



CAMP ECHO LAKE TRAIL MARCH 2007

As of March 15, there are 100 days until Summer 2007 begins at Camp Echo Lake!!!



Winter Address (Before May 17):
3 West Main Street
Elmsford, NY 10523
Tel: 914-345-9099
Fax: 914-345-2120
www.campecholake.com



Summer Address (After May 17):
PO Box 188, Hudson Street
Warrensburg, NY 12885
Tel: 518-623-9635
Fax: 518-623-3316
www.campecholake.com



What was happening at CEL in 1967?!?!

In 1967 your favorite summer home, Camp Echo Lake, was turning 22 years old. Morry and Amy Stein were the directors of camp after taking over for Amy's parents, founders, Bill & Edith Medine. There were also three little guys at the time who were not only snazzy dressers, but loved to make the most of Echo Lake's fields, courts, and fun activities even though they were a bit too young to be campers! Can you guess who these three handsome devils are...Yup! That's right, brothers...

Eric, Tony, and George Stein!!!
(from left to right)



The song "On the Line" says..."Echo in the rain we love you just the same!" That's true but just look how gorgeous Echo is in the SNOW!!!



In this Issue... March 2007

- * Photo Memories of Echo...
- * New Kids On The Block
- * Directors Letters: Tony's Clipboard and Amy's Letter from Florida
- * From the Desk Of...Village Directors: Laurie & JP
- * SV Winter Weekend & MV Winter Escape Recap and Photos
- * Page Six: Alumnae & Staff Happenings
- * Morry's Camp: Spring Blast Event Info; Did you know...; Young Professionals Event Info
- * 411 of 12885...What's Happening in Warrensburg
- * Fantasy Camp & Sibling Day Info for Future Campers!!
- * Mother-Daughter Rachel Simmons Weekend & Labor Day Family Camp Weekend Info
- * Staff Bulletin Board: Shout Outs & What we're looking forward to...
- * Campers Corner: Exciting News from the Best & Brightest
- * At Home Do-It-Yourself Activity Areas: Fine Arts, Waterfront, Cooking, and Activity Photos
- * Meet the 2007 Head Staff!!
- * Happy Birthday Wishes
- * Important Dates to Remember...

New Kids On The Block

Since the last Trail newsletter, we have had a few more awesome new campers join the Echo Lake ranks for 2007! How exciting is it to have all these new and exciting faces at camp with us...

Max Berger
Alexandra Borsella
Sami Gould
Elana Heisner
Alex Passe
Joshua Rosenberg
Sophia Shapiro
Nate Shmushkin
Jay Spector
Hannah Steinfeld
Rachel Wenger
Lucas Winson
Bari Zuckerman

From the Clipboard of Tony Stein...

Children's health is such a big topic of conversation today. Three weeks ago at the American Camp Association's National Conference in Austin, Texas, I heard it referenced that the average American child spends 25 minutes per week playing outdoors! I was pretty floored by that, and if there was ever a ringing endorsement for the camp experience, that was it!

Being in the out of doors for the summer, away from all of our gadgets, and counting on ourselves and our friends to create our fun - these moments are very precious experiences.

Like all of you, I have also heard and read much lately about health and nutrition for our children. In our never-ending quest to provide the most healthy experience for our campers, I have been reviewing our summer food service even more closely than normal this year. In fact, I have enlisted the help of Joy Bauer Nutrition, a very well-known firm specializing in health, wellness and nutrition, to review our summer menus and food service and to provide us with some direction and suggestions.

Some of the changes being made at camp come directly from their input.

- Last year we added some new healthier items in the canteen (like baby carrots) at night; this year we will be eliminating sodas in the canteen.
- We will be serving fresh fruit only for lunch desserts this summer; in the past, most days we served "sweet" desserts for lunch.
- A number of fried entrees on the menu are being replaced by healthier baked or grilled healthier options.
- A wider variety of healthier grains (brown rice, whole grain cous cous, for example) will be added as entrée side dishes.
- We will be serving more turkey burgers.
- Fruit roll-ups will no longer be served as a snack item; they are not very healthy.

These are just a few things we are doing this summer in the kitchen and dining room. As always, we will require that our campers drink lots of water each day. And of course, what better place than camp to provide a wonderful dose of exercise every day.

Enjoy the spring - and run around outside as much as you can! Tony



Hi All You Tasty Little Critters,

In less than three months, can you believe it, we will be together again at Echo Lake. That gladdens my heart not to mention the hearts of all of you reading this.

It has been an interesting year filled with blessings and many wonderful life cycle events for Echo Lakers and their families. Every once in a while though one hears of sad news, even tragic news, befalling one of our circle of campers and or alums. We belong to a fairly wide network, after all, and a circle of pain radiates outward as well as inward. What is significant, I think, is the fact that campers and alums rally 'round each other in a very special and intimate way - a circling of the wagons, I guess, when help, support and lovingness is required. It's as though we're all part of the same body, and the pain (or joy) felt in one quarter is felt by all others.

Is there anything really that promotes intimacy like sharing the same bunk and group and sometimes for many years? We see one another in every possible mood, responding to every variety of circumstance when we are within the same four walls, so to speak, for two months. We really come to share deeply. Our need and ability to comfort one another at a time of pain and loss is very, very profound. For we have been like brothers and sisters through our summers at camp.

Echo Lake is truly a very special family, filled with the best and the brightest of boys and girls, people of depth and values and sensitivity. Most of us who have shared the Echo Lake experience would do anything and everything to help one another in time of need. I call that a beautiful thing. It makes me feel proud and blessed. I am part of a bedrock, an anchor point of loyalty, love and compassion.

I, as well as others, have felt that spectacular sense of family before. I know I will feel it again. I am one very lucky camp Director. Much love to you all. Amy



From the Desks of...

Laurie



Main Village Director

"You are The Pan. I believe in Peter Pan," cry the Lost Boys in the movie Hook. Hook begins when Peter Pan is an adult, a father, who has forgotten that he is Peter Pan, forgotten how to crow, and has forgotten how to fly. Peter does not believe in himself and does not try to be The Pan. It is only when a few of the devoted and loyal Lost Boys encourage Peter and believe in himself that things begin to change. Over and over again the Lost Boys supportively proclaim, "I believe in you, Peter Pan." Unable to believe in himself but compelled by the belief of the Lost Boys Peter begins to try. Peter soon finds himself crowing and flying. This success and the continued encouragement of the Lost Boys is what finally helps Peter to believe in himself. He IS Peter Pan! Hook is a great movie, I highly recommend it, but the reason I bring up "The Pan" is because I think this story is a great example of the magic that happens at camp.

Many campers come to camp not believing that they can hit a ball or perform on stage or swim in the lake or climb a mountain. These campers may even feel so caught up in what they think they can't do that they don't even want to try. Like the Lost Boys for Peter, that is when Echo Lake's amazing staff step in. When devoted and loyal staff encourage the campers and supportively proclaim, "I believe in you," magic happens. Campers may not be able to believe in themselves at this point but they don't have to...yet. At first the campers can rely on the support and encouragement and belief of their amazing counselors and test the waters a little bit. Maybe they hit some balls at free play or work on an act for Friday Night Live or take baby steps to test the waters or start up the hill. In their ears they hear their counselors supportively proclaim, "I believe in you!" Like Peter, campers then go on to do amazing things that they never thought they could do! That is when the magic kicks in and campers begin to believe in themselves. All of a sudden campers are trying new things, learning new skills, feeling good about themselves, and shining in a way they may have never thought was possible. Campers then become what they once mistakenly thought they never could. It is truly magical!

