



# CAMP ECHO LAKE TRAIL MARCH 2009

As of April 1, there are 88 days until Summer 2009 begins at Camp Echo Lake...  
Our 64th summer!!!



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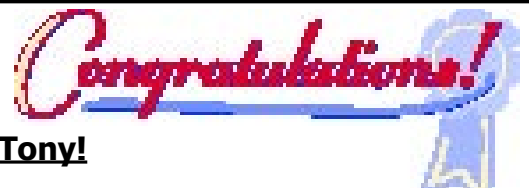
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## New Kids On The Block

Since the last Trail newsletter, we have had a few more awesome campers join the Echo Lake ranks for 2009! How exciting is it to have all these new and exciting faces at camp with us! Now Introducing...

Gabriel Beer  
Sammy Brett-Chin  
Sophie Brett-Chin  
Scott Buksbaum  
Allie Kaye  
Josh Lefkowitz  
Dean Zimberg



## Big Kudos for Tony!

Tony, has been awarded two Awards by the American Camp Association this year! Congratulations to Tony for being awarded the ACA New York Section's Thelma Hurwitz Leadership Award in December. Tony was selected for this award due to his instrumental role in guiding the ACA-NY Section as section President for the past three years.

At the ACA National Conference in Orlando, Tony was also presented with the National Service Award this past February. This is a national award that recognizes a current ACA member who has demonstrated service to one or more ACA sections and must be endorsed by two sections and the national board!



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## Head Staff Roster Change....

Bad news, Good news...Unfortunately, Heidi D-J, who was in our line-up as our Inter Girls Head Counselor, is no longer able to join us for summer fun. Fortunately, the stupendous, phantasmagorical, "Divatastic," **Julie Jackson, could not be more excited to make her return to camp (after a two summer hiatus) as the Inter Girls Head Counselor for 2009!** We're thrilled! Julie is 30 years old, originally from Ohio, and has been an Inter Girls Cabin Specialist, Inter Girls Group Leader twice, and the Assistant Girls Camp Head Counselor (along side Laurie Rinke!) for three summers! Talk about a veteran! In addition to being a former High School biology teacher, Julie has done some amazing work in the areas of conservation and biodiversity! She is a superstar to say the least and we could not be more ecstatic to get Julie back to camp! Inter Girls, you are some very lucky ladies to be lead by Julie Jackson...

*Hello Echo Lake! I am so excited to be making my way back to Warrensburg for another amazing summer at camp this year! Since my last summer at camp, in 2006, I have spent most of my time in Costa Rica running a variety of research projects. Most of my time was spent working on a sea turtle project where I got to work with giant sea turtles when they came onto the beaches to nest. What an amazing experience. I also got to visit Panama, Nicaragua, and Guatemala. I then made the decision to go back to school to get my Master's degree in England in Conservation and Biodiversity. So, for the past few months I've been studying hard and learning a lot about conservation. For one of my courses we even went to South Africa to see fantastic wildlife such as lions, giraffes, monkeys, and so much more! I will be spending the next couple of months working on my Masters research project in Belize studying hawksbill turtles and nurse sharks. Then, this June, I'll be making my way back to camp. I can't wait to see all of you again and to meet all of the new campers and staff! See you all soon!!*



*Julie*



## From the Clipboard of Tony Stein...

At last week's Project Morry Spring Fundraiser, I was speaking with two Echo Lake parents, both of whom are long-time fans of the camp experience, having attended camp themselves as kids. During our conversation, the dad asked me how enrollment was at camp this summer given the current state of things in the economy. I felt both grateful and happy to tell him enrollment was full at Echo Lake this summer, to which he responded "I am so happy to hear that - it would be so sad if camps were irreparably affected by what is going on."

Having just returned from this year's Tri-State Camp Conference, this conversation had particular meaning. At the conference, once again I had the chance to hear Wendy Mogel, author of "Blessings of a Skinned Knee," provide a keynote address. Amidst today's uncertainty - which we all hope will be short-lived - she said, as she has said before, that camp is that one very unique place where children can really be children in the least complicated and least noisy sense of the word.

To paraphrase Dr. Mogel, camp is perhaps the only place where children can truly unplug; where they can experience and learn from victories and defeats; create friendships that create magical laughter and incredible feelings of belonging and community; and yes, have some challenging moments that ultimately help them grow in leaps and bounds as they prepare to take on the world as young adults and eventually as independent grown-ups.

Her words were inspirational for everyone in the hall, and as I talked to my camping colleagues throughout the conference, it was evident to me that millions of children will be going to camp this summer all across America, just as they do every summer. I know people in camping feel fortunate to do the kind of work we all do, and especially feel fortunate to be able to provide - and participate in - camp communities filled with what we all feel provide an unparalleled abundance of fun, joy, growth and spirit!

My grandparents started Echo Lake in 1946. Next summer, in 2010, we will be celebrating our 65th Anniversary! And, if Evan decides that camp directing is his thing, then we will be celebrating our 100th Anniversary in 2045! We love what we do, and this year, perhaps even a bit more, we simply cannot wait until the buses roll through the gates on June 27th!

Much Love, Tony (and Emily and Evan)



Hi Everybody,

It's about that time of year when Florida snowbirds start packing up to migrate north. I start thinking about being at Echo Lake during the summer and I feel so excited. Before that all happens it's Spring Blast for Project Morry. Then it's New Parent Night. After that we have the New Camper/Parent Picnic. I love all that stuff!

Of course, I confess that returning to New York and kissing and pinching new baby Evan Stein may well be on top of my list of Reasons to Go North! That's a really good one right there.

Yup! It's all good, Echo Lakers. See you in less than 3 months. I can hardly wait!

Much love, Amy



# From the Desks of...

Laurie



Main Village Director

Happy spring. I love spring, don't you?! The air starts to warm, the sun shines a little brighter, the world gets a bit more green and colorful, and it means that camp is right around the corner! It is a time of awakening, new beginnings, and if you can figure out what makes you smile, it's a time when you can be very happy. So, let's get started, shall we?! One of the questions on the "Camper Information Form" is, "If you had a Saturday to do whatever you wanted, what would you do?" Imagine that. No homework, team practice, rehearsal, school, or anything else that normally occupies your day. A day that was totally yours. A day that you could spend doing all the things that make you happy, make you shine, and maybe make you a little more colorful. Imagine that.

I want you to start by making two lists. One list is entitled, "Everyday Realistic things that I could do on a Saturday." The other list is entitled, "If Anything Were Possible things that I could do on a Saturday." The idea is to brain storm all the things you could possibly do to make you happy on a totally unscheduled Saturday and figure out if those things fall on the "Everyday Realistic" list or the "If Anything Were Possible" list. So, put your think caps, sorting hats, tiaras, baseball hats, or brightly colored scarves/bandanas on and let's start brain storming...

