspires people to have confidence in the leader, a great leader inspires people to have confidence in themselves." - Eleanor Roosevelt</p>

Meet Your Summer 2010 Group Leaders...

Group Leader	Group Leader	Group Leader	Group Leader	Group Leader
 <p>Name: Nicholas Lucka Hometown: New York City Age: 21 Years at Camp: 3 Currently: I am a Political Science Major and History Minor at Binghamton University. I plan on teaching! Leadership: A Great Leader helps others succeed. He does this through a tireless work-ethic and by being patient. And it doesn't hurt to be wacky and to have a bit of fun at the same time.</p>	 <p>Name: Peter Lusk Hometown: Albion, NY Age: 22 Years at Camp: 2 Currently: Graduate Asst. in the Athletics at Fairleigh Dickinson, Working on Masters. Leadership: Leaders earn respect through their own actions. It is impossible to do, if you do not follow what you are telling the others to do. Do anything to help each camper have a summer they will always remember.</p>	 <p>Name: Thomas Nocula Hometown: Brooklyn NY Age: 28 Years at Camp: 1 Currently: Substitute Teacher in Rochester NY, DJ on the weekends Leadership: To be an effective leader, one must learn how to follow. I hope campers build self-esteem and confidence in themselves no matter what challenges they may be facing.</p>	 <p>Name: Alicia Roberts Hometown: York, UK Age: 25 Years at Camp: 3 Currently: Musical Theatre Teacher Leadership: Someone who can keep an open mind, has good judgment, confidently makes decisions but is not afraid to ask for help, & most of all is aware of the feelings of others & always takes the time to listen. I want to help everyone try new things & build new friendships.</p>	 <p>Name: Ian Symons Hometown: Vancouver, CA Age: 22 Years at Camp: 3 Currently: I've been studying human and social development at the University of Victoria. I'm currently volunteering as an elementary school teacher in Honduras. Leadership: I hope I can help make this summer amazing for all of my future campers. Can't wait to see everyone!</p>
Group Leader	Group Leader	Group Leader	4n4 Trip Leader	4n4 Trip Leader
 <p>Name: Jennifer Udashkin Hometown: Montreal, CA Age: 20 Years at Camp: 11 Currently: McGill University, Bachelor of Education Leadership: A leader possesses confidence, enthusiasm, & respect. I hope my campers & staff learn to embrace their authentic selves by embracing all the silliness & fun at camp. I hope they make amazing friendships, challenge themselves, & of course, have fun!</p>	 <p>Name: Alex Wilson Hometown: Bedford, NY Age: 19 Years at camp: 9 Currently: Rising Junior at Northwestern, studying Electrical Engineering! Leader: A leader is a role model who inspires others to grow, mature, & be the best they can be. I hope campers & staff enjoy all the greatness that camp has to offer by building friendships and memories that last forever.</p>	 <p>Name: Dana Wilson Hometown: Ridgefield, CT Age: 21 Years at Camp: 2 Currently: Senior at Connecticut College, majoring in English with a minor in History. I spent last semester in South Africa. Leadership: Leaders are energetic, genuine, & passionate about what they do. I hope to form bonds with each of my campers & staff, & encourage friendship, trust, & fun.</p>	 <p>Name: Ruth Kleinman Hometown: Port Wash., NY Age: 26 Years at Camp: 17 Currently: Co-Director of Hillels of Westchester. I also work at Scarsdale Synagogue Temples Tremont & Emanu-El as Youth Group Director. Leadership: Be in tune with the needs of the group & keep open communication! Inspire campers & staff to treat each other well, be considerate, & put others before themselves.</p>	 <p>Name: Matthew Evans Hometown: England Age: 28 Years at Camp: 6 Currently: Finishing my Podiatry Degree and swim coaching with Total Fitness. Leadership: Leaders are pioneers, people who are willing to step out into the unknown. They are willing to take risks, to innovate & experiment in order to find new ways of doing things. Have an awesome summer!</p>
LIT Director	LIT Group Leader	LIT Group Leader	Leadership Stats...	
 <p>Name: Zach Zelikovic Hometown: NYC Age: 22 Years at Camp: 13 Currently: Senior at Cornell University majoring in Hotel Development Leadership: Just ask the LITs 2010! What makes a great leader is being able to guide by example, navigate with confidence through the tough times, & always offer encouragement and praise to the ones you are leading.</p>	 <p>Name: David Mellor Hometown: New Orleans, La Age : 26 Years at Camp: 6 Currently: Starting law school in the fall. Leadership: I hope by the end of this summer my 35 great campers will be ready to be the next 35 great counselors at CEL.</p>	 <p>Name: Lydia Pincock Hometown: Halifax, Canada Age: 28 Years at Camp: 3 Currently: In Alberta & am teaching grade 3 in Calgary. Leadership: Leadership means, "Be a shepherd; not a sheep." A leader has the ability, & brains, to make the choice of which path to take. Perhaps more importantly, they have a responsibility, to choose a good path. I hope that our group can be mentors.</p>	<p>The stats on this year's leaders are terrific...</p> <ul style="list-style-type: none"> • The average age of our 28 leaders is 23. • Collectively our 28 leaders have spent a total of 169 summers at camp; Averaging out at 6 summers per person. • Our 28 leaders come from the 8 states across the US, plus the UK and Canada. 	