At this time of year the above lessons of Lost Boys and Peter or Staff and Campers come into play as well. Many campers (in fact I would say almost all campers), both new to camp and returning veterans get a little nervous at this time of year. Campers are nervous about what camp will be like, who will be their friends, what activities will they like, and even will they be OK being away from home for the summer. This is all totally normal and understandable. Parents, here's where YOU come in...like the Lost Boys and the Staff, YOU are the people that must help your campers believe in camp and in their ability to succeed at camp. At this time of year it may be difficult for some campers to believe that they can be successful at camp and be away from home. They are going to look to you, their parents, to borrow your confidence. The campers may not believe in themselves right now when it comes to camp, but they definitely believe in YOU their parents. If you show your campers that you know how great camp is going to be, how much fun they are going to have, and how much YOU believe in THEM, this will show the campers that you believe that they can and will be happy and successful at camp. Like Peter Pan, your belief will help your campers to take that first step, test the waters, and use your confidence in them to build their own confidence about camp. Armed with your belief in them they will begin to believe in themselves and believe in their ability to have a wonderful summer at camp! (*Special Note for Parents...if YOU need help "believing," CALL US in the camp office...WE are thrilled to help give you the tools to believe and we will believe in you!)

Campers, Staff, Parents, this is a very exciting time. Starting today and going until the end of the summer we are all in for some magic and the chance to do things that we may not have believed we ever could. Over the next few months we will all get to be the Lost Boys and Peter Pan. We will all have people believe in us. We will all find ways to crow and fly. We will all believe in ourselves. We are Peter Pan. Let the magic begin! Get ready for an amazing summer...it's only the beginning! Love & Hugs, Laurie

JP



Senior Village Director

The Village Voice...

Good Morning Senior Village!

OK, maybe it's not the morning when you read this but I thought I'd at least get you guys excited for the summer. I think I was commenting about the nice winter we were having in my last trail article and I think it's come back to haunt me! We have been dumped on over the past few weeks in upstate New York. Camp has right around three feet of snow right now! I've been taking Nelson on walks around camp and he has a hard time running in the snow and he's huge! It's hard to imagine that in only four months this place will be full of campers and staff in t-shirts and shorts.

I've always been big on keeping a calendar and counting down days to big events such as the start of NFL training camp, the NFL draft, NFL free agency, the first weekend of NFL games, oh yeah and of course the first day of camp! You need things to get you excited when you are knee high in snow and it gets dark at 5PM. So if you guys are tired of school, work, or anything else remember that the summer is getting closer and camp is right around the corner. There are a few things you can always count on in life, your parents will always be smarter than you, Echo Lake has an endless supply of fuzzies, and the Senior Village may be the most awesome place ever (you guys can use that if you want just give me a high five in return or something). I hope everyone is doing well and I will be talking to you again in a few months!

Stay Gold,
JP

Echo Lake 2007 Winter Events

2007 Senior Village Winter Weekend!

SENIOR VILLAGE WINTER WEEKEND A SUCCESS FOR A THIRD YEAR IN A ROW!!!! That's right folks, we had another incredible time up in the Burg' and at Gore Mountain for our 3rd annual Senior Village Ski Weekend. The cold was not enough to keep our spirits down this year as we had a blast skiing, skating, and laughing everywhere we went! We want to thank the campers and staff (Thank you Cade Nethercott, Eric Diehl, Jamie MacDonald, Matt Jackowitz, JP Begly, Corey Begly, Terry Begly, Glenn Begly, Cassandra Heath, and Eric Davis for joining Tony, Laurie & JP on a great SV Winter Weekend!) for making this weekend such a success and we can't wait to do it again next year.



2007 Main Village Winter Escape!

60 of Echo Lake's Main Village Campers helped to make the 2nd Annual Main Village Winter Escape a wet, wacky, wonderful weekend at The Great Escape Lodge & Indoor Water Park! After an entire afternoon of boogie boarding, lazy river riding, inner tube sliding, and general splashing we settled into the gorgeous and gigantic, Adirondack decorated rooms! After dinner at the Echo Lake Lodge, a movie, ice cream sundaes, AND lineup, our heads could not hit the fluffy pillows fast enough. Day two of our winter escape was spent brunching at the Echo Lake Lodge, enjoying a walk of camp covered in over 3 feet of snow, seeing the new bunks and renovated Health Center that are being built, ice skating at the Forum, and the coolest activity of them all... **WALKING** across our lake that was covered with twenty-five inches of frozen ice! Oh, and did we mention, we did this all with our amazing camp friends!! It does NOT get better then that! Thank you to Chole Barret, Ally Begly, Corey Begey, Glenn Begly, JP Begly, Terry Begly, Kris Kauff, Matt Jackowitz, Sarah Messer, Jeff Rondeau, Emily Tinawi, and Zach Zelikovic for joining Laurie & JP in helping the kids fall in love with camp when it's covered with snow. Thank you to all the campers who helped us make a splash on the 2nd annual Main Village Winter Escape Weekend! We had more fun then we could possible imagine!!



Alumni & Staff Happenings



Spanning the World...

Michelle Rinke ventured to Calgary, Canada to visit current staff **Jeff Rondeau** and **Juan Delgado** and former staff **Melissa Robbins**, **Conor Doyle**, **Richie Beaudoin**, and **Cory Dawson!** The crew enjoyed lovely meals, tours of the local area, and even Jeff's Napolean Dynamite dance! It was a terrific time had by all!



Though it doesn't come out for about 5 months (August 14th) you can pre-order **Gabe Rotter's** first published book, "*Duck Duck Wally*" on amazon.com now! VERY EXCITING! Check out the book at Gabe's website...www.gaberotter.com

In June, **Karenne Jo Bloomgarden** will retire from teaching and move to South Africa. KB has been traveling to SA for the last 5 years working with a community in the bush, outside Hluhluwe. She has fallen in love with the people of South Africa and wants to continue supporting the community. One school Karenne has been working with has grown from 23 children to over 200 children, 2 classrooms to 9 classrooms. She is in the process of working with a group to open a school for children with disabilities. It has been an amazing journey for Karenne. No surprise, she is quite an amazing lady!



Echo Lake alum/former theatre director, **Josh Goldsmith's** new show "*Big Day*" debuted on ABC recently. Josh and his wife **Cathy** (writers of *What Women Want* & *13 Going on 30*...yes, THE movie whose main character was named for Laurie Rinke) are the show's creators & executive producer! *Big Day's* lead male character, the groom, is a camp counselor. We bet Josh drew some inspiration from his time at CEL! Keep up the great success Josh & Cathy!

"I started a teaching degree with incredible results. In Jan. I was lucky enough to earn a place on an exchange program to Sweden to study their education system. My time at camp has opened up many opportunities & 4 years later, it still impacts my life." -**Sherene Clow**

Needless to say we were thrilled to see **Dr. David Langer's** innovative neurosurgery featured as the lead article in the New York Times Science section on December 19. David was a camper, Tribal Chieftain, staffer and has served as camp MD too. In that latter capacity he follows in the footsteps of both his father and grandfather. David and Tony have also been best friends since they met at Echo Lake when both were 4 years old! Congratulations, David. We feel very proud!

Turns out that **Jenna Rosenberg**, former camper, is a world-renowned belly dancer!! She teaches and performs in Los Angeles. Take a look at her website www.beyondbellydance.com. Jenna's DVDs are on sale through Amazon.com. Wow, Jenna!

Sarah Weinberger is in her sophomore year at Duke and things are going really well. She is double majoring in Art History and Visual Studies and has become really involved with her sorority Delta Delta Delta.

Congratulations to **Michael Rinke and Carol Riegelman Rinke**...Michael was accepted to the John Hopkins Medical School as a Pediatric Resident and can't wait to be the camp doctor. Carol was just offered a Professor position in the Education department at Gettysburg University. Their two-year-old son, Coby, has two very talented parents!