Everyday Realistic things that I could do on a Saturday: How would the day start? Would you get up early to watch the sun rise? Would you turn off your alarm and sleep as late as your body allowed? Would you play? Would you be in your favorite indoor spot or outdoors in the sun? Would there be sports? Music? Dancing? Movies? Would you be alone or with family or friends? What would you wear on this Saturday? What clothing makes you feel amazing? What would you eat? What foods make you smile when you taste them on your tongue? Would the day be relaxing or action packed? Would you travel somewhere or stay close to home? Would you try something new or take time to savor something familiar? How would you finish off the day and would you be sad to see it end? Imagine how would you feel after a day like this? Pretty awesome, right?! Why? What made YOU feel so great about yourself? Make a list of all the "everyday, realistic" things you could do if you had an entire Saturday to do whatever you wanted.

If Anything Were Possible things that I could do on a Saturday: The sky's the limit here. Stretch your imagination as far as it can go. How would you start the day? If you could go anywhere in the world (or the universe!), where would you go? If you could step into the shoes of a doctor or actor or astronaut or circus performer, who could you be for the day? If you could spend the day alone, with family or friends, or with anyone you can think of living, no longer living, fictional, or cartoon character, who would it be? What would you want to do with them or talk to them about? Would you take over an amusement park all for yourself? Play in Yankee Stadium or perform on a Broadway stage? What would be the most fabulous outfit you'd be wearing? Would you eat exotic foods you've never tried or fill your meals with only your yummy favorites? How would you finish off the day and would you be sad to see it end? Imagine how would you feel after a day like this? Pretty awesome, right?! Why? What made YOU feel so great about yourself? □

Now that you have these two incredible lists, how cool do these Saturdays look?! Think about how you would feel at the end of these days and what it was that made you feel so great? Now, all you have to do is look at your lists again and find a way to make them happen. Pin them on your bulletin board or tape them to the fridge. You may not be able to do everything or you may not be able to do everything this week, this month, or this year, but how close could you get to doing some of the things on your lists? See if you can at least do a couple things from your list before camp starts! See what might be on your list that you can do AT camp! For the things on your list that may be a little out of reach today, how can you work towards that or do something similar today? The bottom line is, as William Arthur Ward said, "If you can imagine it, you can achieve it. If you can dream it, you can become it." That's what I want you to do this spring as you awaken, begin again, and figure out what makes you smile. Imagine it, achieve it. Dream it, become it. Sounds like we're all in for some pretty fun Saturdays!! Love and xoxo always, Laurie

JP



Operations Director

## The Adirondack Almanac

Hey everybody!

I hope all is well wherever you are. Things are heating up on my end and it's almost that time to pack up and move on up to camp. Is it me or does the off-season get shorter and shorter? Anyway here are some fun facts that I thought you should know!

About 3 weeks before the buses roll into camp Warrensburg gets loud, I mean really loud! The Americade Bike Rally takes place in Lake George but so many people show up that it overflows into the surrounding area! Over 50,000 bike enthusiasts show up for trail rides, bike demonstrations, and good-natured fun. When you think of bikers you normally picture big guys with tattoos and beards

but it's not like that at all. People from all walks of life come to Americade to share their love of the open road.

There are officially 46 high peaks in the Adirondack Mountains. To be considered a high peak it must be over 4,000 feet in height. Echo Lake campers take on several of these high peaks each summer with the help of the Trek staff. The record for the fastest time climbing all 46 high peaks came last summer. Jan Wellford from Keene did it in 3 days 17 hours and 14 minutes!

I'm looking forward to the summer more and more each day and I hope you guys are too!

Stay Gold, JP

# From the Desks of...

Brenda



Senior Village Director

“What lies behind us and what lies before us are small compared to what lies within us.” - Ralph Waldo Emerson

Hey Senior Village- Finally - Spring is here and less than 3 months until camp!! I know your days are filled with assignments and exams, but I have one more challenge for you...

I want you to ask yourself: Who am I? Who do I want to be? What qualities do I admire in others? What do I want others to admire in me? Simple, right? After all these years, I'm still figuring that out, but I am already inspired by the innate wisdom and creativity that I know you all have. I appreciate the ability you have to live in the “now,” to rebound from adversity and to approach new challenges courageously.

But I still challenge you. Who are you? Who do you want to be? Are you: accepting - active - adaptable - adventurous - agile - assertive - athletic - authentic - awesome - balanced - beautiful - bold - brave

- brilliant - calm - capable - caring - cautious - charming - cheerful - clever - committed - competitive - conscientious - considerate - cooperative - courageous - creative - curious - daring - dependable - determined - discreet - distinct - dramatic - dynamic - eager - easy-going - energetic - enthusiastic - exuberant - fair - faithful - fascinating - feisty - forgiving - friendly - funny - genuine - gifted - giving - gutsy - happy - hardworking - healthy - helpful - honest - hospitable - humble - humorous - imaginative - inclusive - independent - industrious - interesting - intelligent - joyful - kind - liberal - likable - lively - loving - loyal - magical - meticulous - modest - moral - motivated - memorable - musical - myself - natural - nice - noticeable - open-minded - optimistic - organized - original - outgoing - outspoken - passionate - peaceful - pensive - persevering - persistent - pleasant - positive - powerful - quirky - quiet - radiant - real - refined - reliable - reserved - resourceful - respectful - responsible - selfless - self-reliant - sensible - sensitive - sentimental - serious - shy - silly - sincere - sociable - soft-spoken - sophisticated - spellbinding - stable - strong - studious - stylish - surprising - sympathetic - tactful - talented - thankful - thoughtful - tidy - timid - tolerant - trustworthy - unique - unselfish - upbeat - valuable - versatile - vigorous - wacky - warm - welcoming - well-balanced - wise - witty - wonderful - eXtra special - fleXible - young - youthful - zany???

You each have a myriad of strengths and talents - many of which are obvious to those around you and maybe even a few that others don't yet see. The incredible magic of camp is that you are given an opportunity each summer to explore and decide what characteristics you would use to describe yourself and the summer you want to have. You will have staff to lead, guide and support you, but you will also be the leaders for one another. You will have friends who will encourage you, celebrate and comfort you, but you will also face questions and challenges. Before you step off the bus, before you explore your bunk, meet your new counselors and re-connect with friends - YOU get to decide what kind of summer you'll have. What an unexpected gift, right?

The bonus is that the gift camp gives you carries throughout the rest of the year and helps to shape who you are. The strengths and talents you discover or re-discover at camp remind you that anything is possible. The new and old friendships you solidify each summer echo the importance of being your true self and being accepting of others. The spirit and exuberance that permeates your camp experience reveals the value of celebrating in small and large ways every day. So as you juggle the last few months of your busy school year, reflect upon all that you've discovered about yourself at camp and get ready for all that the Summer of 2009 will bring!