The Echo Lake Players Present... Theatre 2010



Hi there! Another year, another set of shows! We have an exciting line-up for you once again... and here they are!

Lower Inters: The Lower Inters will kick the season off with their version of the Broadway classic **The Wiz**. Dorothy is swept away into the mysterious land of Oz where she must 'ease on down' the yellow brick road to find the powerful Wiz who will help her home.

Frosh: Stop the presses! The crime of the summer has occurred, and it's up to investigative reporters Kermit the Frog, Fozzie Bear, Gonzo, Miss Piggy and the rest of the Frosh Muppet team to crack the case in this song-filled, star-studded extravaganza that explores the question "Who Done It?" in our **Muppet Show Revue**.

Upper Inters: **13 the Musical** has a rock and roll score that tells the story of Evan, on the edge of turning 13, whose life has been turned upside down. After Evan was forced to move from the Big Apple to Appleton, Indiana, he is on a quest to have the biggest, best, most spectacular bar mitzvah that will catapult him to popularity in his new town.

Juniors: Next, we will dive into the coral reef as the juniors bring **Finding Nemo: the Musical** to life. Marlin, his curious son Nemo and their friend Dory discover the wonders of their big blue world in this fishy tale.

Senior Village and LIT's: **Legally Blonde: the Musical**, the recent Broadway sensation has a pop score and a story that is, like, omigod, totally awesome! Elle Woods has been dumped by her sweetheart, Warner, and follows him to Harvard Law School to prove to him she is the girl he wants, discovering that maybe she's more than just a blonde sorority girl.

So there we have it! Get to know your show and we look forward to seeing you at the rehearsals soon.

Mark Kaye - Theatre Head Specialist

Lauren Sale & Brian Tucker - Theatre Activity Specialists; **Tricia Gerrard** - Theatre Music Activity Specialist.



We are looking for books to fill our Laker Library for Summer 2010! If you have any books that you would like to donate we would be happy to add them to our ever growing collection. All books should be in good to great condition and be appropriate for readers in 1st to 10th grades. Through the years the Laker Library, masterfully ran by our 2010 LIT's, has given campers a tremendous selection of books for them to read during rest hour and flashlight time.

So how are you going to get these books to camp you ask? If you have enough room, we encourage you to pack your donated books in your camp trunks or carry-on bags. If you would rather send these books in the mail, you can send them to our summer address below prior to arrival day:

Camp Echo Lake -The Laker Library
177 Hudson Street
Warrensburg, NY 12885



Sibling Day & Fantasy Camp 2010

We are very excited to welcome all of our prospective campers to camp this summer once again!

For younger siblings of our current campers, we will be hosting our 5th Annual Sibling Day on Sunday, July 18th, the day after Visiting Day. An "official" invite will be going out in June, so there is still plenty of time to sign your "sibs" up for that very special day!



Fantasy Camp, for prospective campers who are not younger siblings of current campers, takes place on Saturday July 24th. Spots are already filling up for this great opportunity so if you have friends who have mentioned wanting to be a part of Fantasy Camp, please remind them to act quickly! For more information or to download and complete a Fantasy Camp registration form, please go to www.campecholake.com and look in the "Prospective Family" section of our website. We look forward to seeing the happy faces of all of our prospective campers!

Kings and Queens and Bishops too...Wanna Wish the Best to...

Campers...