After seven years in Providence, RI **Scott Mayerowitz** just moved to NYC. Scott has been covering Rhode Island politics for The Providence Journal and just landed a new job doing online reporting for the national business desk of ABC News.

Clayton McCook is in his second year in the veterinary curriculum at Texas A&M University in College Station, TX. He will graduate in 2009 with his Doctor of Veterinary Medicine degree and will be going into equine sports medicine. He is also getting engaged to a wonderful woman named Cindy.

Nicole Gillette is living in Portland, Oregon and is the director of a children's gymnastics gym where they build life-skills in a noncompetitive atmosphere. Nicole says it's challenging and fun and has been a great experience so far!!

Amanda "Veruca" Hodge has been busy since leaving camp working as a pre-school director! Last year Amanda went to Europe & visited 12 countries in 4 weeks! Amanda has a wonderful boyfriend & there is talk of wedding bells. Her boyfriend's brother, **Matt Offen**, will be on staff at CEL this year!



Andrea Goodman and Jeff Ackerman recently celebrated their 28th wedding anniversary. They met in July 1973 at the TP shack at Echo Lake. Jeff was in charge of dispensing the toilet paper each morning. The rest, as they say is history. The two are in Ghana this month visiting their son **Michael** who is there for a semester abroad program in film. **Danielle Ackerman** (an EL alum) is pursuing her master's in elementary and special Ed and living in NYC. They live two doors down from Andi's sister **Debbie** and husband **Dave Abbey** who also are an Echo Lake couple.

Nicole Berkowitz, Stacey Becker, Deb Cedarbaum Jones and Barrie Koegel all had dinner together in NYC and caught up with each other. They talked about the present and obviously did a lot of reminiscing about CEL days.

Alumni & Staff Happenings



Celebrations

Congratulations to **Randi Reich** who was married in January to **Joseph Cosentino** in Washington D.C. Randi is the provost at Strayer U. in Washington.



Kerri Gaskin got married this December 30th to **Glenn Miller**. **Caroline Partridge Horner**, her husband Greg and daughter Zoe recently saw them and they are as happy as can be. Kerri is still working in Canada and commuting to be with Glenn on weekends in Maine, where they will be living come the summer.

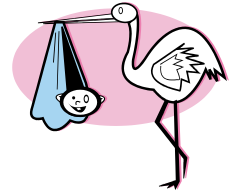
Lori O'Neill is getting married to **Bryan Chamberlain** on May 11th and **Kris Moreland** is coming all the way from Istanbul to be in the wedding!

Cheryl Kramer is engaged! On July 26th, 2007, she is marrying the man of her dreams, **David Kaye**. Fellow Echo Laker, **Pam Heller** will be her matron of honor. We are so excited!

Amy Watson got engaged to **Ben Mitchell** & will wed next year. Amy is teaching Theatre to 16-18 year olds & they've put on 6 productions since Sept.

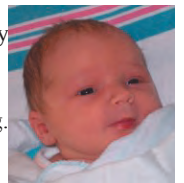
Campers 20???

Melody Stein Schiffer and her husband **Jason** gave birth in July to their first baby girl, **Anna Schiffer**. What a bundle of joy!



The New Year also brought a new bundle of joy for **Josh Goldsmith** and his wife **Cathy Yuspa Goldsmith**. Along with their two-year-old son, **Noah**, they welcomed **Maggie** Goldsmith to the world. With two young children and a hit TV show, do you guys ever sleep Josh and Cathy?! Best wishes on all your success and happiness!

Our infamous former Trek Director and 4N4 staff member **Nate Wood** has become a Dad! Nate and **Shelby Wood** had a baby girl, **Elektra Carolyn Wood**, born on Nov 9. She'll be hiking before she can talk!



Shana & Frank Nardelli welcomed their second daughter to the world on Jan. 19. **Callie Francesca** was 8lbs. 1oz. & 22.5 inches long. She is beautiful!



On Monday, February 19, at 8:21 AM, **Margie Cader Shields** and her husband, **Daniel**, welcomed the delicious and lovely **Abigail Eden Shields** into the world. Their little girl weighed in at 7 lbs and 12 Oz. Mazel tov!

Jason Levine and Brenda Seifreid Levine, along with their daughter **Abi** and son **Jacob** are overjoyed that their home will increase by two feet! Yup, they are expecting their third child this spring!

The former CITs of 1992 are multiplying and are thrilled. **Wendy Lehmann Buchanan** and her husband **Shawn** are expecting their first child, a baby girl, in late June! **Keri Weingast Greenseid**, her husband **Russ** and their one year old, **Jake**, are happy to share that they are going to be joined by another baby in June. **Naomi Lieberman Bush**, her husband **Lenny**, and their two-year-old, **Madeline**, are proud to announce that Naomi is pregnant and due in September with baby number 2. Mazel tov to all!

Peter Fishman and Dara Mochson Fishman are happy to announce that after meeting in a production of The Wiz at Camp Echo Lake over 20 years ago, and getting married a few years ago, they are expecting their first baby Fishman (or Fishwoman) in early July! Peter is an ER doc and Dara is a kindergarten teacher. We couldn't be happier for all of you!

Dave Gorman and Julie Richard Gorman wish to let us in on some exciting news: Their daughter **Victoria** is going to be a Big Sister! Julie is due on July 4th!

Greg Allen's wife Andrea is pregnant with baby #2 due in mid-July. Greg is doing great, & business is going strong on Long Island.

Passings

Craig MacDonald's mother, **Sharon MacDonald**, Aunt to **Jamie, Jaclyn, and Julia MacDonald** passed away in late December. Our condolences are with the entire MacDonald family.

We send our deepest sympathies on the tragic loss of her daughter to alumna **Rita Kirschenbaum Kestenbaum**.





It was a dream for Morry...It is a dream come true for children

CINCO DE MAYO **MAY 5, 2007**
6:30 TO 10:00 PM

TOMES-HIGGINS HOUSE
216 EAST PUTNAM AVE
GREENWICH, CT

FIESTA!

MORRY'S CAMP

FOOD ♦ DRINKS ♦ LIVE BAND ♦ RAFFLE

RSVP BY APRIL 30

VISIT WWW.MORRYSCAMP.ORG TO PURCHASE TICKETS TO THE SPRING BLAST FIESTA!

Did You Know that at Morry's Camp...

- 95% of their rising 8th graders are enrolling in the Post Grad program - a focused life skill program that prepares the student for high and post high school graduation experiences.
- 95% of their kids are promoted to the next grade level in school
- 100% of their kids have graduated from high school on time. The national average is below 60%.
- 80% of these same kids are attending colleges or universities.
- 100% of their kids who have entered college have remained in college.

Morry's Camp is pleased to invite you to the year's most anticipated Young Professional's fundraiser:

"Living the Dream"

Thursday, April 19th, 2007 from 7pm-10pm at Strata (915 Broadway at 21st St)

Three Hour Open Bar, Hors D'Oeuvres, DJ, Amazing Raffles, and Free Gift! Save Money by Purchasing Early... Reserve tickets prior to April 17th, \$65 for 1 ticket and \$110 for two tickets. Individual tickets are \$75 after April 17th. Please visit <http://www.morriscamp.org/living.htm> to purchase tickets and/or make a donation!

Living the Dream is a place to mix and mingle with your peers while learning about an important organization that is doing tremendous things. This is an opportunity to contribute and be involved with a great cause, while spending time with friends. Mark your calendars for Morry's Camp's Living the Dream '07. We can't wait to see you there! If you cannot attend but would like to donate, or underwrite a portion of the event, please visit our website at www.morriscamp.org. Click on the "Opportunities To Give" link to begin investing in the future of many NY area kids!