Love and Hugs, Brenda

Jacko



Program Director

## The Great Echo Lake Debate

Welcome to the first ever “Great Echo Lake Debate.” In this edition we are really starting out with a bang as we will be debating Dodgeball vs Gaga as the best free-play game at Echo Lake. Our first guest debater will be none other than Jeff Rondeau who along with being a top-flight head counselor is truly Echo Lakes unofficial Gaga Specialist. Let the debate begin....

**5 reasons why Dodgeball is the best free play game...**

- 1) “3, 2, 1... DODGEBALL!!!” Doesn't reading that just give you goose bumps!
- 2) There are so many different

- ways to play dodgeball. The game is truly flexible and adaptable.
- 3) There is no limit to the amount of people who can play in a dodgeball game. How many people can you actually fit in the octagon?
- 4) In dodgeball you have to be able to hit a moving target who is free to run anywhere on their half of the court. Now THAT takes serious skills!
- 5) If you've ever caught an opponents dodgeball and then immediately taken that ball and thrown it back to get another opponent out you know its one of the best feelings ever!

**5 reasons why Gaga is the best free play game...**

- 1) Gaga originated in Israel...that gives the game some international flavor!
- 2) Gaga levels the playing field. In Gaga a junior camper can dominate a game full of counsellors and parents. (I've seen it happen)
- 3) Do you know how hard it is to hit someone below the knee with a ball? Takes serious skill!
- 4) A ball has never been lost in the history of Gaga. Last summer alone over 700 dodgeballs were lost at CEL.
- 5) Two words: Gaga knuckles!



So which side of the Great Echo Lake Debate do you choose? Is it Dodgeball... Is it Gaga... Is it a different game altogether? Whichever it is the most important thing is that you let your voice be heard... because if there is one thing that isn't debatable its that we all feel very passionately about Echo Lake! Take care, Jacko



### Spanning the World...

Alums **Evan and Liz Kaplow Jacobs** hosted an affectionately named “Alta Cocker Reunion” for their CEL contemporaries at their home. A great time was had by all as multiple generations of CEL alums gathered to compare notes. In attendance were: **Juliana and Melanie Jacobs, Michael Jacobs, David Manne, Franne Manne, David Abbey, Fran Delinko and kids, Greg Suss, Ilene Kolbrenner, Jeff Ackerman, Jeff Gross, Lauren Levy, Steve Manket, Peter Sturm, Richard Baiman, Renee Azima and Richard Heller and daughter, Donna Kerness, Laurence Glickman, Michael Leopold, Barbara Lupovich and spouse, Eugene Goldberg, Alan Blondman, Rita Kirschenbaum, Renee Golick, Richard Lituchy and family, Andrew Lituchy and family, Lois Pearl, Karen Silver.**

Upon leaving the Alumni reunion at **Liz Kaplow and Evan Jacobs** home **Jeff Ackerman** noted **Laurence Glickman**’s hat, which read “Mata Chica.” Turns out that Mata Chica is the name of a hotel that Laurence’s wife Judy and her brother own on an island in Belize. **Andi Goodman** and Jeff will be celebrating their 30th wedding anniversary at the hotel. For those who do not know, Andi and Jeff met at Echo Lake in 1973 when both were staff members. Laurence, Evan and Liz were all at Echo Lake at the time.

“I have been in close contact with so many of my Echo Lake buddies, it’s hard to keep track. I have been busy with Bobby Finkle attending concerts for many years. I have a standing lunch date with Rita Kirschenbaum, Donna Kerness and Ricky Baiman every 6 weeks or so. I often hang out with Jeff Gross and his family. I see Dave Manne, Steve Manket, Renee Azima and Franne Manne on a regular basis as well. I recently visited Toronto and stayed with Barry Campbell for a few days. Of course I see Jeff Ackerman, Evan Jacobs, Stew Rabinowitz, Sam Weinstein and Dawn Ewing at Project Morry Board meetings all the time. My calendar is full of Echo Lake events!” -**Laurence Glickman**

Sterling Innovation, a division of Barnes & Noble, will publish **Lauren Wechsler Horn**’s first environmental kit, The Earth Box, and book, Planet Hero: 365 Ways to Save the Earth, in April. The kit and book are geared for 7-14 year olds. The book is filled with easy, Earth-friendly ideas for preserving our resources; cool activities that celebrate the natural world; and WOW facts and statistics about our environment. You can buy it online now or in bookstore starting April 1st. Great work, Lauren!

**Simon Blondell** wrote in to say, “I am in Australia, hoping to catch up with Hugh Brodie soon.” Simon hopes that everyone is gearing up for another great summer at camp and promises, “I’ll be back one year!!”

“Alumni **Allan Feldman** and I opened a ceviche restaurant on the Lower East Side this past December. We’ve already had a few alumni stop by, and hope more will. La Barra Cevicheria, on Broome St in NYC, presents authentic Mexican cuisine for New Yorkers to enjoy. Made daily, our ceviches, tacos, tamales & empanadas bring the true taste of the Pacific, prepared with the freshest ingredients in a cozy and relaxed environment.” -**Dan Altschuler**



In March, after the tragic brain injury of actress Natasha Richardson, our very own Neurosurgeon, **Dr. David Langer**, appeared on CNN’s TV show, “Anderson Cooper 360.” David offered his expert opinion, he is a real doctor, he just doesn’t play one on TV.

**Gregg Kerness** sent us a few pictures from his 1980 CIT group, his CIT trip to Marsh Island, ME, and a few Senior Village and Sachem hoops photos from 1978-1980. He loves thinking about all these great camp memories.

**Gabe Rotter**, author of “Duck, Duck, Wally,” has good news! He just sold his 2nd novel to Simon & Schuster! It’s called “The Human Bobby,” and it will be published summer 2010. Gabe is incredibly excited about it and we are too.

“I’m not sure what brought me to the Echo Lake website today but there I was walking down memory lane. These are pictures from long ago. I was 13-16 years old. I can remember most of the kids’ names and all of the fun we had! Enjoy.” **Anna Kramer aka “Fritz” Kramer**

Alumni **Adam Pertofsky**, director of “The Witness: From the Balcony of Room 306,” was nominated this year for an Academy Award in the Documentary Short Subject category. The Witness is a poignant retelling of a crucial turning point in the civil rights movement and a vibrant reminder of Dr. King’s impact on the movement and our nation. Bravo, Adam! You’re a winner to us!

We are proud of **Joe Zuckerman**, former camp doctor and father of alums **Scott and Matt Zuckerman**. Joe was elected President of the American Academy of Orthopedic Physicians.