Andrew Schenck	May 15
Zachary Schwartz	May 16
Sophie Brett-Chin	May 17
Jake Kessel	May 19
Ryan Weir	May 19
Harrison Okun	May 20
Allison Silfen	May 20
Scott Panasci	May 21
Danielle Rosenblum	May 21
Noah Thaler	May 21
Jeffrey Visoky	May 21
Isabelle Getto	May 22
Jack Doremus	May 23
Jordan Weinstock	May 23
Phoebe Weinstock	May 23
Sammy Brett-Chin	May 27
Paige Dubicki	May 27
Rachel Roberts	May 28
Maddie Erman	May 30
Matthew Templeton	May 31
Jared Geller	June 1
Ethan Goldstein	June 1
Autumn Mahler	June 3

Campers...

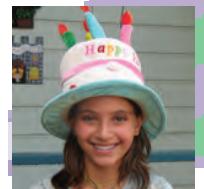
Robyn Epstein	June 4
David Peters	June 5
Roslyn Peters	June 5
Lily Shapiro	June 5
Elizabeth Wagman	June 6
Chelsea Golub	June 9
Alec Diamond	June 10
Zachary Karetsky	June 11
Iila Mazie	June 11
Ben Kaplan	June 14
Brandon Russo	June 14
Adam Freindlich	June 15
Liam Geron	June 15
Alex Passe	June 15
Emma Satin	June 15
Zoe Pigott	June 17
Lila Bortniker	June 19
Justin Caspar	June 21
Adam Margolis	June 21
Jordan Rosenberg	June 22
Zachary Schweitzer	June 22
Stefan Luiggi	June 25

Staff...

Kelly Jorgensen	May 15
Samantha Weiss	May 18
Benjamin Brown	May 19
Nicholas Lucka	May 19
Lajos Szollosi	May 19
Matthew Walsh	May 19
Bennett Rosenbach	May 20
Todd Seideman	May 21
Sharifa Vinson	May 21
Ty Fleenor	May 22
Matthew Evans	May 23
Lauren Sale	May 24
Cindy Mahler	May 25
Tyler Bean	June 1
David Hoile	June 3
Joanna Mansell	June 4

Staff...

Stuart Wilcox	June 6
Derreck Boisvert	June 7
Dale Kaufman	June 7
Zach Baer	June 11
Emily Lewis	June 13
Jennie Olson	June 14
Shayna Stewart	June 16
Dana Wilson	June 16
Paul Burnett	June 18
Peter Lusk	June 19
Zachary Porges	June 19
Esme Thomas	June 20
Zoltan Kaprinay	June 22
Catherine Seeley	June 22
Hannah Levine	June 25
Maksymilian Weiss	June 25



Happy Birthday to you, Happy Birthday to you, Happy Birthday dear ____, Happy Birthday to you!

Kings, and queens, and bishops too. Wanna wish the best to you. So wish day, wash day, what do ya say? Birthday! Happy Birthday to you!

There's laughter in the air, people smiling everywhere. Happy Birthday. Uh! Happy Birthday. Uh! Happy Birthday to you! Uh! Uh!

H and an A and a P, P, Y B and an I and a R, T, H! D and an A and a final Y Haaaaappy Birthday.

This is your birthday song, It isn't very long, My name Alex Schiff, hey!



CAMP ECHO LAKE
3 WEST MAIN STREET
ELMSFORD, NY 10523



*** DON'T FORGET CAMPER FORMS WERE DUE MAY 1 AND STAFF FORMS ARE DUE JUNE 1!! ***

CAMP ECHO LAKE 2009 – 2010 DATES

MONTREAL REUNION	SUNDAY DECEMBER 6TH, 2009
NEW YORK AREA REUNION	SATURDAY DECEMBER 12TH, 2009
MAIN VILLAGE WINTER WEEKEND	SATURDAY MARCH 6 – SUNDAY MARCH 7, 2010
NEW PARENT NIGHT	WEDNESDAY APRIL 14, 2010
NEW CAMPER PICNIC	THURSDAY MAY 6, 2010
CAMP ECHO LAKE 2010 SEASON BEGINS	SATURDAY JUNE 26, 2010
PARENT VISITATION	SATURDAY JULY 17, 2010
CAMP ECHO LAKE 2010 SEASON ENDS	SUNDAY AUGUST 15, 2010
ECHO LAKE IDEA	TUESDAY AUGUST 17 – SUNDAY AUGUST 22, 2010
65TH ANNIVERSARY REUNION	FRIDAY SEPT 24- SUNDAY SEPT 26, 2010