Thanks in advance for your support. The dream of Morry's Camp continues to be a reality!

YOU ARE CORDIALLY INVITED TO JOIN MORRY'S CAMP SUPPORTERS AT:

LIVING THE DREAM
APRIL 19TH 7PM-10PM
@ STRATA 915 BROADWAY
PROGRAM BEGINS AT 7:15PM

\$65 PER PERSON | \$110 FOR TWO | \$75 AT THE DOOR

3 HOUR OPEN BAR | LIVE DJ | RAFFLE WITH GREAT PRIZES!
BRING UNPAID BATTERIES FOR ADDITIONAL RAFFLE TICKETS

The 411 of 12885...

What's Happening in Warrensburg?

This month it should really be the 311 of 12885. 311 is the number you dial in New York City when you need help with administrative services, one of which is assistance with the heat in your home. So the boys at camp could use some heat up at camp. Maybe by the time this Trail gets to all of you, things will have warmed up a bit. But right now in March, Darren and his boys are working days in sub-zero weather keeping things moving towards the summer.

For those campers who got to see the Health Center under construction during the winter weekends, they can attest to how cool it will look when it is all done. Bunks 7 and 42 are also nearly complete and look awesome!

As we get closer to camp, these guys do so many projects, big and small, it is impossible to count it all. Thank you guys for your hard work all year round!



Echo Lake 2007 Exciting Events

Rachel Simmons Mother - Daughter Empowerment Weekend at Camp Echo Lake

Friday May 18 - Sunday May 20, 2007



Join us at Camp Echo Lake for a workshop that will empower you and your daughter to handle difficult emotions and conversations. Rachel Simmons will introduce you to the critical skills to speak and listen with courage, improve your current mother-daughter communication patterns, and help your daughter reach her full potential as a leader. You'll take home new mother - daughter memories and life-changing skills.



Rachel Simmons is the author of the New York Times bestseller *Odd Girl Out: The Hidden Culture of Aggression in Girls*, the first book to explore the phenomenon of bullying between girls. Rachel has appeared on *The Oprah Winfrey Show*, *Today*, *Dateline NBC*, and *NPR*. Rachel's work has been profiled in numerous publications, including *The New York Times Magazine*, *The Washington Post*, & *The Los Angeles Times*. Rachel speaks all over the country to girls, parents, & teachers about female aggression and its implications for girls' and women's lives. Rachel is the Founding Director of *The Girls' Leadership Institute* and a consultant to schools all over the country. *Odd Girl Out* was recently adapted into a Lifetime television movie, which premiered in April 2005.

The Workshop is open to all 2007 Lower Inter, Upper Inter, Lower Village, Upper Village, 4N4, and LIT Girls and their mothers! (Girls going into 6th grade in Sept 2007 and older). For detailed information about the weekend and to complete a registration form click on the link on the homepage of our website!

Due to the desire to ensure intimate and significant workshop time for Mothers & Daughters with Rachel,
SPACES ARE EXTREMELY LIMITED! Enroll NOW!!

Attention Future Echo Lakers... Get Ready for Sibling Day & Fantasy Camp 2007

We are very excited to welcome all of our prospective campers this summer once again!

For younger siblings, we will be hosting our 2nd Annual Sibling Day on Sunday, July 15th, the day after Visiting Day. An "official" invite will be going out in June, so there is still plenty of time to sign your "sibs" up for that very special day! Additional information will be mailed to you in the next few weeks!

Fantasy Camp, for prospective campers who are not younger siblings of current campers, takes place on Saturday and Sunday, July 21st and 22nd. Spots are already filling up for that day – much more quickly than in years past – so if you have friends who have mentioned wanting to be a part of Fantasy Camp, please remind them to act quickly! For more information and to register, go to our website and look in the "Prospective Families" section!

See you at camp!!

Labor Day Family Camp Weekend for Current Camp Families August 31 – September 3, 2007

Campers, do you ever wish you could go back to camp for just one more fun filled weekend?! Parents, do you ever wish that YOU could be a camper at Echo Lake for once?! Get ready for your wishes to come true....

Who: Current Camp Families

What: Enjoy the magic of Camp Echo Lake as an entire family!!

When: August 31 to September 3, 2007

Where: Camp Echo Lake in Warrensburg, NY

Why: Lots and lots of camp memories, fuzzies, and Warm Inner Glows!!



Save the date and look for details to follow in April!!!

Staff Bulletin Board

Shout Outs and “what we’re looking forward to” from Our Outstanding Staff!!

I can't believe in just three months we will all be back at camp!!! I'm so excited for another crazy summer on girls camp with all my favorite girlies. Everything is great at school but I'm defiantly starting to get anxious for the summer. Hope everyone is having a great winter and I miss and love all my Upper Junior Girls '06! I was actually looking through my pictures the other day and found one of Boykin performing her nightly concert on my bed...hahaha.
-Dana Jackowitz, Group Leader '07

Big Hello from Halifax, Nova Scotia! I'd like to give a shout out to the future Lower Inter Boys and LIT's that I've had the pleasure to camp with these past two summers. I will myself be back once again for a third summer to teach you all the finer points of floating in water. Can't wait to see all the campers and staff again and to meet the newest additions to Echo Lake. **-Andrew Smith**, Waterfront Activity Specialist, '07

Hey Everyone, Just about done my teaching degree at Acadia. I'm headed to China for my last teaching practicum from mid March until mid May. I'm sure that I'll have lots of stories to tell when I get down to camp in June. **-Anthony Vincer**, Group Leader, '07

Camp Echo Lake is an amazing place, and that's why I just couldn't stay away! This summer, I can't wait too see my LIGE '06 faces when they first get off their buses. It's going to be exciting to see how you girls have grown, and seeing your faces will bring back all the great memories from last summer (like breakfast in bed and signing autographs the morning of your special day!). By the time I am back in Warrensburg, I will have auditioned for Beyonce's World Tour, traveled to London to visit some old friends, and applied to graduate school. It's been a busy year, but I'm counting down for the fun that awaits us all this summer. And to my girls, remember: East is Beast...Grrrrrrrrrrrrrr! **-Jess Harris**, Group Leader '07

I just returned from a whirlwind 6-week trek through England, Scotland, Ireland and France, where I stayed with current and past CEL staff. What better way to see Derry, Northern Ireland than with **Ruairi McCallion** or Hull, Leeds and Torquay, England than with **Melanie Mastrototaro**, **Mark Cook**, and **Dawn Wylie**, not to mention Strasbourg, France with Lindsey MacRae?! Mark and Allison managed to connect via phone with **Brendan Scott** when he called them during their daytrip to Yorkshire Dales National Park. **Simon Blondel**...a million apologies from your co-program girl for not being able to meet up with you in Leeds! I guess we'll have to make up for it at The Lake this summer! Ruairi, Mark, Mel, Dawn and Lindsey you were fabulous hosts and thank you for welcoming me into your homes during my big trip. **-Allison Duthie**, Program Staff, '07

I want to send a big hug (with a running start!) to all of the froshies from 2006!! I still smile every time I think about all the hilarious impressions you did and the names you came up with for yourselves when we played “LIT tribal break” out on the sundeck. Get excited about summer 2007 guys, it only gets better! **-Jess Uze**, Group Leader, '07



I hope everyone is having a FANTABULOUS year so far!! I have been very busy with work and finishing up my fall tennis season at University of Hartford. I have met several CEL Alumni campers at school, who send warm fuzzies, too! I think about all of you everyday and miss you tons! I hope everyone has an awesome break and holiday season. **-Liz Weiner**, Tennis Activity Specialist '07