## Alumni & Staff Happenings



### Celebrations



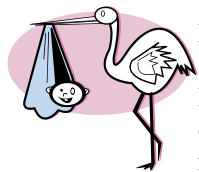
We want to congratulate good guy **Seth Fogelman** on his recent marriage to **Rachel Natelson**. Seth is senior registrar for exhibitions at the Whitney Museum.

Former Tennis director extraordinaire, **Andy Franklin** got married recently. His good buddy, **Chris Congedo**, was close by to help celebrate this happy occasion. Congratulations, Andy!

**Emily Rotter** has shared some good news..."I got engaged recently (December) to my boyfriend of 5 years. His name is **Ben Lerer**. We are getting married in October!" Best wishes to the happy couple!

**Lauren Zelekowitz** got engaged to **Darren Gabel** on June 14th at Cornelia Day Spa! They will be getting married on August 1st in NYC! **Valerie Failing** is her maid of honor! We could not be more thrilled for you two fantastic individuals!

### Echo Lake Campers 20??



**Randi Reich Cosentino** is excited to announce the birth of **Samuel Michael Cosentino** - future Echo Laker - 20??.

**Barbara Salk Miller** (1956-1967), just became a grandma! Her daughter **Lauren** gave birth to **Jacob Daniel** 7lbs. 9oz. on Feb. 28th, 2009. Barbara says, "I am now called Babby, a combo of my Boston nickname- Babs and Bubbie, so I am now called Babby!"

**Jonah Sol Dubin** was born Friday, March 20th at 1:26 AM. He weighed in at 5 lbs, 4 oz. Alums Dad, **Joe Dubin**, and Mom, **Sandi Green Dubin**, could not be more thrilled and Jonah is doing great. Joe is already prepping him for future Sachem hoops stardom and Sandi is already finding songs for Jonah to use in Tribal Sing!

Version 2.0 is here! That's **Peter Shifrin** 2.0 to be exact! Peter Shifrin, I.T. extraordinaire, and his wife **Cori**, welcomed their first son, **Ethan Paul Shifrin** into the world on St Patrick's Day, March 17, 2009. Ethan weighed in at 7lbs, 19 inches and is doing great. Ethan is so advanced he may learn to operate a mouse before learning to hold his bottle! Wonderful news!!



Gregg Kerness



Adam Pertofsky



Andy Franklin & Chris Congedo



Barbara Salk Miller and Jacob Daniel



Peter, Cori and Ethan Paul Shifrin



Jonah Sol Dubin



Anna Kramer group photos 1966-1968



Lauren Z and Darren



**Project Morry moves through its 14th season celebrating all kinds of victories —**

every month, every week, every day, every hour, every minute, every second. Kids are asked to be a part of a community, to be a part of a team. That means that they must be responsible not only to self but also to those around them. During the school year they are continually asked to show through their actions that they ARE learning through their efforts the importance of patience, cooperation, organization, time management and commitment. Project Morry kids are taking risks with their new-found strengths. During the summer they will be trusting swim instructors to support them as they float on their backs for a first time, waiting patiently for their names to be called during an activity, reading a poem at a campfire, sleeping with no lights on, trying a food that they have NEVER eaten before, writing fuzzies and leading by both their actions and words.

Thanks to all of you who continue to believe, support and hope!

**Spring Blast 2009 at X2O**

On Wednesday, April 1, 2009, the Project Morry Spring Blast Fund-raising committee hosted the thirteenth Annual spring event, Spring Blast at X2) in Yonkers. X2O – “Xaviars on the Hudson” is Peter X Kelly’s latest addition to the Caviars Restaurant Group. It sits in the water on the only turn of the century Victorian pier still in use on the Hudson River. X2O’s Main Dining Salon’s 25 foot vaulted ceiling and 3 walls of glass frame offers views of the George Washington and Tappan Zee Bridges as well as sunsets over the Palisades.”

Over 175 guests joined us for an evening that featured a silent auction, incredible food and drink, great music from two members of the Westchester Jazz Orchestra and the chance to mingle with both old and new friends at this spectacular venue. Together with world-class Chef Peter X Kelly, attendees enjoyed a short program and the showing of a very powerful video piece. Project Morry also honored the camps who supported through their Camps that Give efforts this past summer.

This, our thirteenth annual spring fund-raiser, was hosted by Chairpersons **Hilary and Billy Cooper** and their amazing committee which included: **Marci and Rick Caplan, Michelle Coleman, Dr. Jeffrey and Karen Cousin, Stephanie and Andrew Falk, Beatriz Goldstein, Veronica Guerrero, Renee Azima-Heller, Liz Kaplow and Evan Jacobs, Amy and Jonathan Leopold, Ellen and Jonathan Litt, David and Karen Miller, Pam and Lee Miner, Cindy and Scott Musoff, Denise Regan, Laurie Rinke, Valerie Schmaier, Ellen Schwartz Wylie and Gordon Wylie.**

We thank all who made Spring Blast 09 such a wonderful success!

**If you are interested in contributing to events or if you are looking for more information, to make a donation, or get involved, please contact the Project Morry office by phone: (914) 592-3055, email: [dream@projectmorry.org](mailto:dream@projectmorry.org), or go online: [www.projectmorry.org](http://www.projectmorry.org).**

**Thank you for your continued support of Project Morry!**

**Upcoming Young Professionals Event 2009**

And since you are marking your calendar. . .if you are an Echo Lake Alumni and over the age of 21, why not **join Project Morry on May 7, 2009 in New York City for their annual Young Professional event.** Details of time and place are yet to be finalized but we guarantee an evening of celebration, seeing old friends, meeting new ones and learning more about how you can be a part of Project Morry. The evening, is hosted by chair and Echo Lake alum **Stefan Miller** and his committee that includes **Dani Ackerman, Heather Babby, Britton and Drew Bitterman, Ashley Denholtz, Deb Dorman Grishman, Dana Eigner, Lauren Feiner, Matt Jackowitz, Sarah Katz, Erica Lazerow, Lauren Mirsky, Josh Male, Lauren Mirsky, Lisa Oshinsky, Michelle Nacht, Perri Newman, Julia Reich, Michelle Rinke, Scott Schwartz and Josh Stein.**

If you are interested in more information or just want to make certain that your name is on our current alumni list, simply email [dream@projectmorry.org](mailto:dream@projectmorry.org) or give the Project Morry office a call at 914-592-3055. We thank you all in advance for your support in making this amazing night possible.

**Spreading Warm Inner Glows - Kids That Give**

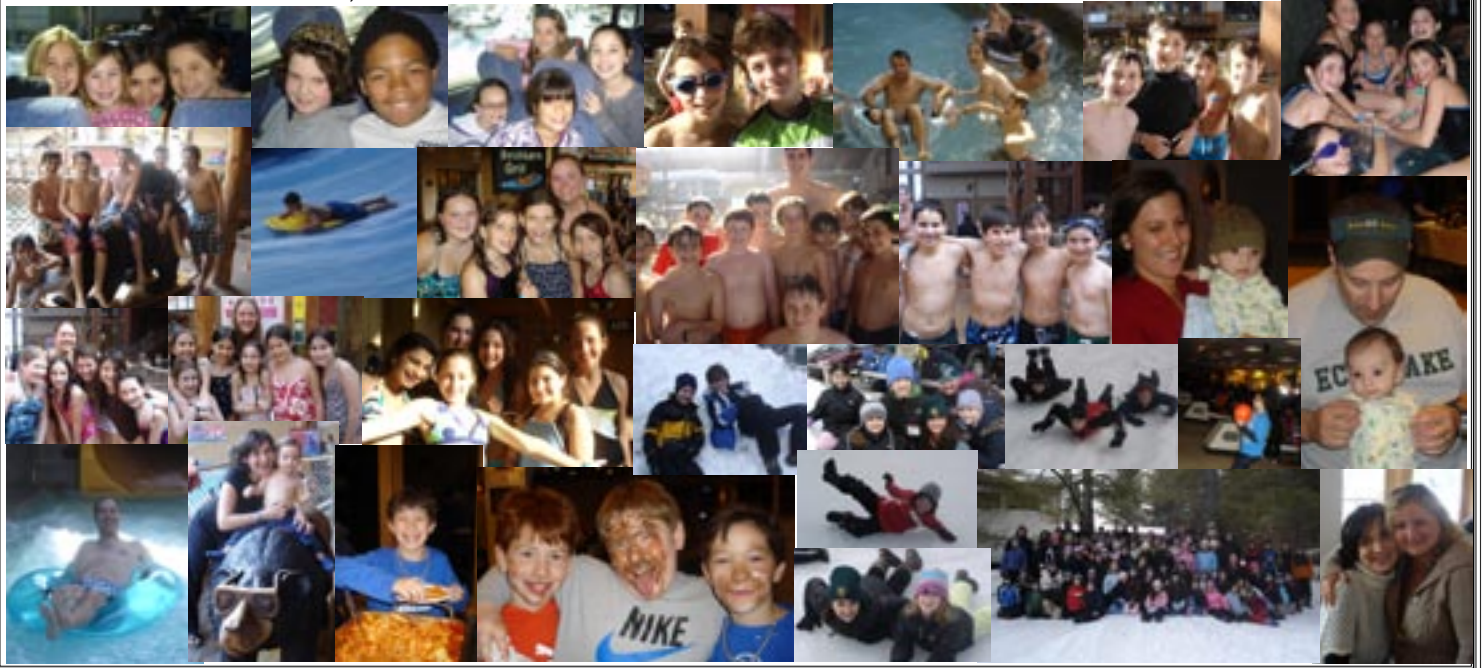
Whether over the summer or during the rest of the year, our amazing Echo Lake campers keep finding ways to give their time, energy, money, and stuff to Project Morry!!

Many fuzzies and a big round of applause to the following campers who gave of themselves and got Warm Inner Glows in return: **Jake Henin** donated bar mitzvah gifts in kind to PM; **Shayna Ehrlich** collected items for PM her mitzvah project; **Ryan Karetsky**, collected sports equipment for PM at his Bar Mitzvah; **Casey Russo and Ben Grayson** volunteered their time to help out at the PM office; **Brenda, Jay, Abi, and Jacob Levine** did a sock collection for PM at their schools Chesed Day; **Carly Epstein** did a Bat Mitzvah collection for PM; and **Danielle Meyer** did a community service project at school for PM!

Outstanding gifts of generosity everyone!



100, yes you read that correctly, 100 of Echo Lake's Main Village Campers helped to make the 4th Annual Main Village Winter Weekend a wet, wacky, wonderful weekend at The Great Escape Lodge & Indoor Water Park! We spent an entire afternoon getting soaked, lazy river riding, inner tube sliding, and general splashing. It rocked! After dinner at the CEL Lodge, ice cream sundaes, the Oscar winning movie, Wall-E, AND lineup complete with fuzzies, our heads could not hit the fluffy pillows fast enough. Day two was spent brunching at the CEL Lodge, enjoying a walk around camp (covered in feet of snow), bowling at the Lake George Bowl, and the coolest activity of them all...WALKING across our lake that was covered with twenty inches of frozen ice! Oh, and did we mention, we did this all with our amazing camp friends!! It does NOT get better then that! Thank you to the amazing staff: **Terry & Glenn Begly, Ally Begly, Leslie Riddall, Kat DeOcampo, Meaghan Loraas, Sarah Lockhart, Ruth Kleinman, Pat McNeece, Alex Wilson, Gary Cormier, Donna Norris, and the entire Levine family, Brenda, Jason, Abi, Jacob, and Issac**, for joining **Tony, Laurie, and Jacko** in helping the kids fall in love with camp when it's covered with snow. Thank you to all the campers who helped us make a splash on the 4th annual Main Village Winter Escape Weekend! We had more fun then we could possible imagine!! We're counting the days until the 5th annual MV Winter Weekend, one of our favorite weekends of the winter!



## The 411 of 12885...

### What's Happening in Warrensburg?

The snow is melting and you would think it is just now time for Darren and his boys to get to work. You would be wrong about that, because our Maintenance Crew is kind of like the Post Office. No matter rain, shine, snow, frigid cold, these guys are hard at work getting our new projects completed and all repairs done throughout the winter. It is important to do all that during the winter because once spring comes, the number of pine needles that need to be raked, the amount of paint that needs to be painted onto buildings and cabins, the post 'n rail fence sections that need to be repaired – well, you get the point.

This winter, the guys have spent time renovating the last few Senior Village cabins that have not yet been renovated, they built a new Bunk 26 on Girls Camp (wait till you see it – it is a “Super-uber Cabin,”) they built a new multi-purpose building where Bunk 22 used to be that will house Laurie’s office, the Girls Head Counselors office, the camp library, the athletic equipment shack and the TP shack!

Now that those things are finished, there are a few things that we can get to now that is spring. In particular, we will be installing a new sprinkler system into the Senior Village athletic field, so that the grass grows more evenly and the field is in better shape for lacrosse and baseball, not to mention NFL Day!



Due to the increasing interest in boating the last couple of summers, we also have a new sailboat and new kayaks due to arrive prior to the start of camp, not to mention some additional docks. Why additional docks, you ask??? Well, we actually got to see the new Aquaglide at the Tri-State Camp Conference and it is BIG!!!! So we need to make the deep section in the lake bigger so we can accommodate the Aquaglide ... and the Blob ... and the Iceberg ... and the Hot Dog water seesaw ... GS in the Lake is going to be even SWEETER this summer!