Tara, Ethan and I are doing fine down here in Louisiana. We are buying our first house and looking forward to moving in soon as we close on the house on March 9th. Ethan can finally have a backyard after living in a FEMA trailer since Hurricane Katrina. I have started a new job as Registrar of our local Catholic High School. The job is wonderful as it gives me the opportunity to work with some amazing kids similar to our wonderful Senior Villagers. Because of my job I won't be able to make it back as Hospitality Director, but I will be returning for summer number 7 at the Lake- **Nick Stoulig**, Tour Director & Staff Rec Coordinator, '07

I'm looking forward to new things for Ethan! He's getting bigger, doing and learning so many things...I am looking forward to watching him interact and play. Seeing how camp is becoming such a magical place for him, as it has become for us. This will be his fourth summer at camp and it's so wonderful to watch how he has changed and is taking in camp in different ways over time as he develops. Wow, from playing with him as a little baby and the crawling and jogger stroller days to the running, chasing, swimming, “big boy” days! What a wonderful experience **-Tara Turley-Stoulig**, Office Staff '07



Hi Guys! I just want to give a huge shout out to all the UBE's 06. I hope you're all keeping well! I can't wait to come back this summer and it's going to be even more awesome as I'm coming back as the Soccer Head Specialist. I recently met up with Si Blondell and Ben Helliwell in Leeds and reminisced about our time at camp and had a great laugh together. Looking forward to seeing everyone in June when camp starts. And this shout out would not be complete without a massive shout of “YEAH DEVIL RAYS”! **-Chris Eley**, Soccer Head Specialist '07

Campers Corner

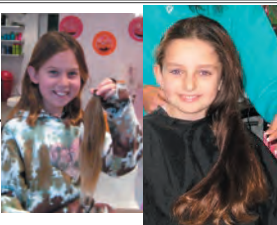
Exciting News from CEL's Best and Brightest!!!

You would not believe what happened on my vacation!! I went skiing, and I was on line for the chair lift, when the man behind us asked my dad if we were related to any other Weinstock's, (he saw Weinstock on the back of my helmet). My dad said no. Then the girl right next to her dad whispered something in his ear. Then the dad asked us if I was going to Camp Echo Lake. I said yes. Then the girl said something that made me slip out of my skin. THE GIRL WAS MY CAMP BIG SISTER, **Ali Chalfin**!! I got to meet Ali in person! -**Phoebe Weinstock**, UJG '07

I just want to give a huge shout out to my LITS of 2007!!! We are so close it's unbelievable! Can't wait 'til the Guster concert... I love you all more than anything. -**Rachel Pecker**, LITS '07

March 17th will be a great day for **Max Boykin**. It is a day that will be filled with a lot of pride, fun and a great party in celebration of his Bar Mitzvah. His family and friends wish him the best and love him so.

Sarah Weill and **Brooke Kleinfeld** both (separately) recently donated their long lovely locks to "Locks of Love!" Way to spread the WIGs, Sarah and Brooke! UJGW '07



My sister is coming to camp!!! That'll be 3 Laker Lutvaks. Also, I got a callback for a school play. Hopefully, by the time this is sent out, I'll have a part! World Series Count: Yankees 26 Red Sox 7 According to my calculations, the Red Sox won't win a world series until, um...2090!!! -**Spencer "Dodge" Lutvak** UVB '07

On January 21, **Emma Doremus** and her brother, future camper, **Jack Doremus**, performed in a production of "High School Musical." Emma stole the show as the hilarious and talented, Mrs. Darbus! In the audience for the performance was Laurie Rinke and Emma's extended family, fellow CEL alums, Miriam Lieberman Doremus & John Doremus, Naomi Lieberman Bush & Madeline, Aaron & Jackie Lieberman and their kids, and Robert & Susan Lieberman!

New camper **Emily Saperstone** just got back from vacationing in the Caribbean with Lizzie Coleman and George, Mary, Morry, & Will Stein. Lizzie prepped Emily on all the finer points of CEL!

Lea Stern just won the part of Golde, Tevya's wife, and the children's mother, in her school play: Fiddler on the Roof. She is very excited and is trying to learn the songs and her lines.

Linda Tell wanted to let us know that she had her bat mitzvah & she generously donated a portion of her gift money to Morry's Camp. She also can't wait for the ski weekend & for UVG!!

On March 3rd, Rachel Weiss celebrated her 10th Birthday with 7 of her amazing friends from Bunk 10, Lower Junior Girls West. Everyone had a great time and agreed that they cannot wait until the upcoming summer at Echo Lake. -**Rachel Weiss**, UJGW '07

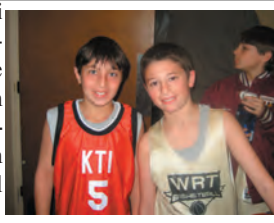


Hey Emma, Paige, Charlie, Gabby, and Casey...I had an awesome time at the MV winter weekend with you! I can't wait for camp!!! -**Lizzie Coleman**, LIG '07

Hey all you UJB's 07!!! Just wanted to say hi once again because I miss you guys so much!! I can't wait to see you all at camp this year again!! -**Theo Feldman**, UJB '07

I am very excited and a little nervous too, about my first summer at sleep-away camp at Echo Lake! I already have a great Big Sister! Her name is Julia Haber. She is great. We have written letters to each other. We talk all about the fun things at camp! I can't wait to do all the water sports and free water play stuff. My "shout out" is to Laurie Rinke. She is my "Dancing with the Stars" partner. I went to the Dancing with the Stars Tour with my mom and friends. We got lots of pictures and autographs from the stars. Louis Van Amstel kissed my hand! -**Sophia Shapiro**, LJG '07

Jacob Berk and **Eli Nobler** were playing each other in the playoffs for the Jewish Basketball league. **Jeffrey Visoky** is also on Jacob's team. They all did great!!



Over vacation I went to Deer Valley, Utah. I skied a lot of different trails. -**Hillary Minkoff**, UJGE '07

While on vacation in Telluride CO, Adam Parker ran into Matt Jackowitz on the ski slope & in a Chinese restaurant. -**Adam Parker**, UIB '07

I cannot believe that its already march and camp is only in 3 months!! I almost don't want it to start because the sooner it starts the sooner its over! LITS 2007 is gonna be amazing and I'm so excited to be back in main camp with everyone!! Echo Lake is unbelievable!! -**Shelby Jackowitz**, LIT '07

Hey Guys! Just wanted to let all of you know that I miss you guys so much! My travel and school soccer is doing well. Sending you warm wishes from sunny Florida! -**Amanda Saperstone**, UIG '07

Hey my LVGs 07 only a little while until we are in senior village! I miss you all so much and I can't wait to see you all soon! Love you girls. I'm counting down the days until we're back home. -**Emily Seltzer**, LVG '07

LIG'S 07 (Gaby, Emma D, Charlie, Lizzie, Casey, and I) had so much fun at the MV winter weekend at camp! XOXO -**Paige Dubicki**, LIG '07

We miss you LVGS 07. You guys are the best and we love you so much!! Can't wait for camp!! Mwaa!! -**Rachel Scheinfeld** and **Alyssa Berger**, LVG '07

One of my camp friends came up with the idea for a competitive dance group at camp. It would mean a lot to her and I think it's a great idea, so would you please consider it!! Also, a poem I wrote made it to the state wide round in a poem contest! -**Alexa Derman**, LIG '07

My basketball team (Notre Dame) was in the finals and we were down by 6 in the last 1:30. The miracle happened when we scored all the 8 points that was needed! Notre Dame had won the finals. I was so happy. This was the first championship I ever won. P.S. Callie and I can't wait for intercamp basketball tournaments! -**Andie Migden**, LIG '07

Hey 2006 LJBs! I had a blast at the MV Winter Weekend with Cole, Andrew, and Noah! It was so cool to see Camp in the snow. Wish you could have all been there! Can't wait for the summer. -**Matthew Steinberg**, UJB '07

I love the UIGs of 07! I also ran into my camp little sister, Phoebe Weinstock, when I went skiing. It was so cool! -**Ali Chalfin**, UIG '07

Hey LIGE! I miss you & love you so much! UIG 07 baby! See you soon! -**Shayna Ehrlich**, UIGE

At school I'm in a Peter Pan play. I also lost a tooth. -**Tara Feldman**, FG '07

There is a play for my Hebrew school and my sister and I are in it! -**Jordan Kaye**, LIG '07

Cory Oringer celebrated his Bar Mitzvah in January. Now, he has is deep into the action with his Peeewe AA hockey team which has been ranked in the top five teams in Quebec. He is looking forward to competing in the Regional Playoffs & the possibility of advancing to the Provincial Championships. When the hockey is finished, Cory is looking forward to taking May & June off in preparation for a great first summer in the Senior Village.