# Staff Bulletin Board

Shout Outs from Our Outstanding Staff!!

I would like to send hugs over to the '09 UJG's for having a blast with them at the Winter Weekend! LVG's - I CANNOT wait to see you all this summer! All my love to the staff and the rest of the camp! Let's count the days down! Here's a picture of fellow counselor Meaghan and me in NYC before Winter Weekend.

-Sarah Lockhart



Well, it's just over 2 months until I head off for camp. How the time has flown. Life here in Australia is starting to cool down from our hot summer. I've spent my whole summer working at a cartooning camp all around the country and had the chance to catch up with many Australian counsellors. On New Years Day Kari Chambers and I had a picnic in the Blue Mountains which was a lot of fun and gave us time to catch up on memories of Echo. I can't wait to see everyone back at camp in 2009!!!

- Nick Wolf (Jungle)

I was in London for a week as part of my study abroad program and I met up with Charlotte for dinner so we thought it'd be nice to send in a picture! I am currently in Athens and I will be around Greece until June. Even though it's really exciting being here I am counting down the days until camp!! See you all in June! -Ally Begly

Hey ECHO LAKERS!  
I'm missing CEL like crazy.. like usual...still in Manchester studying and coaching. Anyway I hope last year's UIBS are getting pumped for Senior Villiage..gonna be awesome boys!!!!!! 4n4 2009 BRING IT ON!!!!!! :)

- Matt "Princess" Evans



Hi All! The picture was in a bar in Wales capital City place called CARDIFF... this is where rhys is from! I was up in Cardiff celebrating a friends birthday and I had planned to meet Rhys, Nicky and Pritch in a bar. WE HAD SO MUCH FUN TOGETHER!! It was Saturday 28th February. It would be very cool if I could give a shout out to 2008 Lower Village Girls West!!.. HOPE ALL YOU GIRLS ARE DOING REALLY WELL WITH SCHOOL AND SUPER PUMPED FOR SUMMER 2009!! -Esme Thomas



Rachel Leopold, Sarah Berk, Cara Gelbard, & Lindsay Rosenberg can not wait to return to camp this summer on staff! Get ready for some fiesty fun with these four!

Hey guys,  
Having a very busy time at university at the moment getting ready for my finals, time is flying which means my first summer at Camp Echo Lake is just around the corner...bring on the american sunshine, can't wait!

- Helen Sayers



# Campers Corner

Exciting News from CEL's Best and Brightest!!!

I am going to see Mr. Kennedy tonight (a professional WWE wrestler) and then have dinner with my friend (and parents). Tomorrow is my Birthday, bowling party. - **Daniel Weiss**



**Phoebe Weinstock** and **Lauren Whitman** welcome new camper **Sophie Brett-Chin!**

Hey UJGW, Can't wait to see you guys again! I went to Israel this Feb break and it was awesome!! - **Zoe Butchen**



**David Goldberg** and his brother "Haz" enjoying some good skiing at Catamount Mt!

**Izzy Getto** has been busy performing in local theater. She has performed in the Princess and the Pea and as Mrs. Darling in Peter Pan.

Congrats are in order for our very own **George Frankle** who recently had his two minute piece "Laboratory" accepted by the New York Philharmonic! They performed the piece during their School Day Concert on February 13th.

For more information visit this link: <http://www.lohud.com/apps/pbcs.dll/article?AID=2009901290407>

## Camp

By Lindsay Eller

Camp is the spirit in my tribal,  
The love in my summer,  
And the Echo in my Echo Lake.

Camp is also...  
The bounce in my step as I walk to  
my bunk  
And the joy in the sounds I make.

But most of all,  
Camp is my second home where my  
memories of the  
greatest summers ever lie.



Lindsay with her new puppy Mallomar!



**Ben Langer** and friends at a recent sleepover!



Here are pictures of **Alex** and I that we took at the beach. We can't wait until summer 09 at CEL!! We miss you all so much. Upper Village oh nine! - **Dani Wilson**



**Jonah M., Alexis H., Matty G., Caroline M.** at a sleepover with other 4n4 08's!

Last summer I had fun at my old camp but this year I am going to have an even better time because I'll be gone for 7 whole weeks!!! I know that I will be with some people I know and meet new people who will be nice and will care about me and take care of me.

-**Jessica Weinstein**



Here is **Brooke Kleinfeld** making her second donation to "Locks of Love!" Great work Brooke.



**Rachel Abbe, Haley Rogers and Alexa Kamberg** at a movie (with Rachel's sister Sarah)



Great 4 n 4 memories from 2008!!

I am so excited to be in camp this summer and to meet all new friends! I am looking forward to swimming, and camp outs! I want to experience how fun camp can be and get inspired by all of the fun things that camp has. I REALLY want to go to camp!! I AM SO EXCITED FOR CAMP!! -**Sydney Weber**



**Alexa Kamberg** and her family stopped by Echo Lake on their way home from Canada.

Hey 2008 UJGW! I can't wait to see you guys at camp this summer! I cannot believe that it's already spring. Only a couple months until camp! Love ya, **Anna Schoenfeld**



Over winter break **Jake and Drew Melklinsky** spent the day with **Henry, Eli, and Lucas Goldman**.... In Tel Aviv, Israel!!



Not only did **Charles, Spencer, Penelope Lutvak** and family recently take in the sights on a trip to Israel but they also saw some other Echo Lakers! They included **Max Deutsch, Jame Shapiro and Corey Feldman**.

This will be my first year at Echo Lake so I don't have any stories or pictures with "camp friends". I am really looking forward to making great friends this summer. I am 8 years old and I am in a rock band. I play keyboards and sing. We had our first "gig" in the Village in NYC at a jazz bar. My band played Free Fallin' by Tom Petty. We had the best time!!! I hope I can continue to play and perform this summer at camp! - **Drew Brodsky**

# AT HOME DO - IT - YOURSELF ACTIVITY AREAS

## Upside-Down Drawing

Directions:

It's rumored (in our household, anyway), that when Leonardo da Vinci got stuck for artistic inspiration, he occasionally drew a picture upside down. In fact, that may just be why the Mona Lisa's smile looks so weird—she was da Vinci's first attempt at upside-down drawing!

See whether you can improve upon such primitive artistic efforts by using today's modern drawing tools (paper, pencil, and eraser). Give yourself a subject (anything you can view while you're waiting), and see whether you can draw it from the bottom up. For example, if you are drawing a person, he or she starts with the model's shoes, moves up to the legs, then the arms, then the torso, then the neck, head, and hair. You might establish other tricky drawing rules, too: You might draw the right side of the subject and then the left side, or draw the details and then the outlines, and so on. You might be surprised at the results.