Justin Oringer has been "building character" with his Atom BB hockey team which hasn't had much regular season success. Justin's team has played the underdog role in winning some big games in tournament play. Justin enjoyed the thrill of participating in a game against the Czech Republic in which his team scored a major upset. Justin is planning a spring filled with more tournament hockey while also juggling his first season behind the plate as a baseball catcher.

For my birthday I'm asking everyone to donate money to Morry's Camp instead of gifts. -**Samantha Ferleger**, UJGE '07

Lily Mars and **Laurie Rinke's** dog, **Jake**, check out the American Idol poster!



AT HOME DO - IT - YOURSELF ACTIVITY AREAS

FUN WITH FINE ARTS!!!

Everyday, people everywhere engage in some form of physical exercise. We know that physical activities develop certain muscles in our bodies and lead to a more healthy life. Let's think for a moment of the mind as two muscles. One muscle is used when we do things involving words like reading a book, writing a letter, or listening to someone talk. The other muscle is used for "visual" things like recognizing a face of someone we've seen before, reading a map, or remembering a place we've been. This other muscle also controls our daydreaming, flights of fantasy, and our imagination. Like athletes, artists develop their "visual muscles" by continuous practice and use. They practice by looking at things closely, drawing them, and recording them in their minds' eye.

Materials You Need: a pencil and drawing paper.

What To Do: Here are some "push-ups" you can do in your classroom or home to exercise your "visual muscle." Each one can be done again and again for practice.

.Draw a picture of something (like a bicycle or shoe) showing it from three different views on the same page.

.Take an object apart & then draw it. (Get permission!)

.Fill a page with drawings of bugs, sea shells, or something you collect.

.Examine an object for one minute. Put the object away. Then draw a picture of what you remember about it. When you finish drawing, look at the object again..

.Use a magnifying glass to draw enlarged views of water-drops, hair, plant leaves, and other small items.

.Go through a magazine and cut out a photograph of something you enjoy or find interesting to look at. Draw a picture of this image--only turn it upside down. (This will make you look closely at what you're drawing.)

.Show someone how to do something (like making a paper airplane) in a sequence of drawn pictures (with as few words as possible.)

.Draw yourself by looking in a mirror.

.Draw a family member or friend from memory.

.Draw your pet or go to a zoo and draw the animals.

.Draw a map showing your route from home to school. Include local landmarks.

.Sit under a tree & draw it from your point of view. Draw things in your backyard from unusual points-of-view.

.Take your shoe off and examine it. Feel its contours, look inside it, turn it upside down. Draw a picture of it. Try this with other objects around the house.

Want To Do More? Make up your own "visual push-ups" to do. Date each of your exercises and keep them all in a portfolio or sketchbook so you can check your progress and growth over time.

Have fun and keep creating.

Artistically yours,

Sara Gold

Fine Arts

Head Specialist



Hi everyone! I hope that all of you are having a great winter and are looking forward to camp as much as I am! I had a chance to be up at camp for both the senior village and main village winter weekends---we had a great time and if you didn't have a chance to go,



make sure you get it on your calendar so that you can be with us next year! On the main village weekend we spent the first day at the incredible indoor water park next to Great Escape – even though there was three feet of snow on the ground, we were inside splashing, sliding, and tubing---having a blast! Anyway, I started thinking about how all of you can get ready for all of our amazing waterfront programs this summer, so you can enjoy all of the activities we offer.

Although I know that a number of you are on swim teams and swim regularly, I know that many of you do most of your swimming in the summer. If you are new to swimming or want to move on from a beginner level, the thing I'd recommend most is to sign up for lessons at your local Y or community recreation center. This will give you the basics so that you will be able to jump right into the program at camp.

For those of you who have pretty good strokes but aren't on a swim team, there is no substitute for a little regular practice before camp. You should start by doing your best stroke for two laps and then resting in between. Make sure you practice both on your front and your back – the basic strokes (front crawl, back crawl, and breaststroke) are the ones on which you'll want to concentrate on. Once you can do two laps of each one, move up to three and so on—until you can do four laps pretty easily. In addition, make sure that you work on treading water - -in order to be a "deep" at camp, you'll need to be able to tread for two minutes, a minute for earning "middle" status.

One of the most important points I'd like to emphasize is that if you are not too confident around the water, don't worry!!!! We have a great swim program for all abilities and one of the things that our staff is the best at is helping beginning swimmers gain the experience, skills and confidence they need to enjoy all the water activities we offer at camp!

As I sit here at my computer we have just had a snow day from school and the wind chill is about -20 outside! It's hard to believe but in less than 100 days I'll be at the pool and lake in the warm summer sun, watching you learn new skills and having a blast!

See you in June!

Terry Begly

Waterfront Head Specialist

WONDERFUL WATERFRONT!

AT HOME DO - IT - YOURSELF ACTIVITY AREAS

AMAZING ACTIVITIES AT "THE LAKE"!!!



I hope you've all been practicing cooking and baking or at least helping your parents when they ask, because it's fun mixing, blending and shaking it up in the kitchen! This recent discovery has become a family favorite which means that I'm making it often and it's obviously something with chocolate.

Okay everyone, prepare to get your hands a little dirty! So...wash your hands first as you always do and smile a lot when you're making them. You definitely will be asking to make these at camp!

Soft & Chewy Chocolate Bites

The wonderful chocolatey taste and melt-in-your-mouth texture of a brownie in the form of a cookie!

Ingredients:

- 4 squares unsweetened chocolate
- 3/4 cup butter
- 2 cups sugar
- 3 eggs
- 1 tsp vanilla
- 2 cups flour

Directions:

Preheat oven to 350
 Microwave chocolate and butter in large microwavable bowl on High 2 minutes or until butter is melted.
 Stir until chocolate is completely melted. Stir in sugar.
 Blend in eggs and vanilla. Add flour; mix well.
 Refrigerate 15 minutes or until dough is easy to handle.
 Shape dough into 1-inch balls; place 2 inches apart on greased baking sheets.
 Bake 8 minutes or just until set (do not over bake).
 Let stand on baking sheet 1 minute; transfer to wire racks and cool completely.
 Makes 5 dozen.

ADDICTING IS ALL I CAN SAY!

Kitchen Tip:

Since this recipe makes a lot of cookies, you can freeze some of the dough balls on a tray for 15 minutes & then put them in a freezer bag. This way you can take out as many cookies as you want to bake the next time you want to eat them.

Snapple Fact #338:

In 2003, a 6 year old from Naples, Florida was ticketed for not having a permit for her lemonade stand.

Bon Appetit!

Renee Pearl-Sigler
 Cooking
 Head Specialist



WHAT'S COOKING IN THE KITCHEN?!