After you've sketched your subject, see if you can "colorize" it with watercolors, to add some dimension to it. Have fun and keep creating.

I look forward to seeing you in June.

**Sara "The Queen of Arts" Gold**  
Fine Arts Head Specialist

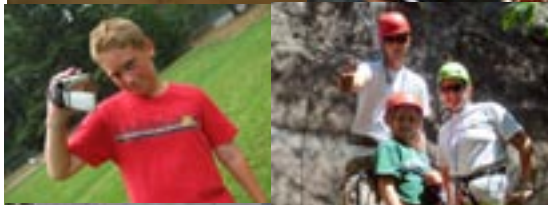


FUN WITH FINE ARTS!!!

ATHLETICS - ON LAND AND IN THE WATER!

# AT HOME DO - IT - YOURSELF ACTIVITY AREAS

THEATRE ARTS AND TREK!!!



## WHAT'S COOKING IN MY KITCHEN?

Happy Passover and Happy Easter to all of you! I was trying to come up with a holiday themed recipe and the first thing that came to mind was Matzo Ball Soup. Remember making it together and/or eating it last summer? That was an Echo Lake first! I'm sure that you would prefer to buy it or have a relative make it for you, and Easter bunnies aren't my forte, so I decided to give you my son, Derek's latest favorite recipe instead! Naturally, it has chocolate in it, because we're a chocoholic family, but you can substitute raisins if you like. These are easy to make and of course, are the "melt-in-your-mouth, I need to have another one ASAP" kind. Can you say YUMMY?!



## "OMG" OATMEAL CHOCOLATE CHIP COOKIES

### Ingredients:

- 3/4 cup Flour
- 1/2 tsp Baking Soda
- 1/2 tsp Salt
- 6 tbsp Brown Sugar
- 6 tbsp White Sugar
- 1/2 cup unsalted butter, softened
- 1 egg
- 1/4 tsp hot water
- 6-8 oz semi-sweet chocolate chips (or raisins, if you prefer)
- 1 cup quick oats
- 1/2 tsp vanilla extract

### Directions:

1. Preheat oven to 375F.
  2. Combine flour, salt and sugars in a bowl and set aside. (these are the dry ingredients for step #4)
  3. In a large mixing bowl, cream the sugars & butter until fluffy.
  4. Add egg and dry ingredients and mix well.
  5. Stir in hot water, oats, chocolate chips and vanilla. Mix thoroughly by hand.
  6. Drop dough by teaspoonfuls onto an ungreased cookie sheet. Bake 8-10 minutes. Immediately transfer to a wire rack to cool.
- Yield: approximately 3 dozen bite-size cookies

I'm Snapple Fact Happy this month....

Real Fact #117: The starfish is the only animal that can turn its stomach inside out.

Real Fact #177: The first sailing boats were built in Egypt.

Real Fact #12: At birth, a Dalmatian is always pure white.

Real Fact # 130: Koalas and humans are the only animals with unique fingerprints.

Get ready to be in the kitchen with me to stir up some fun and goodies in two months!!!!

Bon Appetit!

**Renee Pearl-Sigler**

Cooking Head Specialist

WHAT'S COOKIN' IN THE KITCHEN?!

# Attention Future Echo Lakers... Get Ready for Sibling Day & Fantasy Camp 2009

We are very excited to welcome all of our prospective campers to camp this summer once again!

For younger siblings of our current campers, we will be hosting our 4th Annual Sibling Day on Sunday, July 19th, the day after Visiting Day. An "official" invite will be going out in June, so there is still plenty of time to sign your "sibs" up for that very special day!

Fantasy Camp, for prospective campers who are not younger siblings of current campers, takes place on Saturday July 25th. Spots are already filling up for this great opportunity so if you have friends who have mentioned wanting to be a part of Fantasy Camp, please remind them to act quickly! For more information or to download and complete a Fantasy Camp registration form, please go to [www.campecholake.com](http://www.campecholake.com) and look in the "Prospective Family" section of our website. We look forward to seeing the happy faces of all of our prospective campers!



## **Extra! Extra! Read All About it...The Echo Lake Library Re-Opens 2009!**



Baseball mitt? Check. Toothbrush? Check. Flashlight? Check. Harry Potter, Sisterhood of the Traveling Pants, The Lion, Witch and the Wardrobe? Check, check, and check!



We know that an important item on your packing list for camp is a great book or books for you to read over the summer during flashlight time or rest hour when you want to relax and enter other worlds of imagination. We also know that many of you zip through the books at lightening speed. Obviously we feel that reading is extremely important and, as you've been hearing this year, we are constantly looking for ways for Echo Lake to "reduce, reuse, and recycle," so....

**Last summer, under the enthusiastic direction of the 2008 LITs, the Echo Lake Library (A.K.A. "The Fuzzy Wuzzy Library of Fuzzy Wuzzy Fun!") opened its doors at camp.** We wanted to promote camp as a "reading friendly" place with a sharing and recycling feel. While participation in the Echo Lake Library was and is 100% optional, we had many, many Echo Lakers donate (A.K.A. recycle!) used book(s) to be the start of our library. It was amazing. Over the summer, if campers finished reading all the books that they brought with them to camp and / or they were looking for a new and exciting book, the Echo Lake Library was available so they always had books to chose from and read.

**The 2009 LITs, as part of their Legacy Project for 2009, are going to be bringing the Echo Lake Library to new heights in its brand new home!** The 2009 LITs will organize all the donated books into the Echo Laker Library, determine library hours, and how and when campers can "check books out." This is not an easy task, but this is not just any group of LITs. Keep your eyes out for a "LIT Book Selection of the Week," Free Play book clubs, and even chances for groups to earn special surprises when they log the number of books they read as a group! LITs '09 know that reading is fundamental and they will bring the FUN to fun-damental!

### **So, what do you do now?**

**WHO:** All Echo Lake Campers

**WHAT:** Find a book or books that you have read that you no longer wish to own. Be ready to donate it / them to the Echo Lake Library. All books must be in good to great condition and must be appropriate for readers in 1st to 10th grades.

**WHEN:** In the name of being as "green" as possible, if you wish to donate 1-4 books please pack your donated books in your duffle bags, bring them with you to camp and give them to us when you arrive on June 27. If you wish to donate 5 or more books please send them in the mail to our summer address (be sure to write "Echo Lake Library" on the box):

The Echo Lake Library - Camp Echo Lake - PO Box 188 - Warrensburg, NY 12885

**WHERE:** At your favorite summer home...The brand new in 2008...Laker Library!

**WHY:** To encourage reading and sharing, and because CEL is the summer home for the "best & brightest!"



**Thank you in advance for your support and for donating books.  
We'll see you in the Echo Lake Library in just a few months!**



# Kings and Queens and Bishops too... Wanna Wish the Best to...

## Campers

## Campers

## Staff

Drew Brodsky	Mar 16	Andrew Jacobs	April 12	Kathy Votraw	March 17
Brooke Gerstman	March 17	Adam Rothbort	April 12	Harrison Ehrlich	March 18
Caroline Katz	March 19	Jordan Segalman	April 12	Ana Rivas	March 22
Austin Lazarus	March 20	Ethan Finkelstein	April 13	Daniel Gross	March 23
Sophie Kellner	March 21	Jacob Mazie	April 14	David Mellor	March 25
Monica Kramer	March 21	Julie Zucker	April 14	Amy Stein	March 26
Cory Weinstein	March 21	Katie Glick	April 15	Michael Prosser	March 28
Alexa Asch	March 22	Jacob Bortniker	April 16	Lydia Pincock	April 1
Remy Harnick	March 24	Max Wolf	April 16	Rachel Rabbin	April 1
Arielle Chaifetz	March 25	Penelope Lutvak	April 18	Cathy Schloss	April 2
Joshua Feldman	March 25	Noah Tucker	April 18	Jason Weidman	April 2
Austin Fields	March 25	Eli Goldman	April 21	Carol Rueda	April 6
Hunter Fields	March 25	Oliver Goldstein	April 21	Brian Manthe	April 9
Emily Lester	March 25	Kayla Derman	April 23	Matt Jackowitz	April 10
Josh Nadel	March 25	Ali Chalfin	April 24	Spencer Scher	April 10
Shana Smolinsky	March 25	Abby Fisher	April 25	Annabel Smith	April 10
Sasha Chaifetz	March 27	Emma Goldstein	April 25	Tony Stein	April 11
Charlie Friedfeld	March 27	Matthew Weill	April 26	Rafeal Lopez	April 15
Sam Rubin	March 27	Todd Levy	April 27	Flip Biddelman	April 16
Emily Saperstone	March 27	Emily Jerris	April 29	Ryan Griffin	April 16
Oscar Worob	March 27	Emily Dugoff	May 2	Matthew Holtz	April 16
Jack Davidson	March 28	Julia Haber	May 3	Russell Feldman	April 17
Zachary Hurwitz	March 29	Ryan Krakower	May 3	Jonathan Dyer	April 19
Marlee Deutsch	April 1	Zachary Scheinfeld	May 3	Alicia Roberts	April 21
Danielle Pollner	April 1	George Frankle	May 4	Annie Potter	April 22
Zachary Kapner	April 2	Lauren Hurwitz	May 4	Ally Begly	April 23
Sophie Nobler	April 2	Julia Mendelsohn	May 5	Terry Begly	April 24
Samantha Ferleger	April 3	JP Schuster	May 5	Rachel Leopold	April 25
Jessica Goldberg	April 3	Erin Langworthy	May 6	Leslie Riddall	April 25
Gavin Rudolph	April 3	Rachel Levy	May 6	Robert Voyzey	April 25
Trevor Rudolph	April 3	Sophia Shapiro	May 7	Steven Christy	April 26
Maxwell Klafter	April 5	Jesse Moskowitz	May 8	Toni Murtagh	April 30
Samantha Barbara	April 6	Ally Stern	May 8	Jason Sherry	April 30
Andrew Cohen	April 7	Matt Bloomgarden	May 10	Corey Begly	May 2
Adam Haber	April 7	Shayna Ehrlich	May 10	Samuel Jackson	May 2
Marisa Haber	April 7	Ben Jacob	May 10	Perry Jenkins-Holmes	May 3
Amanda Wolfson	April 7	Brittany Finney	May 11	Lucie Holtermann	May 4
Andrew Glaser	April 8	Rebecca Silberfein	May 11	Lindsey Biel	May 6
Jackie Hornung	April 8	Zachary Salomon	May 12	Jennifer Sommer	May 6
Zach Gold	April 9	Casey Stein	May 12	Luke Calvert	May 7
Jacob Spitzer	April 9	Michael Chavkin	May 13	Hannah Steeves	May 7
Dayna Hornung	April 10	Josh Lefkowitz	May 13	Danielle Smith Nason	May 9
Jack Saperstone	April 11	Sasha Thaler	May 13	Joshua Berman	May 14
		Jarett Gross	May 14	Yair Alamanza-Armenta	May 15

**Happy Birthday to you, Happy Birthday to you, Happy Birthday dear \_\_\_\_\_, Happy Birthday to you!**

**Kings, and queens, and bishops too. Wanna wish the best to you. So wish day, wash day, what do ya say? Birthday! Happy Birthday to you! There's laughter in the air, people smiling everywhere. Happy Birthday. Uh! Happy Birthday. Uh! Happy Birthday to you! Uh! Uh! H and an A and a P, P, Y. B and an I and a R, T, H. D and an A and a final Y. Haaaaappy Birthday. This is your birthday song, It isn't very long, My name Alex Schiff, hey!**

CAMP ECHO LAKE  
3 WEST MAIN STREET  
ELMSFORD, NY 10523



\*\*\* WE HOPE TO SEE ALL PARENTS OF NEW CAMPERS ON APRIL 22 FOR THE NEW PARENT NIGHT AND WE HOPE TO SEE ALL NEW CAMPERS & PARENTS ON MAY 7 FOR THE NEW CAMPER PICNIC!

\*\*\* DON'T FORGET CAMPER FORMS ARE DUE MAY 1 AND STAFF FORMS ARE DUE JUNE 1!!

CAMP ECHO LAKE 2008 – 2009 DATES

MONTREAL REUNION	SUNDAY DECEMBER 7TH, 2008
NEW YORK AREA REUNION	SATURDAY DECEMBER 13TH, 2008
SENIOR VILLAGE WINTER WEEKEND	SATURDAY JANUARY 24 – SUNDAY JANUARY 25, 2009
MAIN VILLAGE WINTER WEEKEND	SATURDAY FEBRUARY 28 – SUNDAY MARCH 1, 2009
NEW PARENT NIGHT	WEDNESDAY APRIL 22, 2009
NEW CAMPER PICNIC	THURSDAY MAY 7, 2009
CAMP ECHO LAKE 2009 SEASON BEGINS	SATURDAY JUNE 27, 2009
PARENT VISITATION	SATURDAY JULY 18, 2009
CAMP ECHO LAKE 2008 SEASON ENDS	SUNDAY AUGUST 16, 2009
ECHO LAKE IDEA	TUESDAY AUGUST 18 – SUNDAY AUGUST 23, 2009