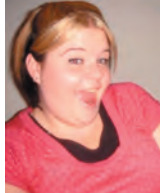
Meet Your Summer 2007 Head Staff...

Main Village Director



Name: Laurie "LJ" Rinke
Age: 32
Years at Camp: 22
Hometown: Port Washington, NY; Now in NYC!
Looking Forward to at Camp: Another fabulous summer making ALL of Main Village a wonderful place to make friends, learn new things, have amazing staff, and have an outstanding summer! Working with the Fantastic Four MV HCs! Etc...
Favorite Camp Memory: Morry hugging me after I was named '92 Mohawk Chieftan; Theatre at camp; watching so many kids grow; American Idol concerts; Making Lifelong friends; incredible staff, and on and on...

Head Counselor Junior Girls



Name: Chole Barrett
Age: 25
Years at Camp: 4
Hometown: Lockport, NY
Looking Forward to at Camp: Being in this new position, I get to know 3 times the amount of girls & staff!!!! I am excited to start something new, and to be a part of girls camp in a whole new way....
Favorite Camp Memory: Watching all 26 2006 UJG's Conga around the dining hall. Proudest moment of my life.

Head Counselor Inter Girls



Name: Sarah Heffernan
Age: 26
Years at Camp: 6
Hometown: Halifax, Nova Scotia, Canada
Looking forward to at Camp: The past 4 years I have had an amazing time on the 4n4 trip. This summer I am extremely excited to once again be apart of camp for the entire summer.
Favorite Camp Memory: It's difficult to pick one out of so many special experiences but every year I think the same memories resurface in my mind. My favorite memories come from the end of camp. This is when I think back to the first week of camp & see how much the campers have experienced, how much they have grown, & how much fun we all had. This memory always puts a smile on my face.

Head Counselor Junior Boys



Name: Jeff Rondeau
Age: 26
Years at Camp: 6
Hometown: Truro, Nova Scotia, Canada
Looking Forward to at Camp: I am looking forward to being back in Boys camp again, and having an awesome group of LIT's in main camp.
Favorite Camp Memory: My best camp memories were out west on 4N4. But at camp, my best memory is winning Camp Idol in 2003.

Head Counselor Inter Boys



Name: James Delany
Age: 26
Years at Camp: 4
Hometown: Halifax, Nova Scotia, Canada
Looking Forward to at Camp: What I'm looking forward to the most this summer would have to be waking up to those beautiful mornings.... looking outside and seeing the most amazing place on earth sitting right before me!
Favorite Camp Memory: I really can't give one example....I mean there's the SV ski weekend 2 years ago.... also when the UIB's of '05 sang to the UIG's in the grove.... watching camp as a whole become united as one village at the burning of the year the last night.

Senior Village Director



Name: John "JP" Pezzolla
Age: 31
Years at Camp: 10
Hometown: Albany, NY
Looking forward to at Camp: Most looking forward to at camp Being a part of the Senior Village, evening line-up, special days, turkey dinner on Fridays, group sing, and tribal competition.
Favorite Camp Memory: I have far too many great memories of camp to mention just one!!!!

Head Counselor Senior Village



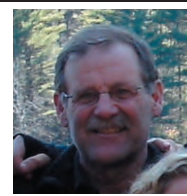
Name: Jamie MacDonald
Age: 26
Years at Camp: 6
Hometown: Halifax, Nova Scotia, Canada
Looking Forward to at Camp: I am looking forward to arrival day!
Favorite Camp Memory: Favorite recent camp memories include: ho-down, fire-works, UVP's who-ha's, SV lineup and watching the kids dance at canteen.

Leaders In Training Director



Name: Cade Nethercott
Age: 28
Years at Camp: 4
Hometown: Jackson, WY; Now...Denver, CO
Looking Forward to at Camp: What am I not looking forward too! Getting to know 41 great future leaders.
Favorite Camp Memory: There are too many to pick just one...

Head Staff Ombudsman



Name: Glenn Begly
Age: 57
Years at Camp: 37
Hometown: Baltimore, MD
Looking Forward to at Camp: Making popcorn at camp Carnival!
Favorite Camp Memory: My favorite memory is trying to sort out a favorite memory from the millions I have accumulated from nearly four decades of basking in the incredible Echo Lake W.I.G. (Warm Inner Glow).

Program Director



Name: Clive Hickson
Age: 47
Years at Camp: 16
Hometown: Edmonton, Alberta, Canada
Looking Forward to at Camp: Working with all the activity staff to ensure that they will be providing activities that are lots of fun and will help campers to improve their skills.
Favorite Camp Memory: The first time I arrived at Echo Lake. Eric Stein picked me up in Warrensburg. I was assigned to bunk 15. Jimmy Bloomgarden was my GL & Mark Kornbluth was my co-counselor. I also met Morry Stein for the first time. He greeted me with an out stretched hand & a broad smile. A lot has changed since that day over 20 years ago, but this is a memory that I will cherish forever!



Meet Your Summer 2007 Head Staff...

Program Logistics and Administration



Name: Matt Jackowitz
Age: 24
Years at Camp: 16
Hometown: Livingston, New Jersey
Looking Forward to at Camp: Getting a chance to see the LIT's 2007 lead camp and leave their legacy behind
Favorite Camp Memory: Morry drove the bus for us on an out of camp trip. He & the staff decided to trick us, 9 year olds into thinking we were going to the sewage plant. As Morry drove past Waterslide World he told us to wave. As we began to wave Morry pulled into Waterslide World as he and our staff yelled "Psych!" We were unbelievably excited

Program Specialist Off - Site Programs



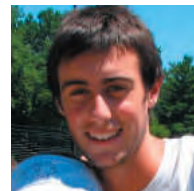
Name: Jill Hickson
Age: 43
Years at Camp: 13
Hometown: Edmonton, Alberta, Canada
Looking Forward to at Camp: The singing! The chanting! All the energy that everyone puts into any event at camp!
Favorite Camp Memory: Everytime I see the buses pull in to camp at the beginning of the summer I get goosebumps! Everyone is so excited and nervous about the summer - and I just know that it's going to be such a fantastic experience!!

Program Specialist Girls Camp



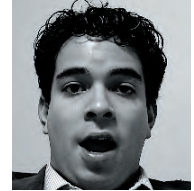
Name: Allison Duthie
Age: 24
Years at Camp: 3
Hometown: Calgary, Alberta, Canada
Looking forward to at Camp: Rolling through the front gates, you can get the sense of coming home, but also feel the excitement of new experiences. I'm looking forward to what will make this summer different & even more exciting than the last!
Favorite Camp Memory: The one that makes me laugh is the canoe trip we did with LJGE '06 & the Trek staff. Boating down Lilypad Lane & seeing Paige Goldstein in the middle of her canoe...meditating! Also the Sprouse brother weddings & Ant funerals in our group, we had enough entertainment to last us a few summers...at least!!

Program Specialist Boys Camp



Name: Simon Blondel
Age: 21
Years at Camp: 3
Hometown: Guernsey, England, UK
Looking Forward to at Camp: Seeing the first fuzzy-giving (dance,dance,dance!)
Favorite Camp Memory: Increasingly over-elaborate group roll-calls at 'The Hay-loft' (with Jeremiah and Jebediah) in Boys Camp 2005.

Program Specialist Senior Village



Name: Juan Delgado
Age: 23
Years at Camp: 3
Hometown: San Jose, Costa Rica; Now...Calgary, Alberta, Canada
Looking Forward to at Camp: I'm looking forward to putting my own fingerprint into Camp this year. I'm also looking forward to spending the entire summer on site as last year I was on 4n4. It will be nice to spend the summer with the great group of staff & kids that Echo Lake is known for, I can't wait!
Favorite Camp Memory: The most fun I've had, I'd have to say some of the Van rides last summer were hilarious! I feel so fortunate to have been a part of 4n4 last summer & I know this year the staff & the campers will have an amazing time!

KINGS AND QUEENS AND BISHOPS TOO...WANNA WISH THE BEST TO...

CAMPERS...

Rachel Weiss Mar 1
 Daniel Gold Mar 2
 Jake Meklinsky Mar 3
 Hannah Steinfeld Mar 4
 Danielle Klausner Mar 5
 Tim Hickson Mar 6
 Evan Gutman Mar 8
 Perry Moskowitz Mar 9
 Zoe Mackey Mar 11
 Rebekah Cohen Mar 12
 David Kenny Mar 12
 Jessica Tucker Mar 12
 Leigh Wolfson Mar 13
 Grant Bronfman Mar 14
 Matthew Levy Mar 14
 Matthew Goldstein M 15
 Alex Cohen Mar 17
 Brooke Gerstman Ma 17
 David Kabakow Mar 17
 Erin O'Donnell Ma 17
 Harrison Ehrlich Mar 18
 Logan Jaffe Mar 18
 Caroline Katz Mar 19
 Danielle Weinstein Ma 20
 Natalie Karafiol Mar 21
 Jordan Glick Mar 22
 Jessica Rothfeld Mar 22
 Jarett Bienenstock Ma 23

CAMPERS...

Daniel Gross Mar 23
 Remy Harnick Mar 24
 Arielle Chaifetz Mar 25
 Austin Fields Mar 25
 Hunter Fields Mar 25
 Emily Lester Mar 25
 Josh Nadel Mar 25
 Shana Smolinsky Mar 25
 Robert Lowe Mar 26
 Sasha Chaifetz Mar 27
 Charlie Friedfeld Mar 27
 Emily Saperstone Mar 27
 Bryan Schwimmer Mar 28
 Zachary Hurwitz Mar 29
 Michael Aseher Mar 30
 Melanie Jacobs Mar 30
 Jared Katz Mar 31
 Zachary Kapner Apr 2
 Sophie Nobler Apr 2
 Ethan Berman Apr 3
 Samantha Ferleger Apr 3
 Jessica Goldberg Apr 3
 Maxwell Klafter Apr 5
 Adam Haber Apr 7
 Marisa Haber Apr 7
 Amanda Wolfson Apr 7
 Andrew Glaser Apr 8
 Zach Gold Apr 9

CAMPERS...

Jacob Spitzer Apr 9
 Jake Morris Apr 11
 Andrew Jacobs Apr 12
 Jordan Segalman Apr 12
 Jacob Mazie Apr 14
 Julie Zucker Apr 14
 Katie Glick Apr 15
 Jacob Bortniker Apr 16
 Josh Aronson Apr 18
 Penelope Lutvak Apr 18
 Andrew Schneider Apr 18
 Noah Tucker Apr 18
 Taylor Cohen Apr 19
 Shelby Jackowitz Apr 19
 Eli Goldman Apr 21
 Oliver Goldstein Apr 21
 Jenna Libson Apr 22
 Darren Lane Apr 23
 Ali Chalfin Apr 24
 Lauren Freedman Apr 24
 Emma Goldstein Apr 25
 Rachel Leopold Apr 25
 Jeremy Berney Apr 26
 Matthew Weill Apr 26
 Todd Levy Apr 27
 Ethan Geron Apr 29
 Emily Jerris Apr 29

STAFF...

Rick Bartlett Mar 1
 Greg Berney Mar 1
 Kenneth Baker Mar 4
 Jennifer Wilson Mar 5
 Stefanie Smith Mar 6
 Annie Tanasichuk Mar 10
 Jeff Mahler Mar 11
 Matthew Offen Mar 12
 Laurie Rinke Mar 14
 Jamie Adams Mar 16
 Peter Borley Mar 17
 Alexandra Taylor Mar 23
 David Mellor Mar 25
 Darah Perini Mar 29
 Molly Elverson Mar 31
 Jason Weidman Apr 2
 Matthew Fields Apr 6
 Matt Jackowitz Apr 10

STAFF...

Annabel Smith Apr 10
 Tony Stein Apr 11
 Matthew Cotty Apr 11
 Cristina Doyle Apr 12
 Jayne Roberts Apr 15
 Eric Biddelman Apr 16
 Ryan Griffin Apr 16
 Cindy Baruzzi Apr 19
 Alicia Roberts Apr 21
 Anna Mackay Apr 22
 Emily Tinawi Apr 22
 Ally Begly Apr 23
 Terry Begly Apr 24
 Matt Zuckerman Apr 24
 Michelle Rinke Apr 26
 Cassandra Heath Apr 28
 Sarah Heffernan Apr 29
 Jason Sherry Apr 30

HAPPY BIRTHDAY TO YOU, HAPPY BIRTHDAY TO YOU,
 HAPPY BIRTHDAY DEAR _____, HAPPY BIRTHDAY TO YOU!

KINGS, AND QUEENS, AND BISHOPS TOO. WANNA WISH THE BEST TO YOU. SO WISH DAY, WASH DAY, WHAT DO YA SAY? BIRTHDAY! HAPPY BIRTHDAY TO YOU! THERE'S LAUGHTER IN THE AIR, PEOPLE SMILING EVERYWHERE. HAPPY BIRTHDAY. UH! HAPPY BIRTHDAY. UH! HAPPY BIRTHDAY TO YOU! UH! UH!

H AND AN A AND A P, Y B AND AN I AND A R, T, H! D AND AN A AND A FINAL YHAAAAAPPY BIRTHDAY. THIS IS YOUR BIRTHDAY SONG, IT ISN'T VERY LONG, MY NAME ALIX SCHIFF, HEY!

CAMP ECHO LAKE
 3 WEST MAIN STREET
 ELMSFORD, NY 10523



*** WE HOPE TO SEE ALL PARENTS OF NEW CAMPERS ON APRIL 18 FOR THE NEW PARENT NIGHT
 AND WE HOPE TO SEE ALL NEW CAMPERS & PARENTS ON MAY 3 FOR THE NEW CAMPER PICNIC!
 *** DON'T FORGET CAMPER FORMS ARE DUE MAY 1 AND STAFF FORMS ARE DUE JUNE 1!!

CAMP ECHO LAKE 2006 – 2007 DATES

CALIFORNIA REUNION	WEDNESDAY NOVEMBER 15TH, 2006
MONTREAL REUNION	SUNDAY DECEMBER 3RD, 2006
NEW YORK AREA REUNION	SATURDAY DECEMBER 9TH, 2006
SENIOR VILLAGE WINTER WEEKEND	FRIDAY JAN 26 – SUNDAY JAN 28, 2007
MAIN VILLAGE WINTER ESCAPE	SATURDAY MAR 3 – SUNDAY MAR 4, 2007
NEW PARENT NIGHT	WEDNESDAY APRIL 18, 2007
NEW CAMPER PICNIC	THURSDAY, MAY 3, 2007
MOTHER-DAUGHTER WEEKEND W/ RACHEL SIMMONS	FRI MAY 18-SUN MAY 20, 2007
CAMP ECHO LAKE 2007 SEASON BEGINS	SATURDAY, JUNE 23, 2007
PARENT VISITATION	SATURDAY JULY 14, 2007
CAMP ECHO LAKE 2007 SEASON ENDS	SUNDAY AUGUST 12, 2007
ECHO LAKE IDEA	TUESDAY AUGUST 14 – SUNDAY AUGUST 19, 2007
LABOR DAY FAMILY CAMP WEEKEND	FRIDAY AUG 31-MONDAY SEPT 3, 2007